

‘Head To The Mountains’

Adventure: Experiencing God in Recreation

Psalm 121:1-2, Lamentations 3:22-23, Luke 6:12-13

DISCUSSION QUESTIONS

The following questions are intended to use in discussion and application of the past week’s sermon.

Listening

What part of the sermon was most helpful to you or challenged you to think and/or live differently? How will you apply this message to your life?

Engaging

What are some of the mountaintop experiences throughout Scripture that you can recall? Is there any kind of pattern or significance that you can draw from these when listing them like this?

Matthew 14:23 and Luke 6:12 are two of the many examples of Jesus taking time to not just have devoted time to be with the Father, but designated time up in the mountains. There have been other examples of Jesus taking time to be alone in solitude out on the water. Discuss the significance of the settings that Jesus chooses. The fact that they are mentioned suggests that the destination has some significance in the account.

Applying

Would you consider carving out some time in the next month (or 6 months)? Whether you head up in solitude, with family or friends, for a period of hours or multiple days, would you plan in your adventure time to reflect on what it is about God’s creation that is standing out to you? Strive to put yourself in the same kind of posture as Jesus found himself in Luke 6:12.

Do you have personal examples of times where being up in the mountains has fostered an environment of perspective, renewal, and worship? How did it feel to come down off the mountain? What lessons can be gleaned between ‘heading to the mountains’ and ‘coming down off the mountain’?

Praying

In light of this message and discussion:

How can we pray for each other?
Where do you feel challenged or convicted?

What can we praise God for?
How can we pray for our church?



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