

Book of Mark: Deliverance & Healing

February 4-5, 2023: Dary Northrop (Hope, Help & Healing #3: Mark 1:21-45)

This resource is a springboard for discussion and a catalyst for further study, based on the weekend message.

Please choose the parts below that are especially useful for your group.

Cue the **scripture video** for minute 4:41 through 9:05. **Open the study** with this visual 4 ½ minute depiction of **Mark 1:21-45**: <https://www.youtube.com/watch?v=rh9yjReuWH0>

1. Jesus taught with **authority**.

(Mark 1:21-28; Isaiah 61:1)

- Read **Matthew 7:24-29** and **Matthew 28:18**.
- Talk about a time you gave a successful presentation; how did you know it went well?
- How might this apply to opportunities we have to share scripture with others?
- Read **2 Corinthians 10:3-5** and **Ephesians 6:10-18**. Discuss these ideas briefly:
 - There is a spiritual enemy who wants to destroy and disable us from following Jesus with confidence and authority and anointing.
 - What were some ways Pastor Dary shared that the enemy does that?
 - Am I in denial about the warfare of the enemy? What difference would that make?

2. Jesus brought **deliverance and healing**.

(Mark 1:29-34)

- Discuss these things in breakout groups (for about 15 minutes):
 - Read **Matthew 17:14-20**, **Mark 9:28-29**, and **James 5:14-16**.
 - As you see it, what is the difference between deliverance and healing?
 - Tell about a time when you witnessed God's deliverance or healing.
 - How do I call out for help? And what motivates me to seek it?

3. Jesus lived with **purpose**.

(Mark 1:35-39)

- At this stage in your life, how would you describe your purpose?
- Have you ever noticed a time in your life when your own purpose did not align with God's purpose? Explain what you did (or are doing) about that.
- Paul wrote **Romans 15:20-21**; how did his purpose compare with Jesus's (Mark 1:38)?
- Jesus "interfered" with the world system during His ministry.
 - How can I live in a way that is more open to His "interference" in my life?

4. Jesus is **willing to help**.

(Mark 1:40-45)

- How can I fill my "cup" with compassion?
- How well am I displaying the true message of the Gospel?
- Read **Colossians 3:12** and **1 Peter 3:13-16**.

Close with **"See a Victory."**

https://www.youtube.com/watch?v=jEK6_rz26z0

If you have a prayer need, please ask a friend here to pray with you, and to support you in prayer this week.