

# AI

## How Artificial Intelligence is Shaping Our Teens



**‘WE GET CAPTIVATED BY  
WHAT’S POSSIBLE AND  
WE IGNORE WHAT’S  
PROBABLE’**

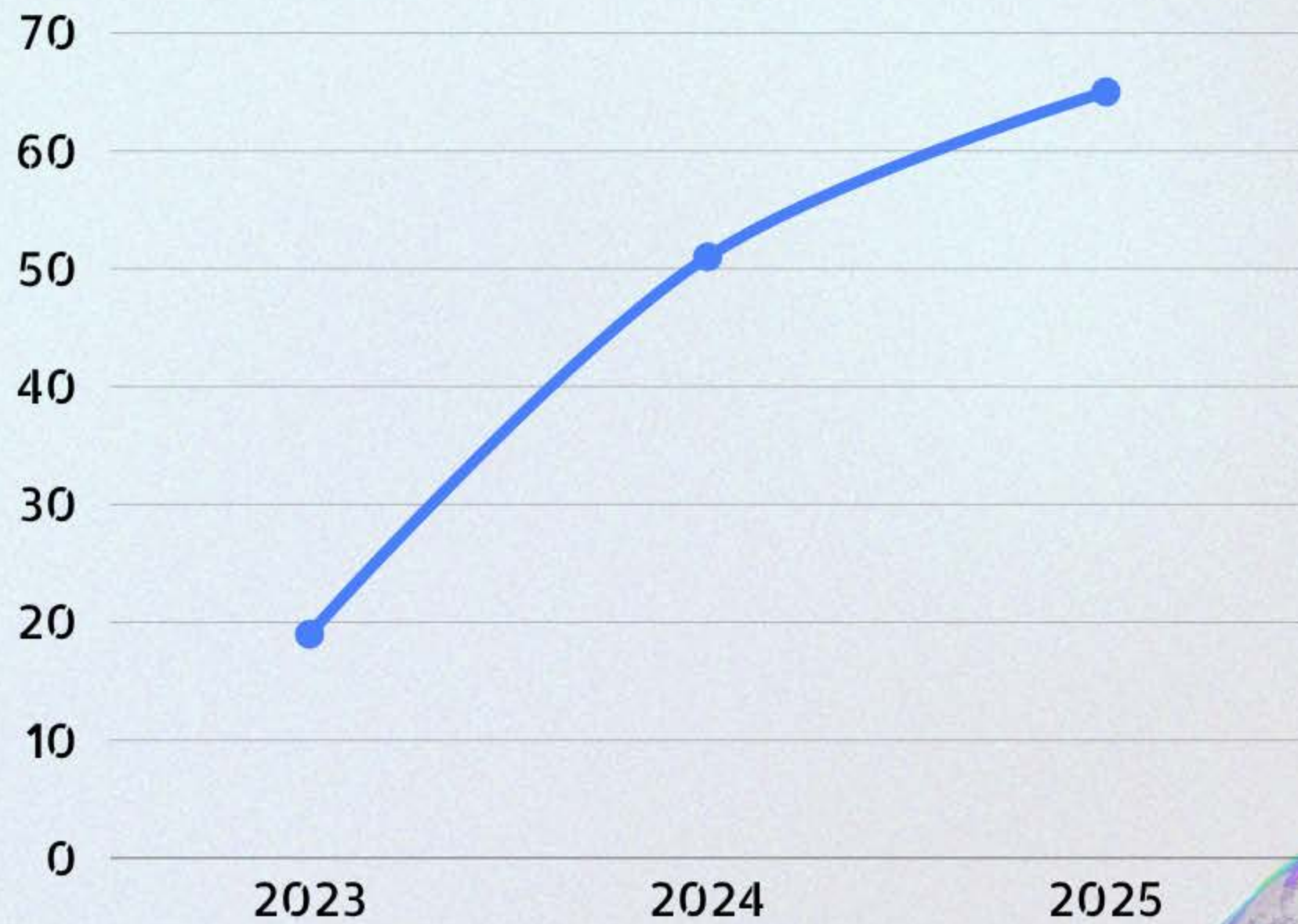
# Trends and Patterns



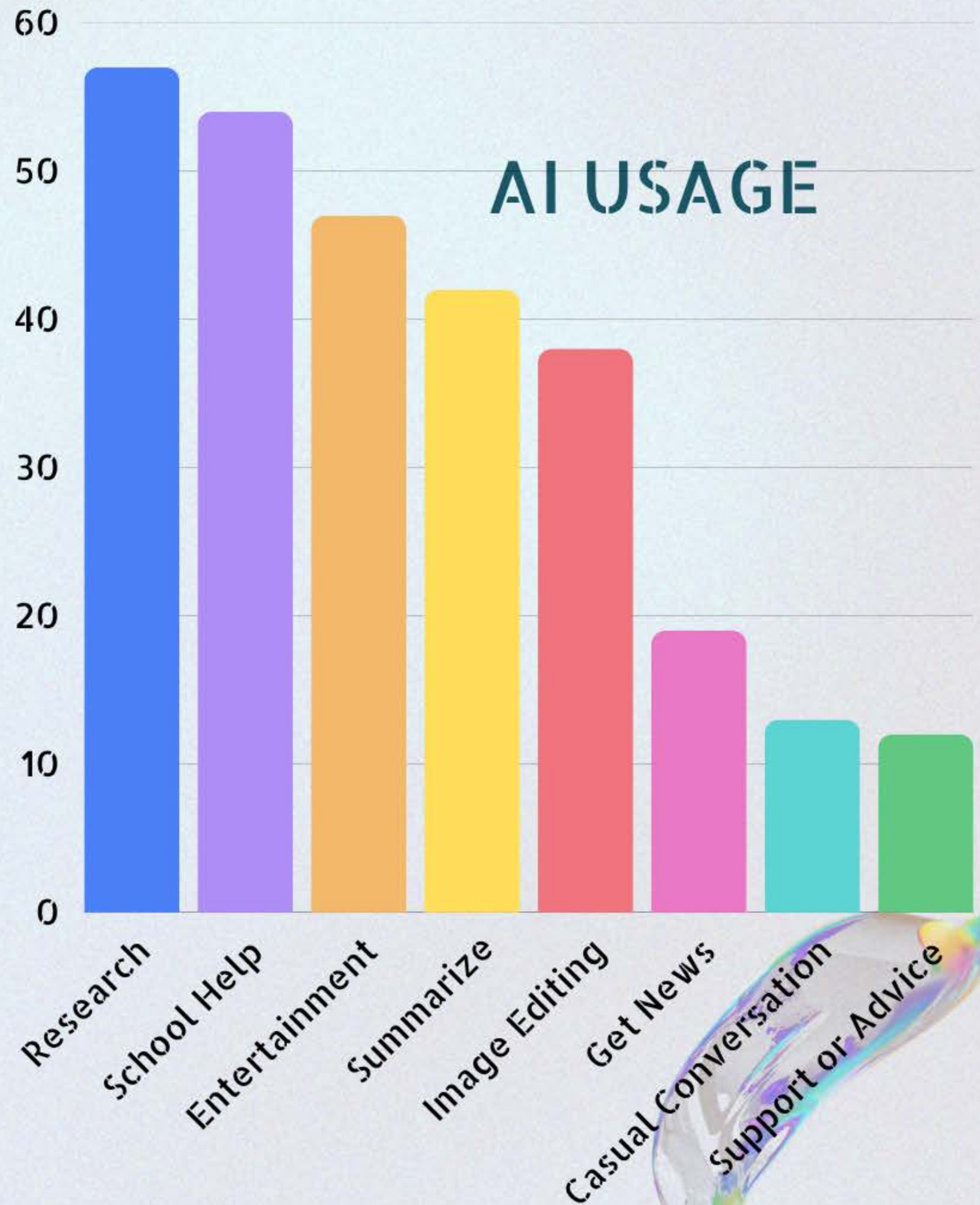
# Trends and Patterns



# STUDENTS USING AI



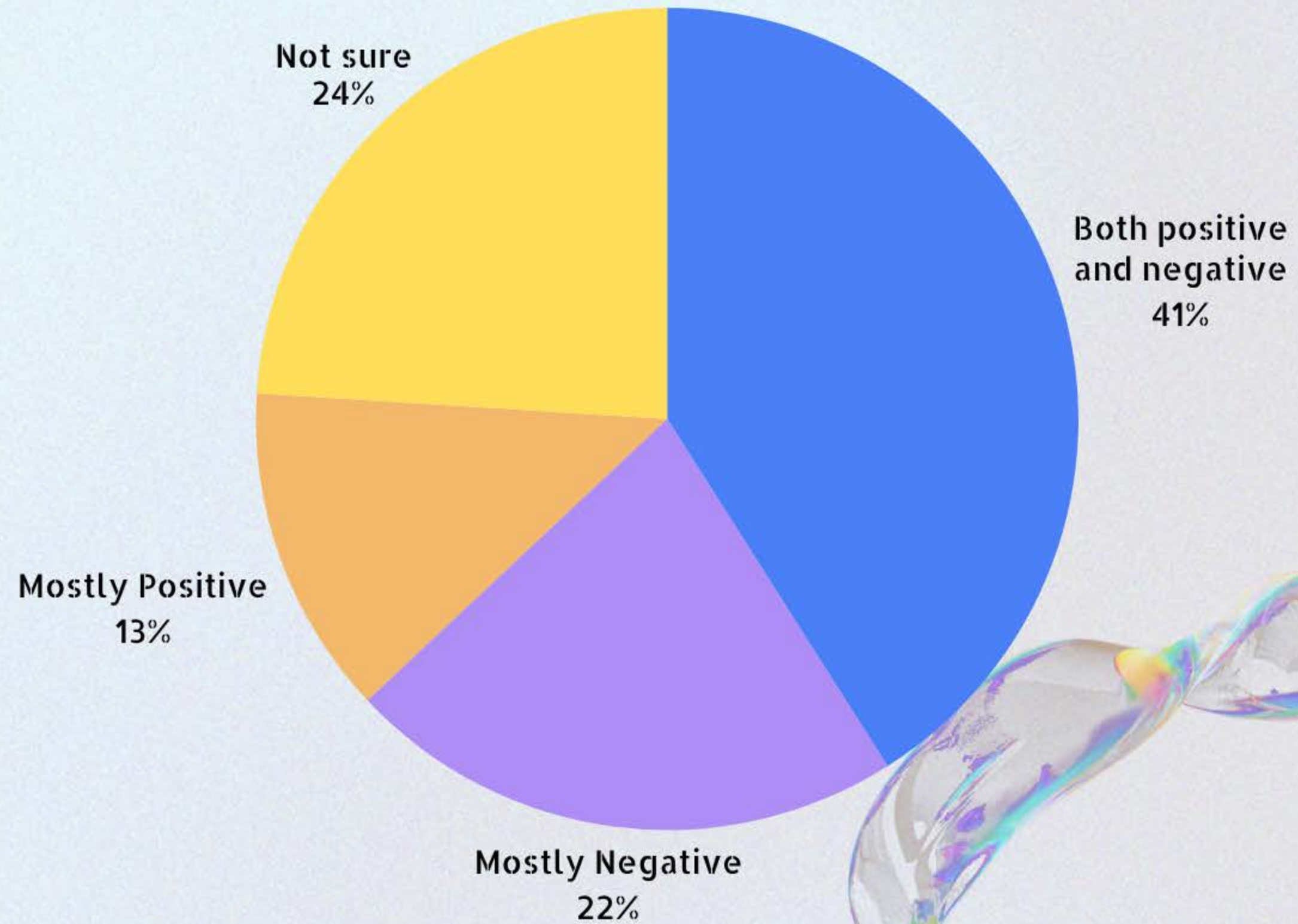
# Trends and Patterns



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# Impacts of AI



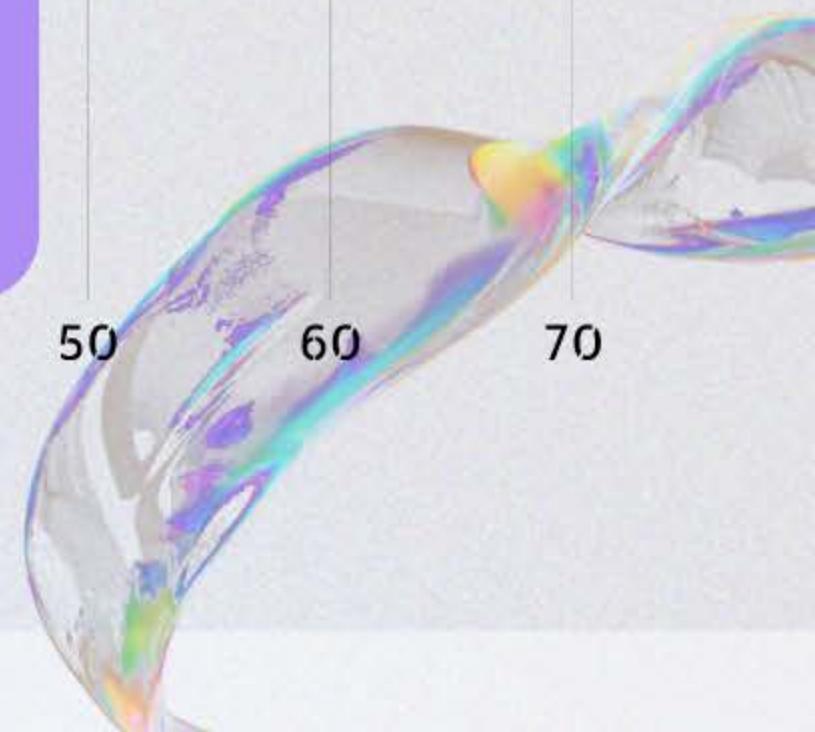
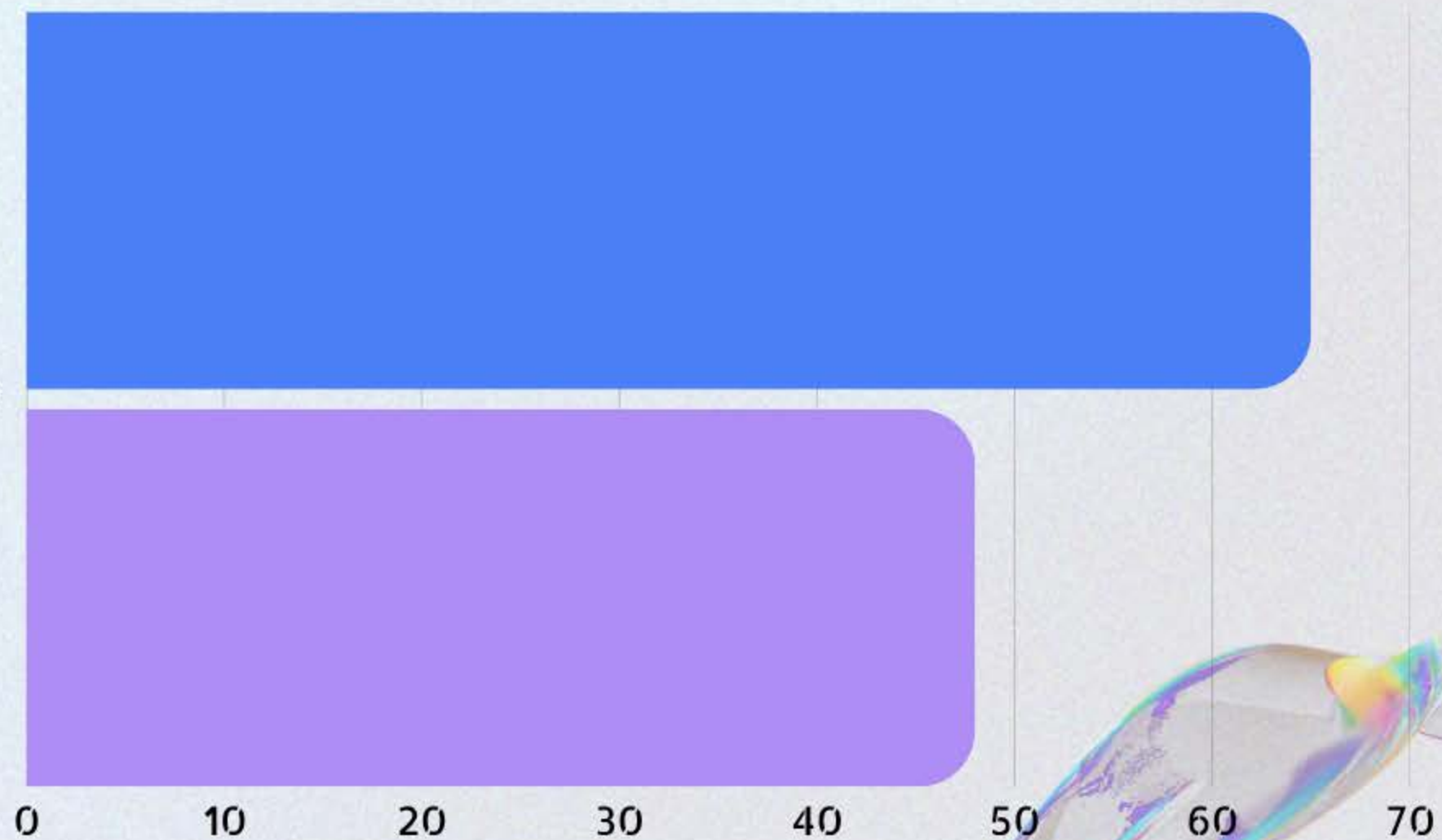
# Trends and Patterns



# Kids and Parents

- Students who use AI
- Parents who think their students use AI

AI Usage



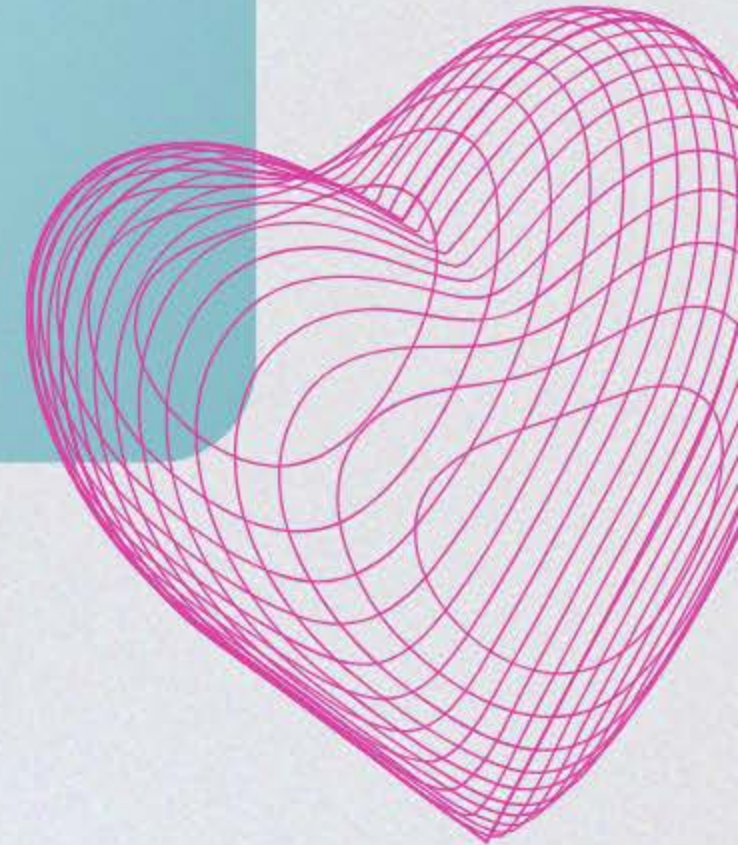
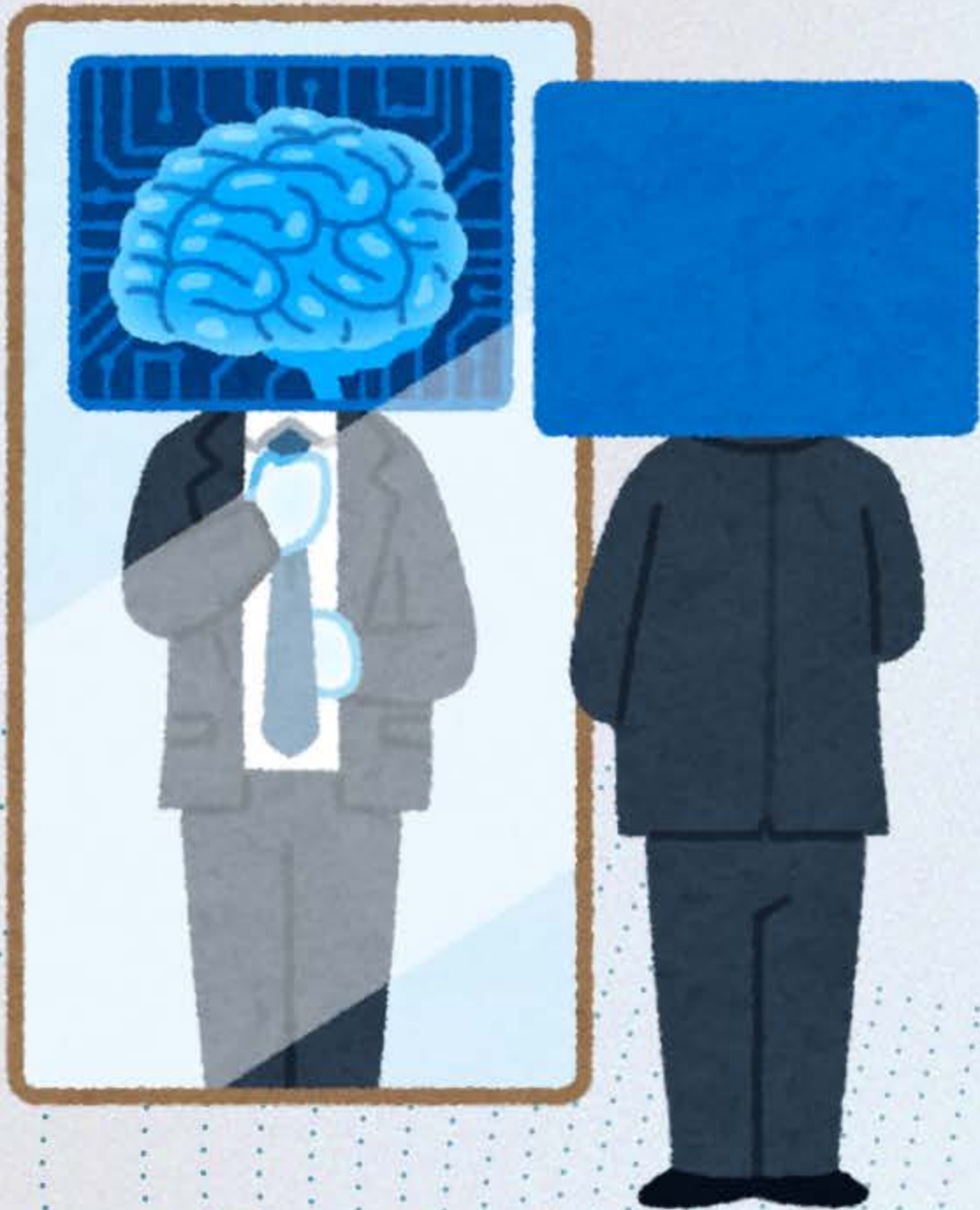
# Trends and Patterns



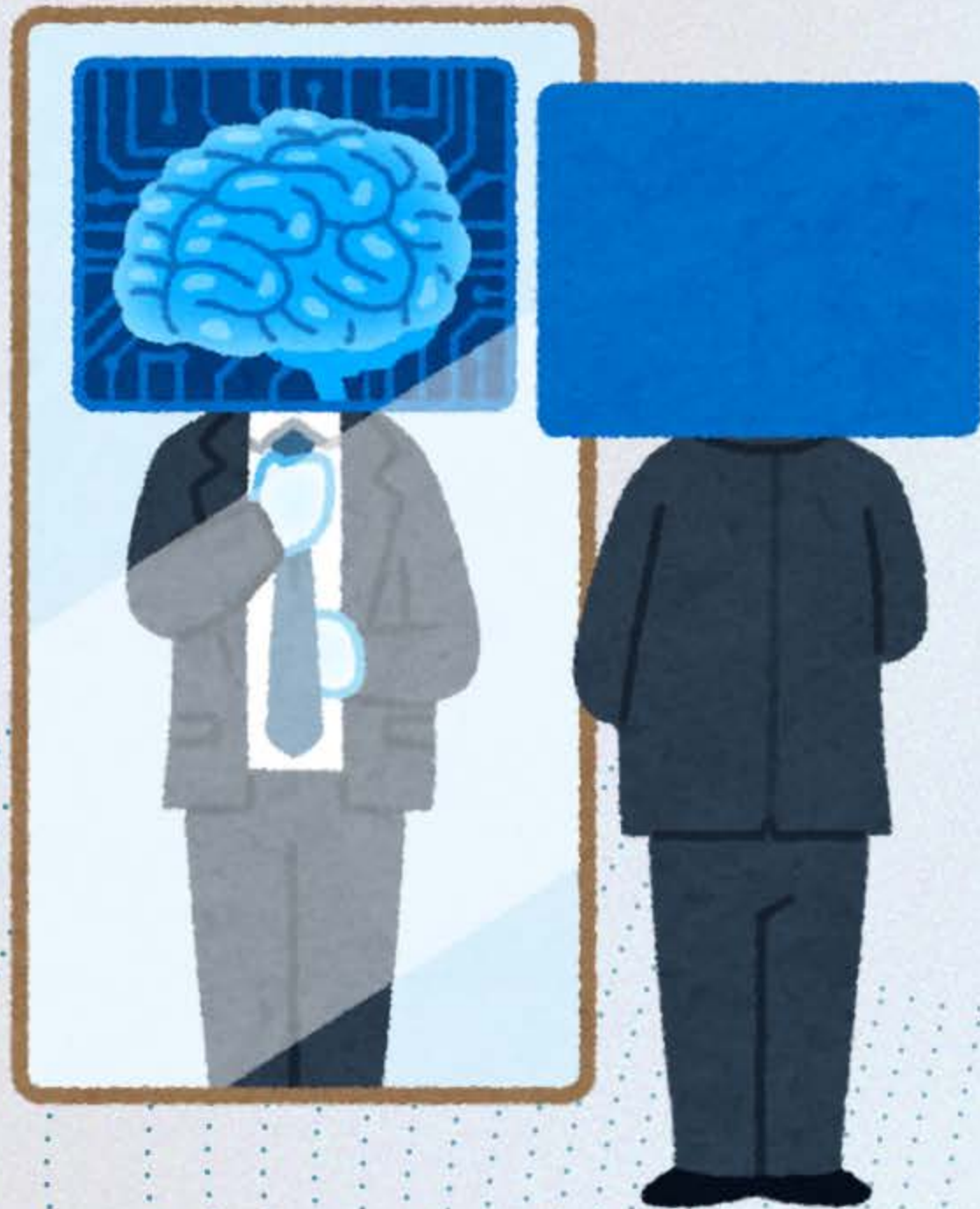
<b>TOOL CATEGORY</b>	<b>EXAMPLES</b>	<b>WHAT STUDENTS USE IT FOR</b>
AI writing tools	ChatGPT, Gemini, Claude, Grammarly, QuillBot	Essay plans, rewrites, checking grammar, and concise summaries
Study and revision tools	Quizlet, Kahoot, NotebookLM, Otter.ai	Flashcards, notes, revision, and additional support
Research tools	Perplexity, Elicit, NotebookLM, Gemini, Scholar AI	Research ideas, research topics, academic research, and relevant sources
Coding tools	Claude Code, GitHub Copilot, ChatGPT	App building, debugging, scripting, and problem-solving
Image generation tools	Midjourney, DALL-E, Canva AI	Design, presentations, creative projects
Conversational AI tools	Snapchat My AI, Character.AI, Notion AI	Advice, organization, chat, personalized support



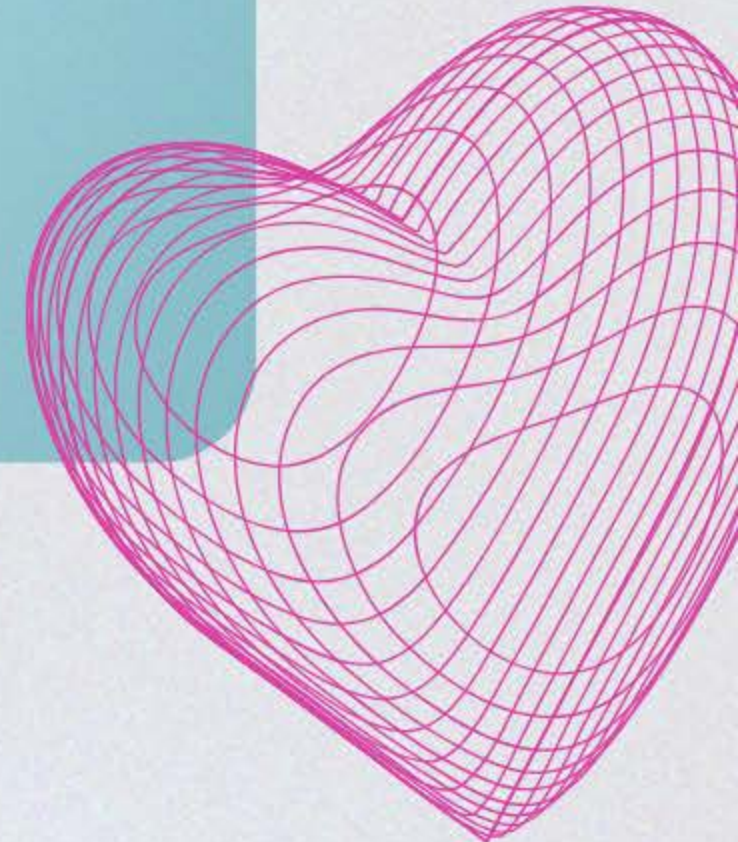
# Motivations



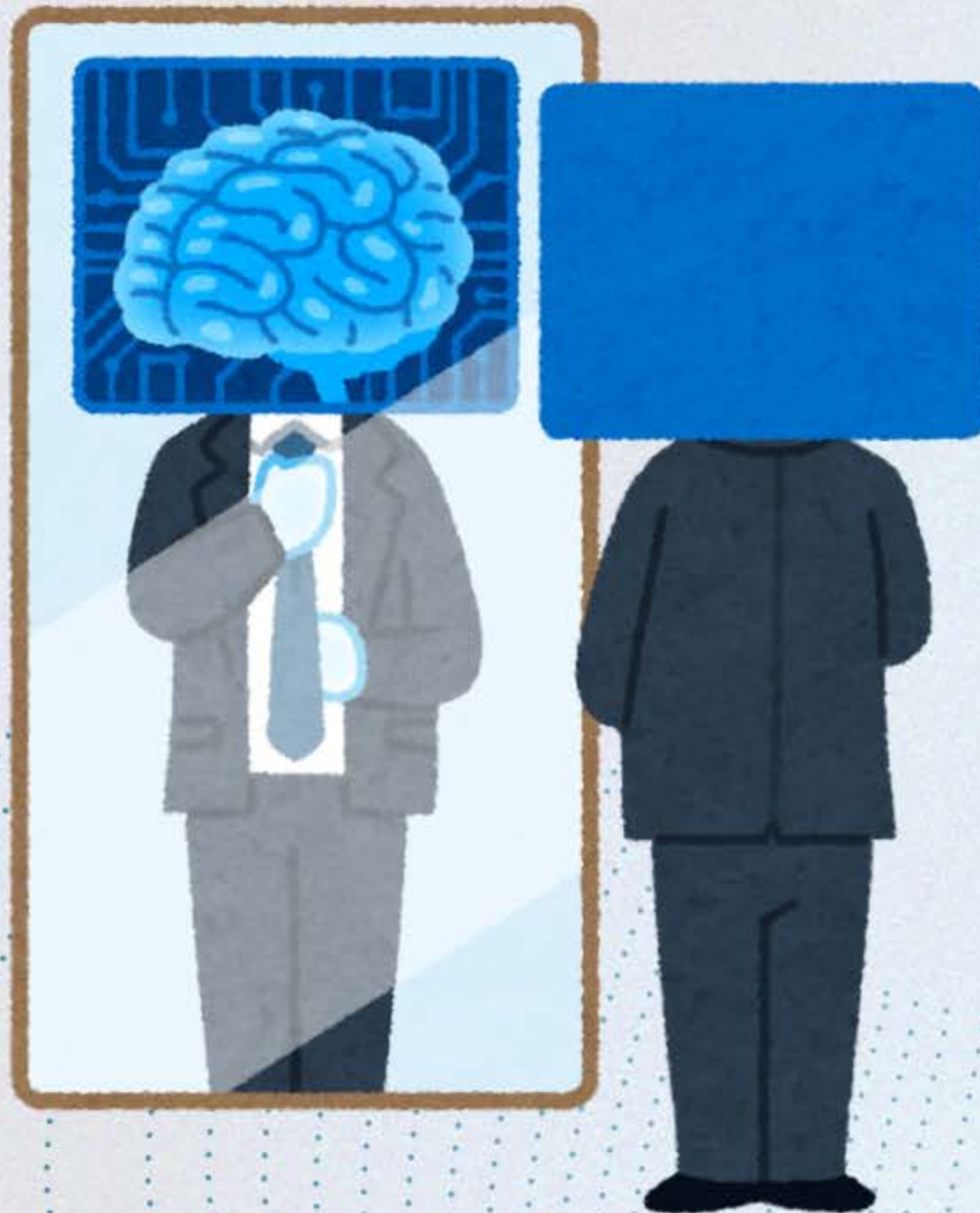
# Motivations



“The world is changing and this is the future”

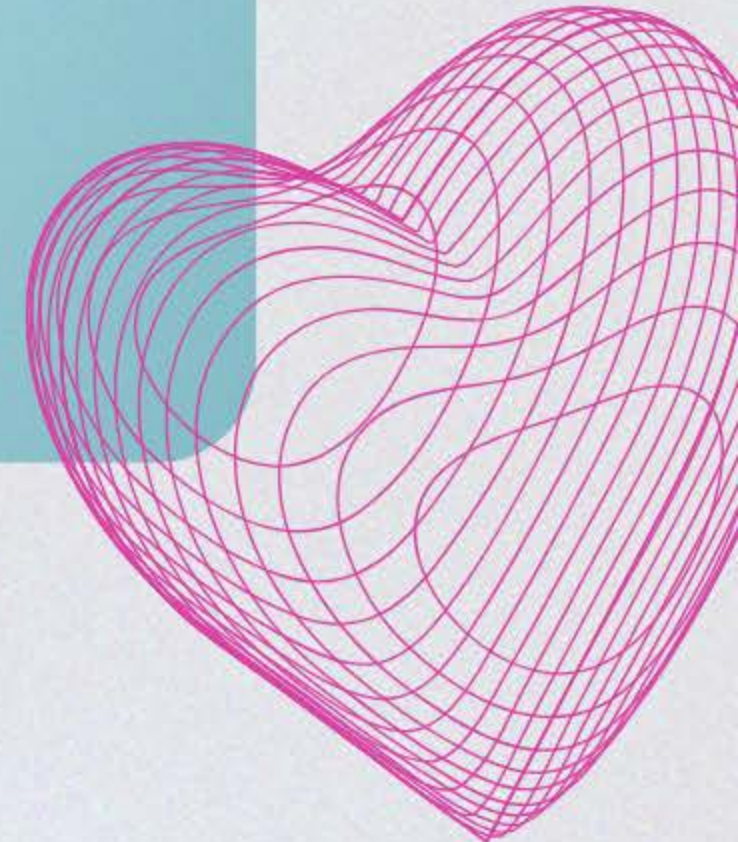


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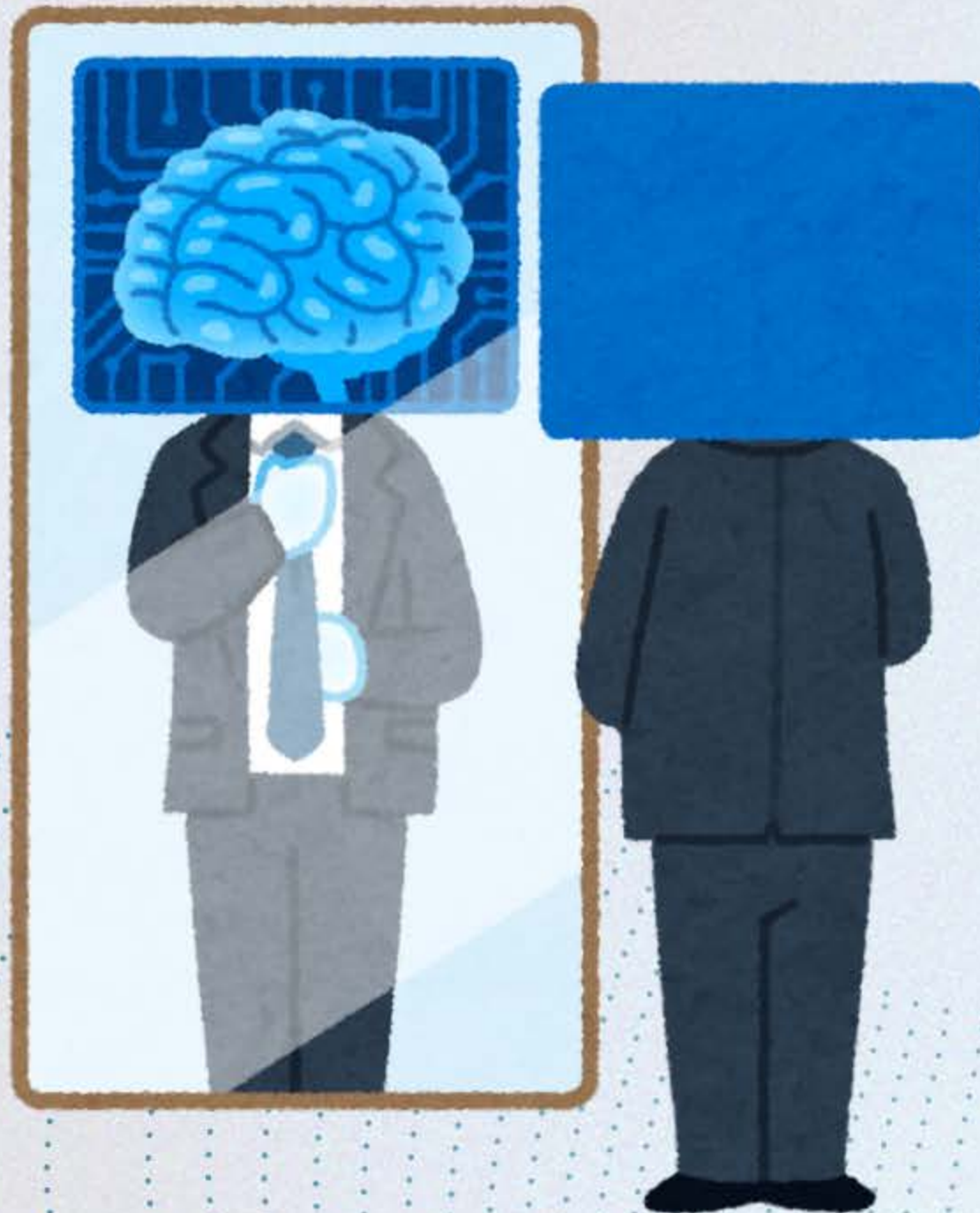


**“The world is changing and this is the future”**

**“It will meet the needs of almost everything. It gives answers to the hardest questions.”**



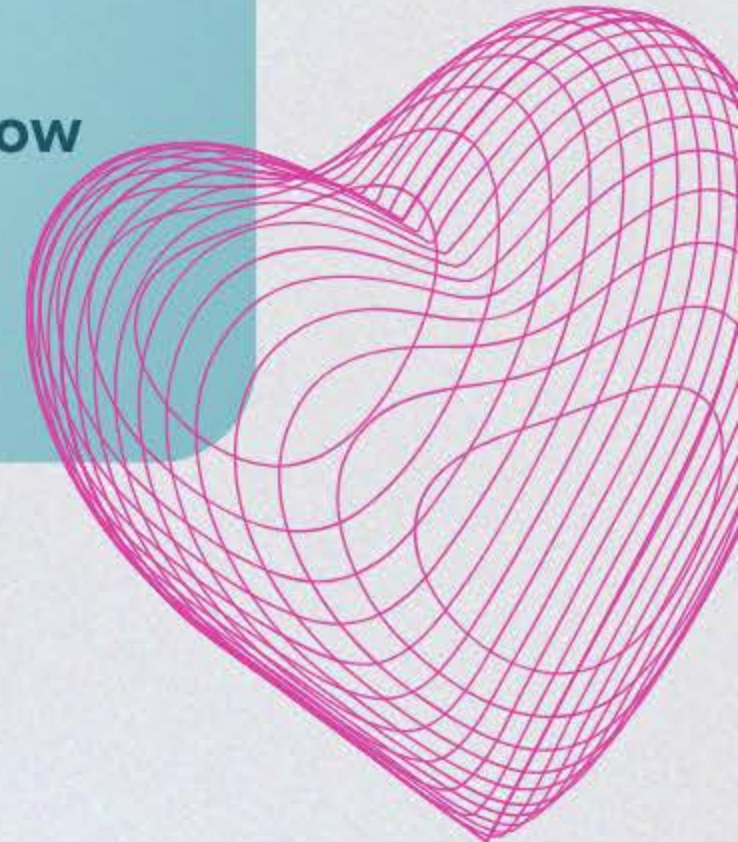
# Motivations



**“The world is changing and this is the future”**

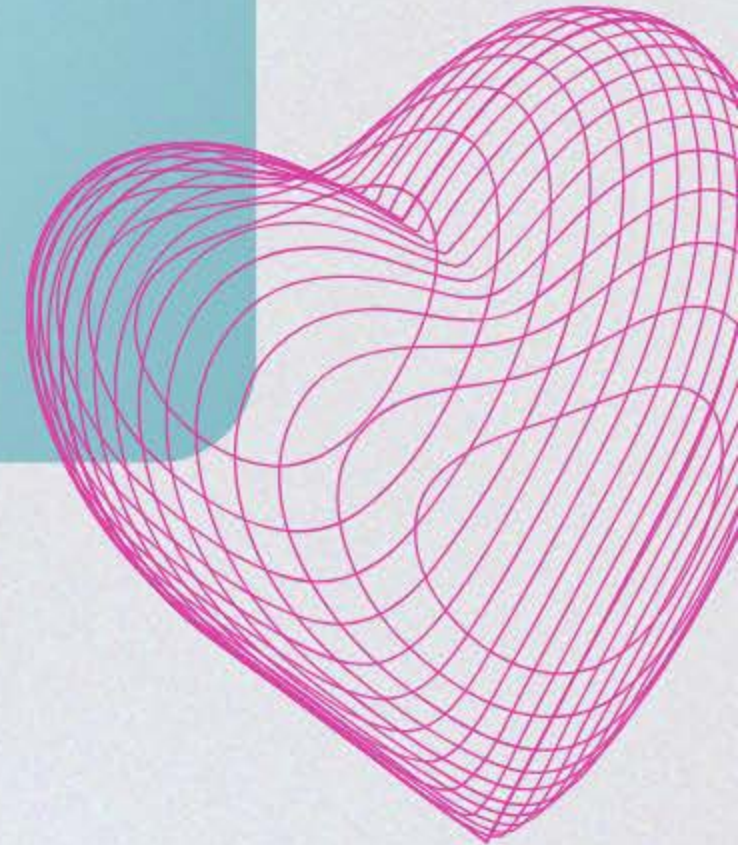
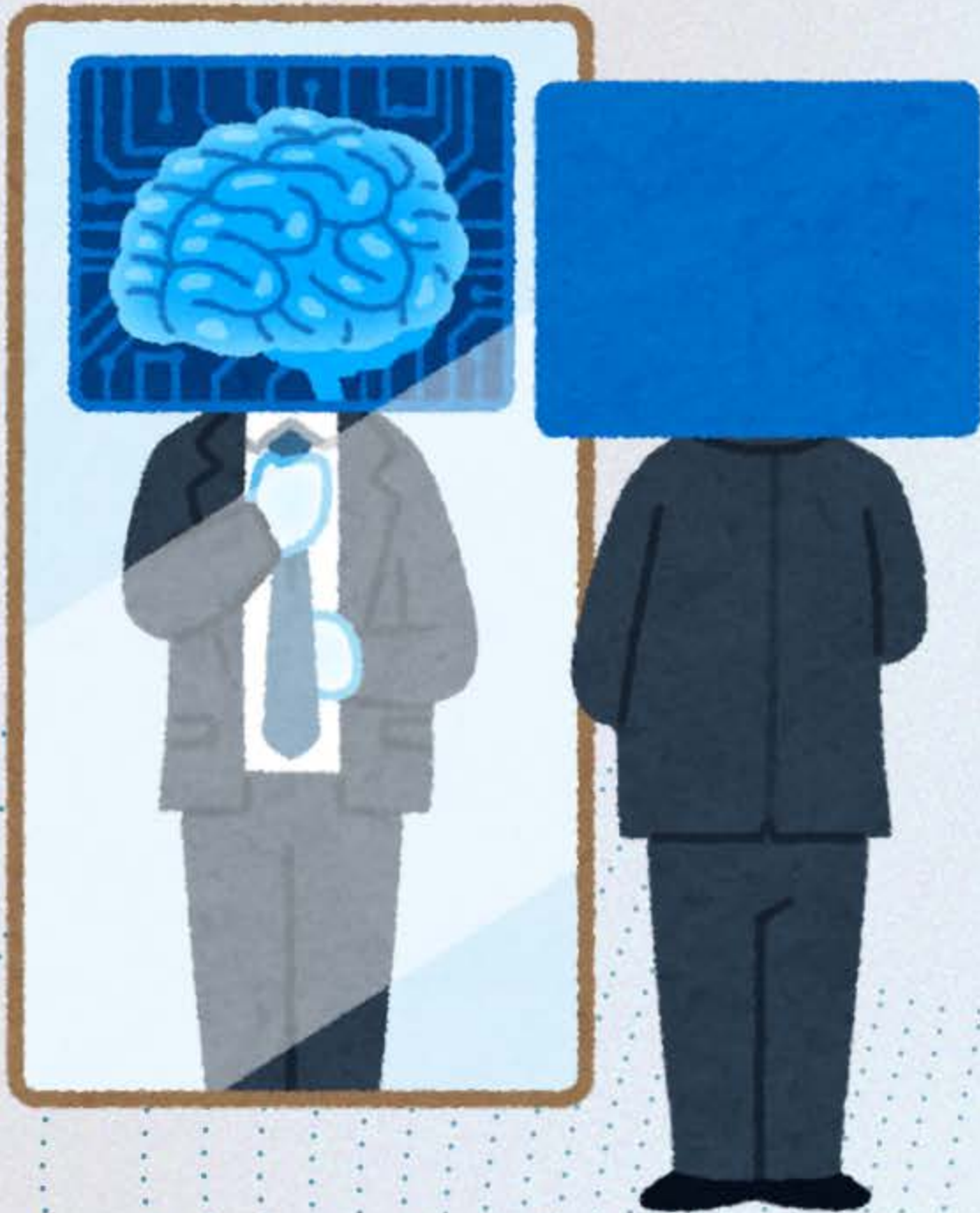
**“It will meet the needs of almost everything. It gives answers to the hardest questions.”**

**“It will do tasks that can be automated and allow people more time to do what they like.”**

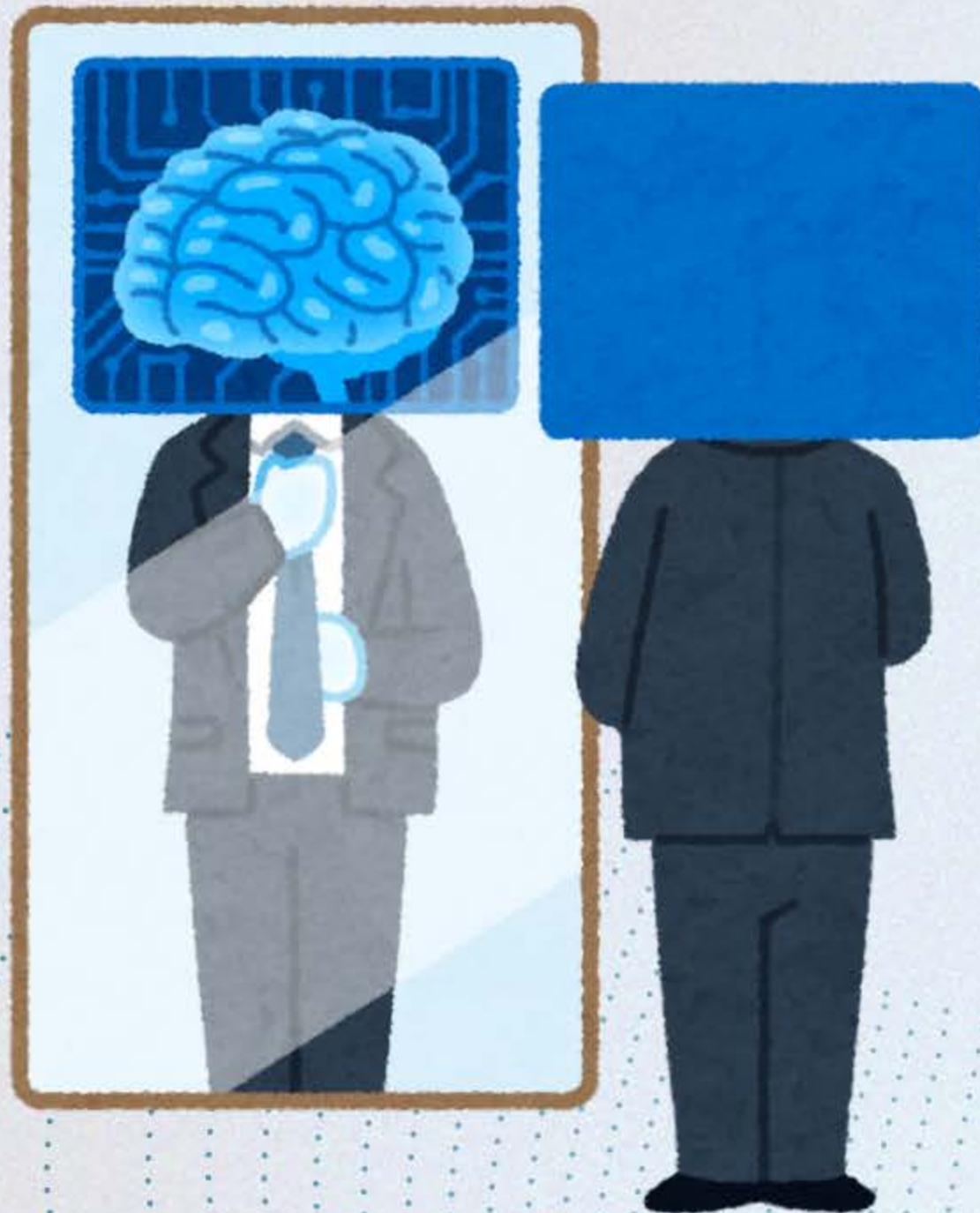


# Motivations

**Expediency and Ease**

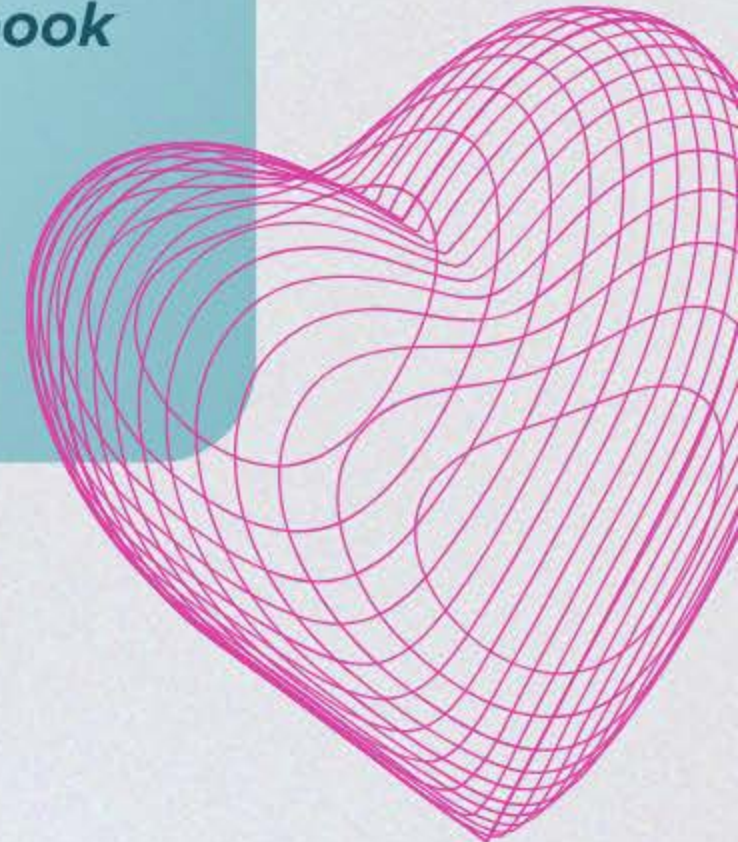


# Motivations

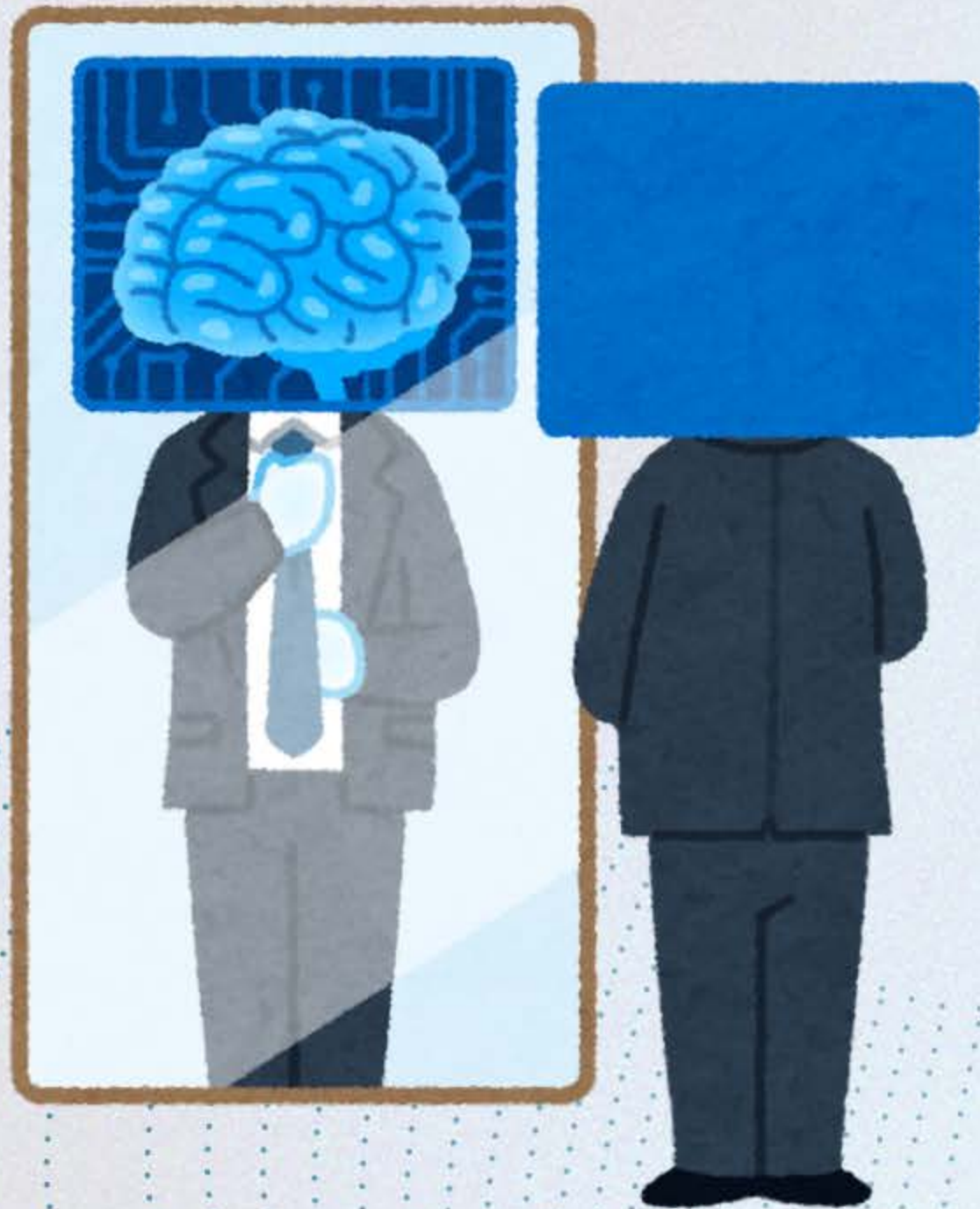


## Expediency and Ease

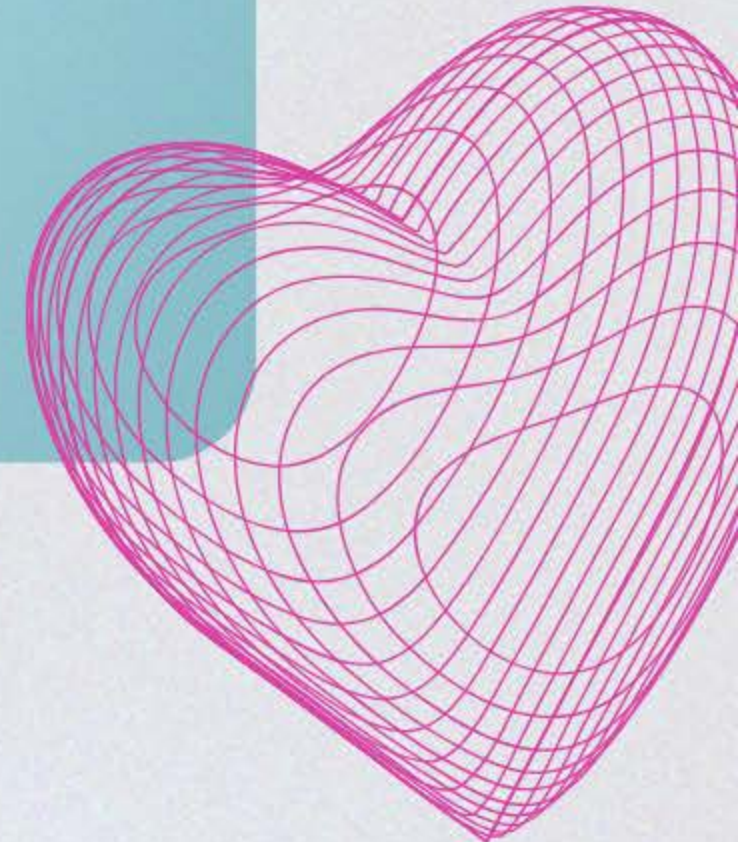
*“We use it to cheat on everything from writing term papers to figuring out answers to really hard assignments. We even have it write our book reports.”*



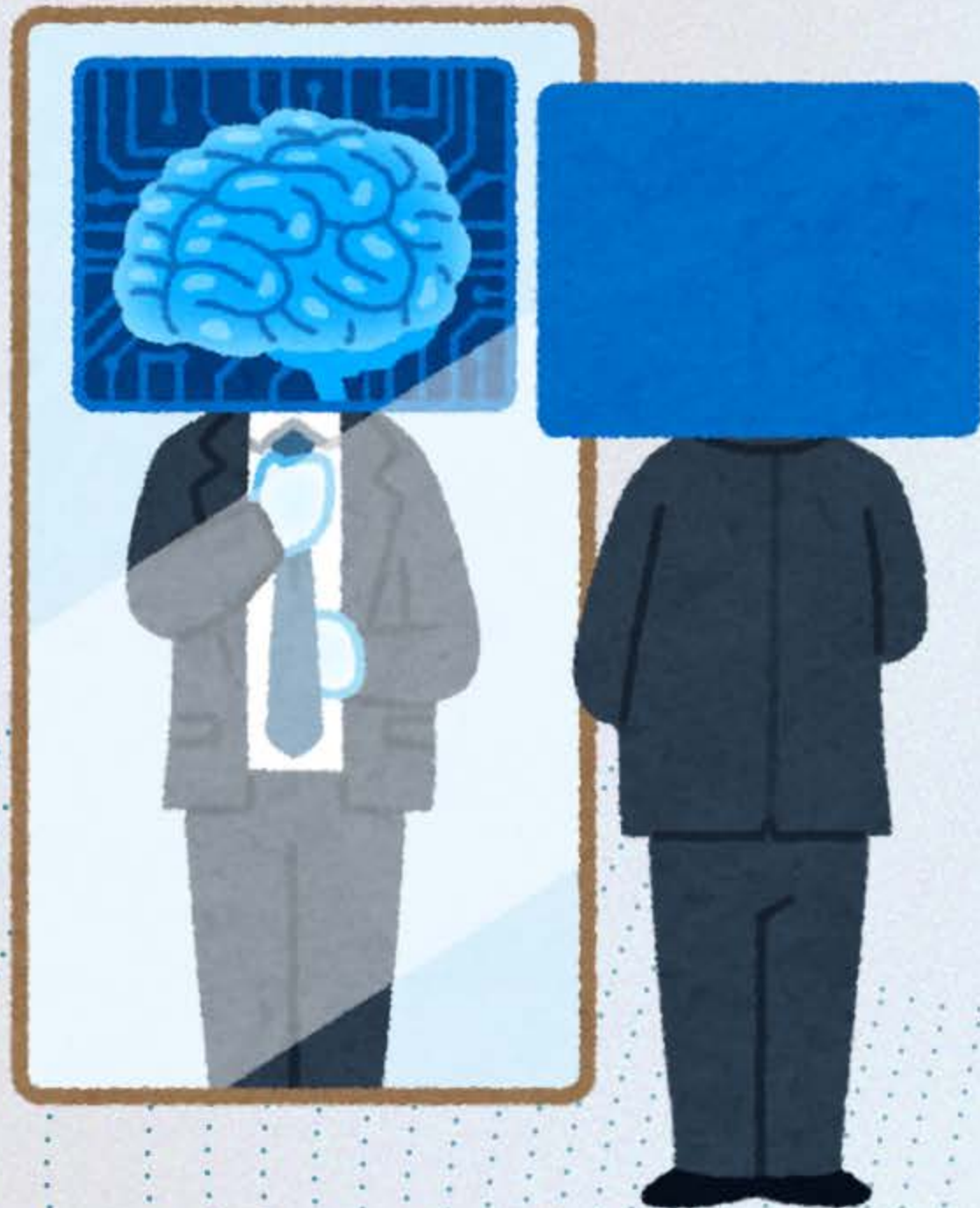
# Motivations



**Fear of missing out**

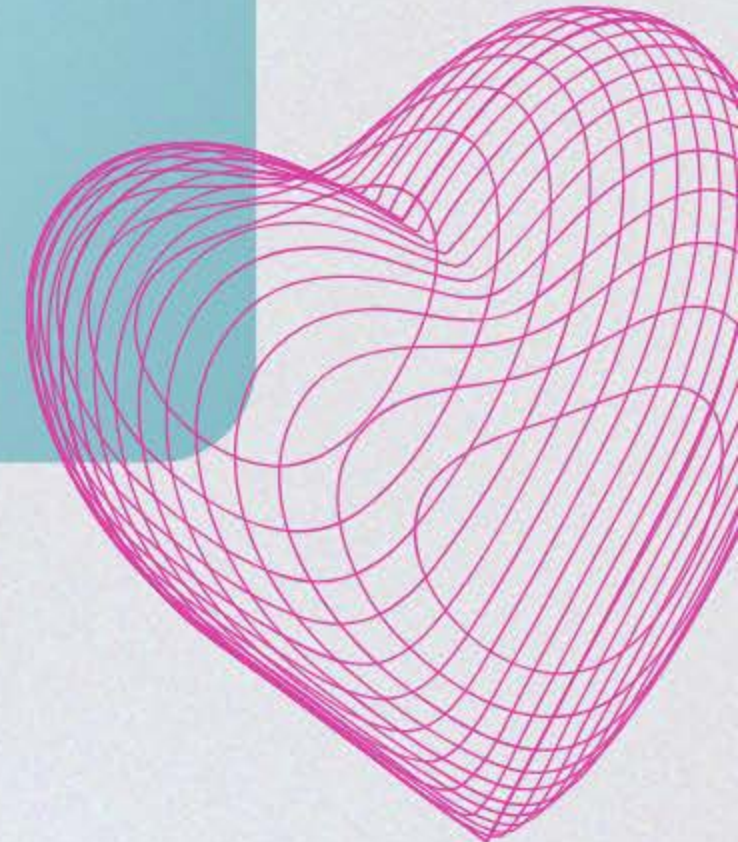


# Motivations

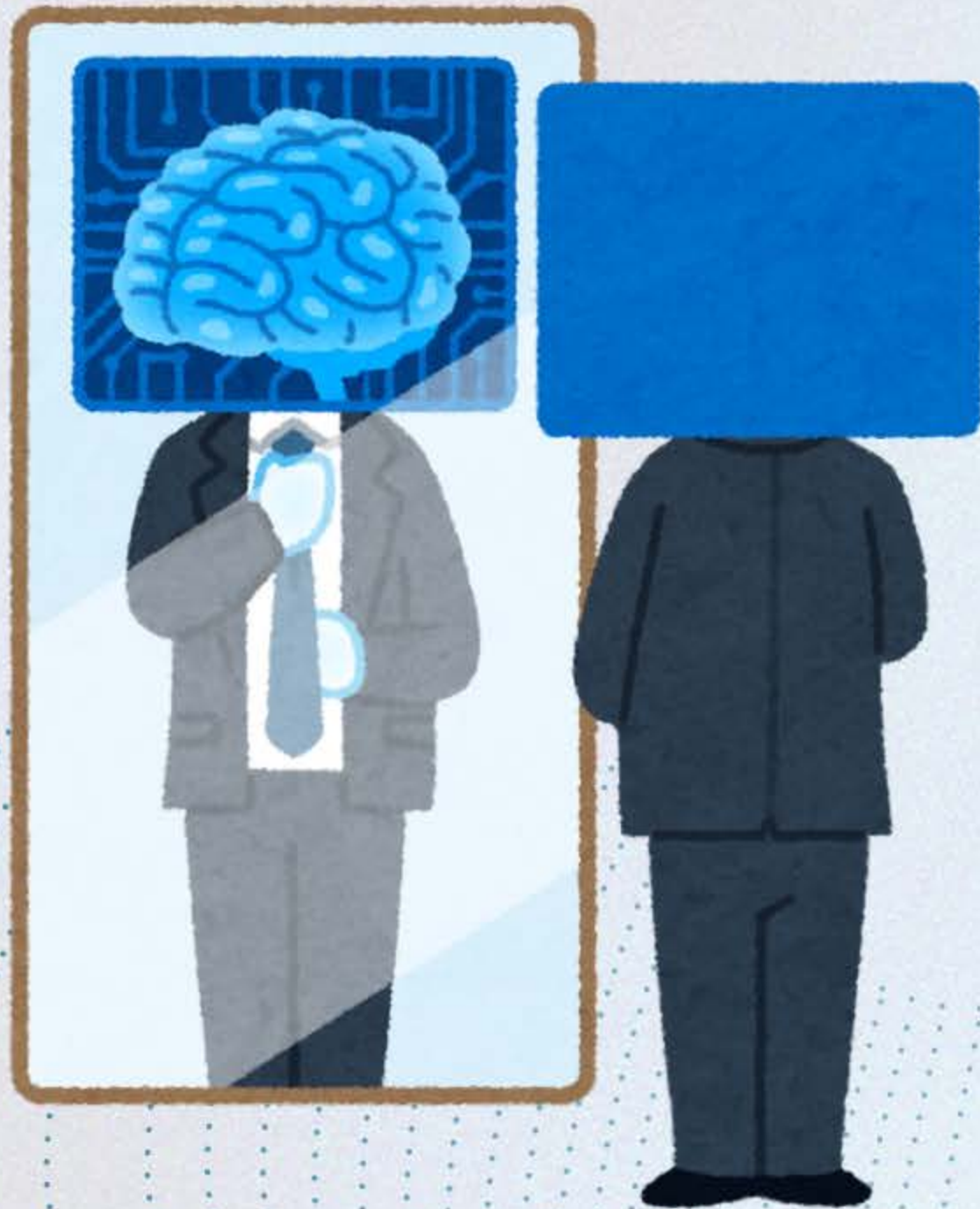


## Fear of missing out

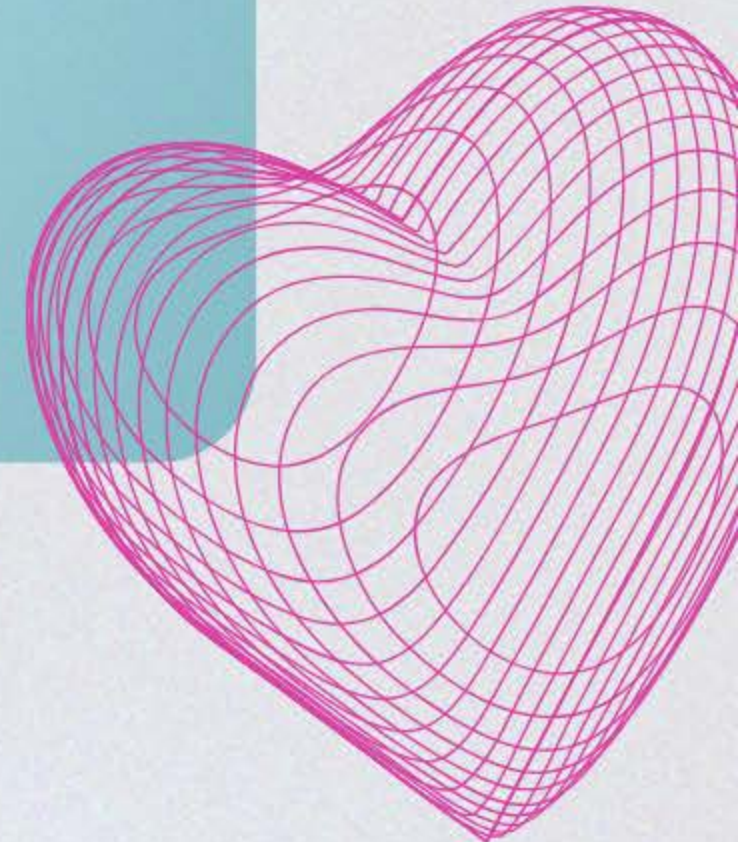
*"It's not fair. When I don't cheat my resume doesn't look as good as my peers."*



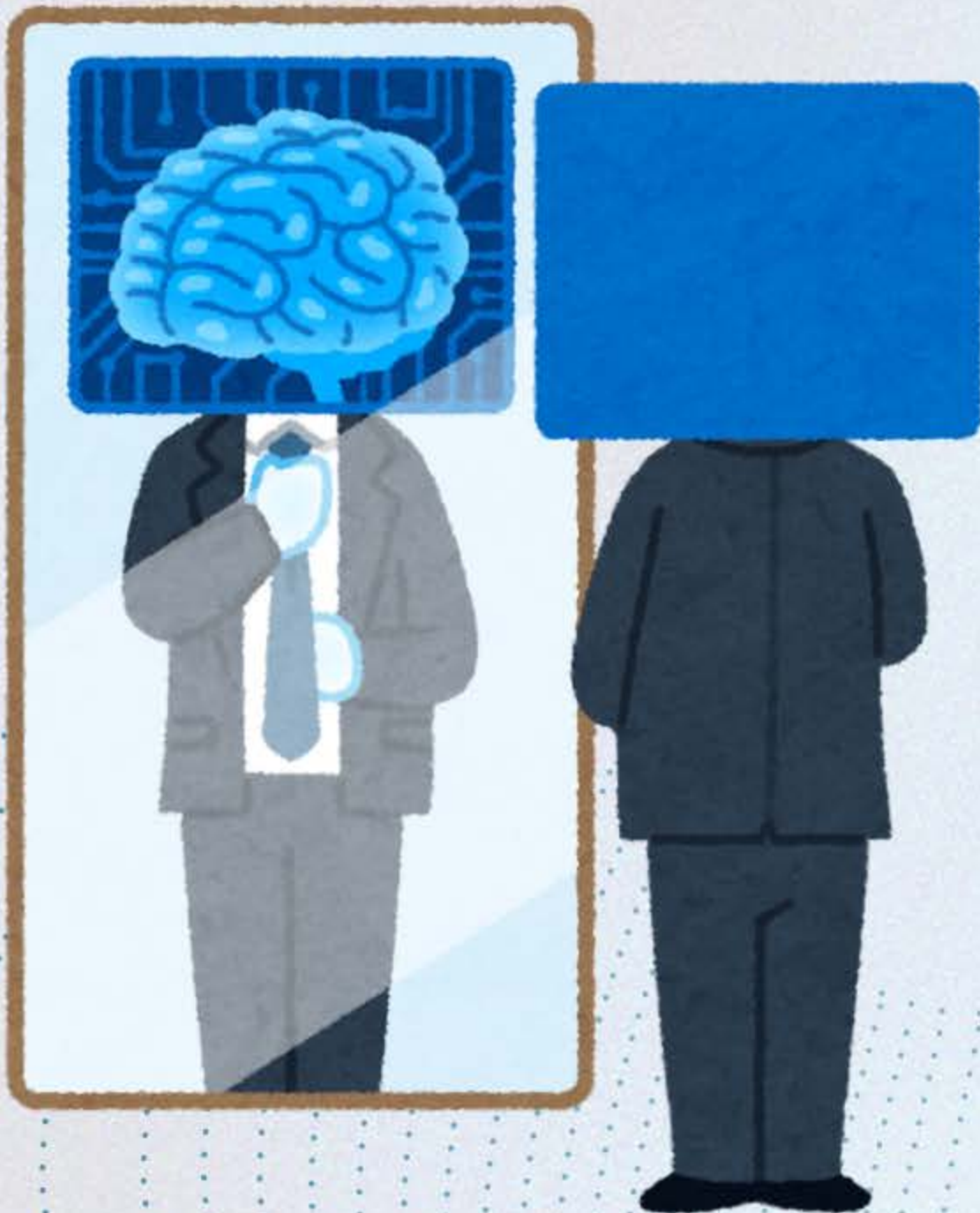
# Motivations



**Creativity**

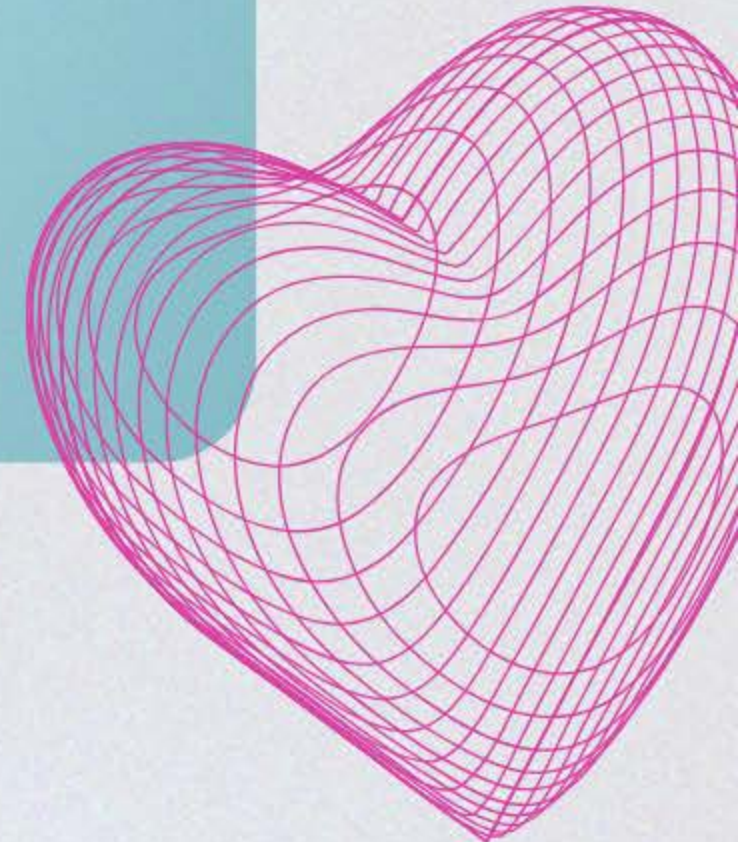


# Motivations

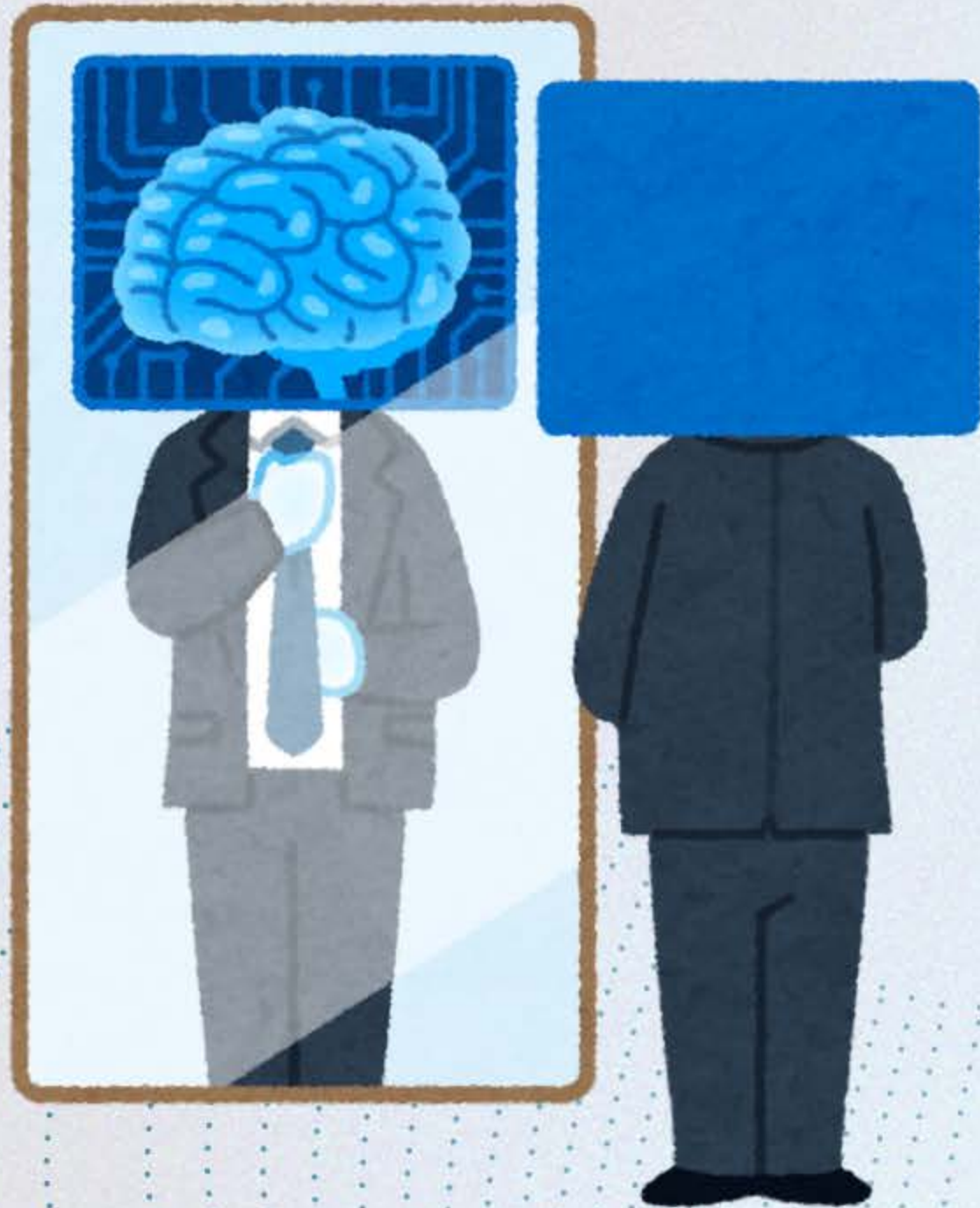


## Creativity

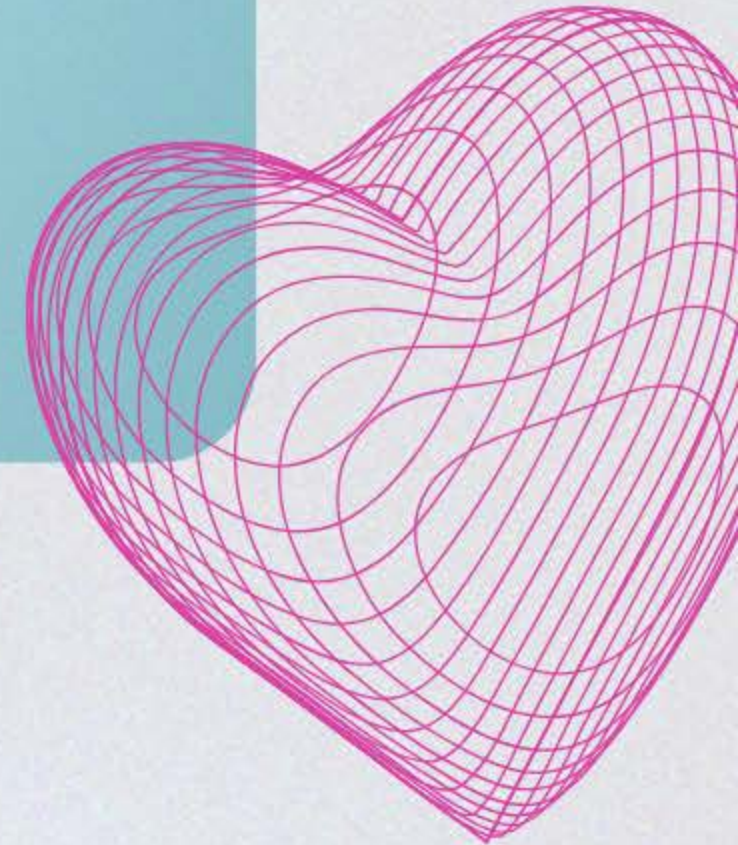
*“We use it for very creative purposes. It can be used just for fun to come up with crazy combinations of characters we can’t draw.”*



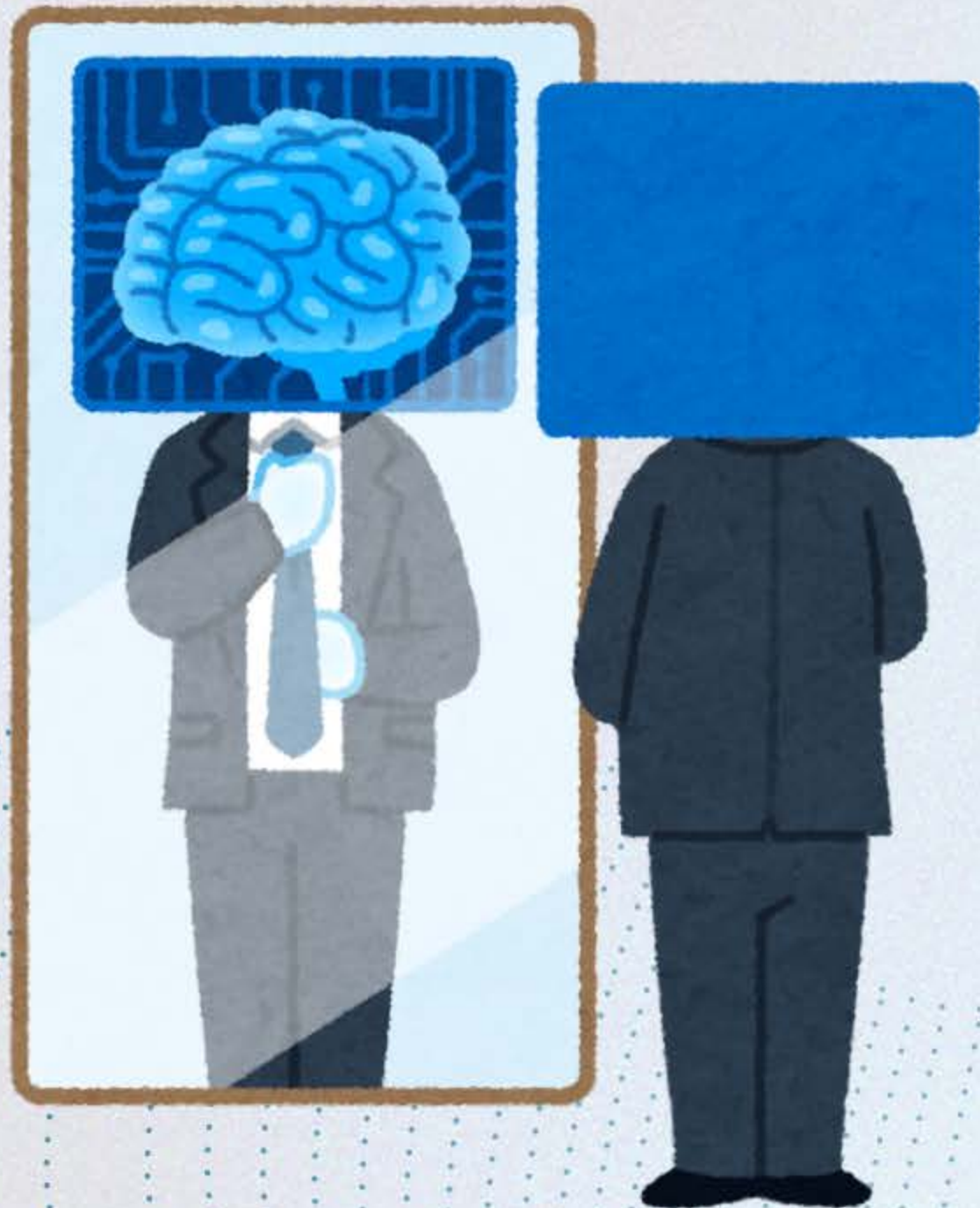
# Motivations



**Curiosity**

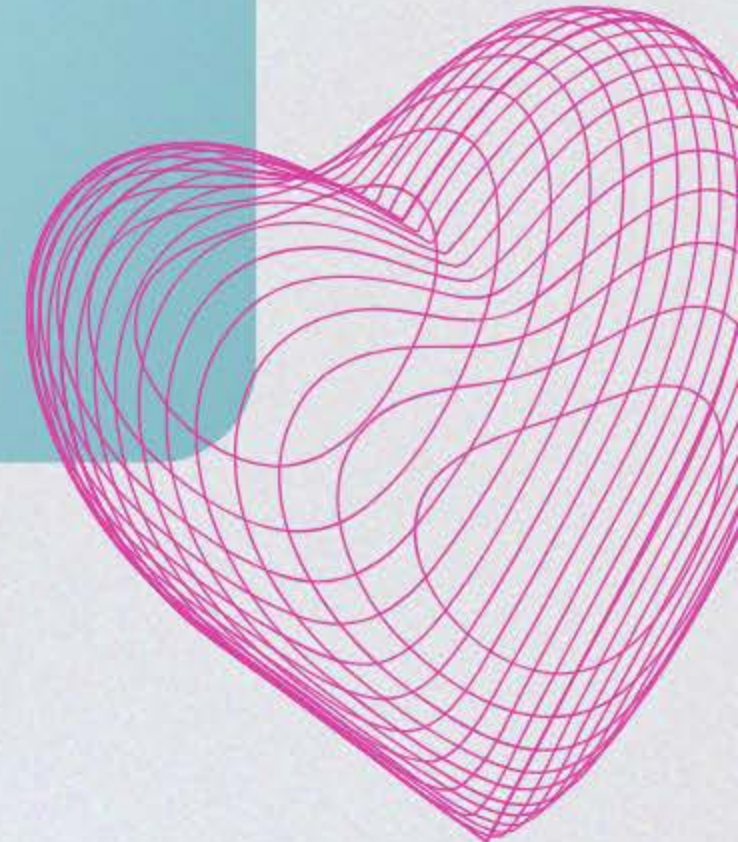


# Motivations

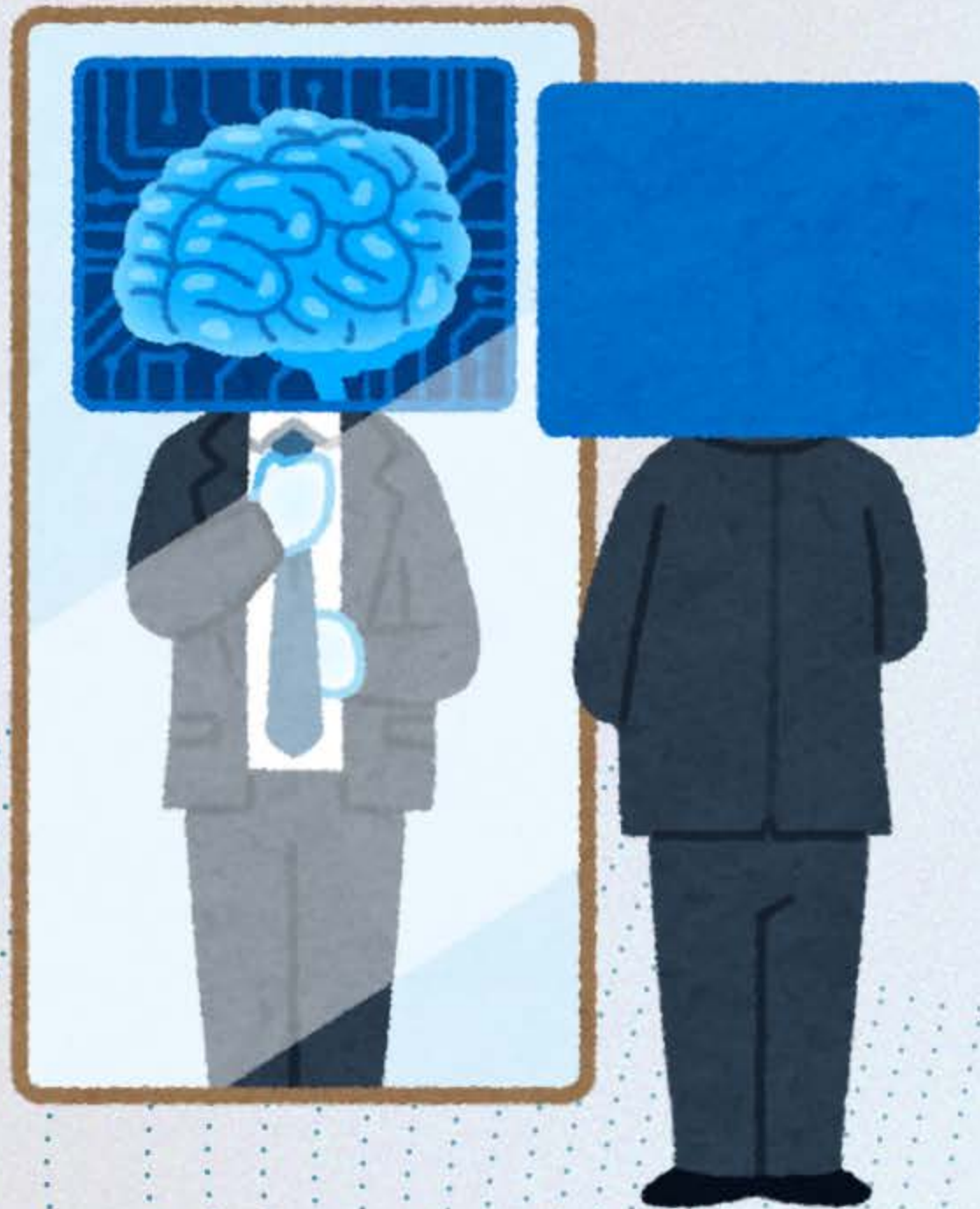


## Curiosity

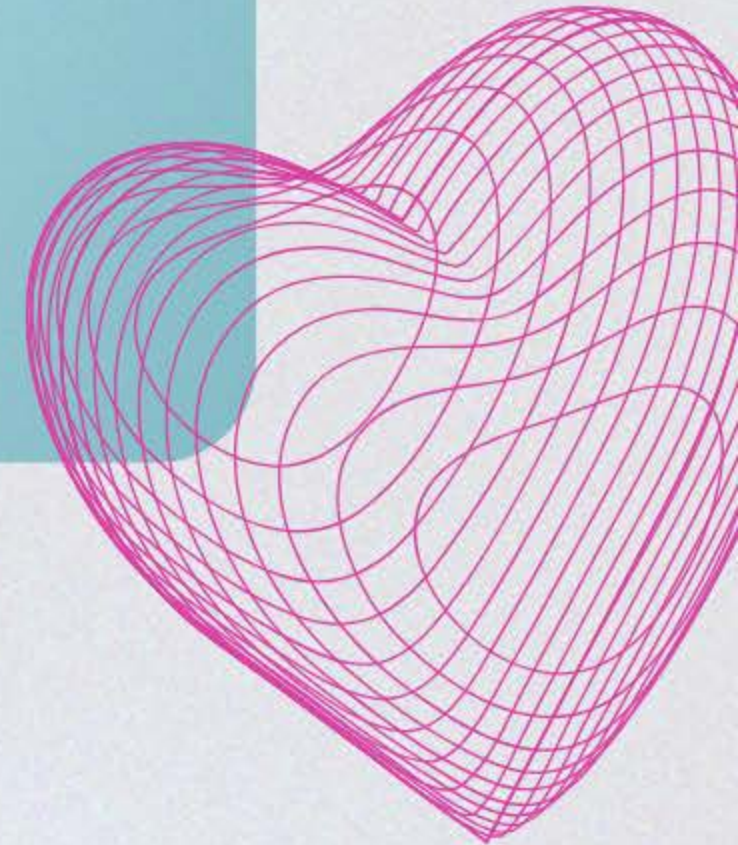
*“It helps explain things way better than most adults.”*



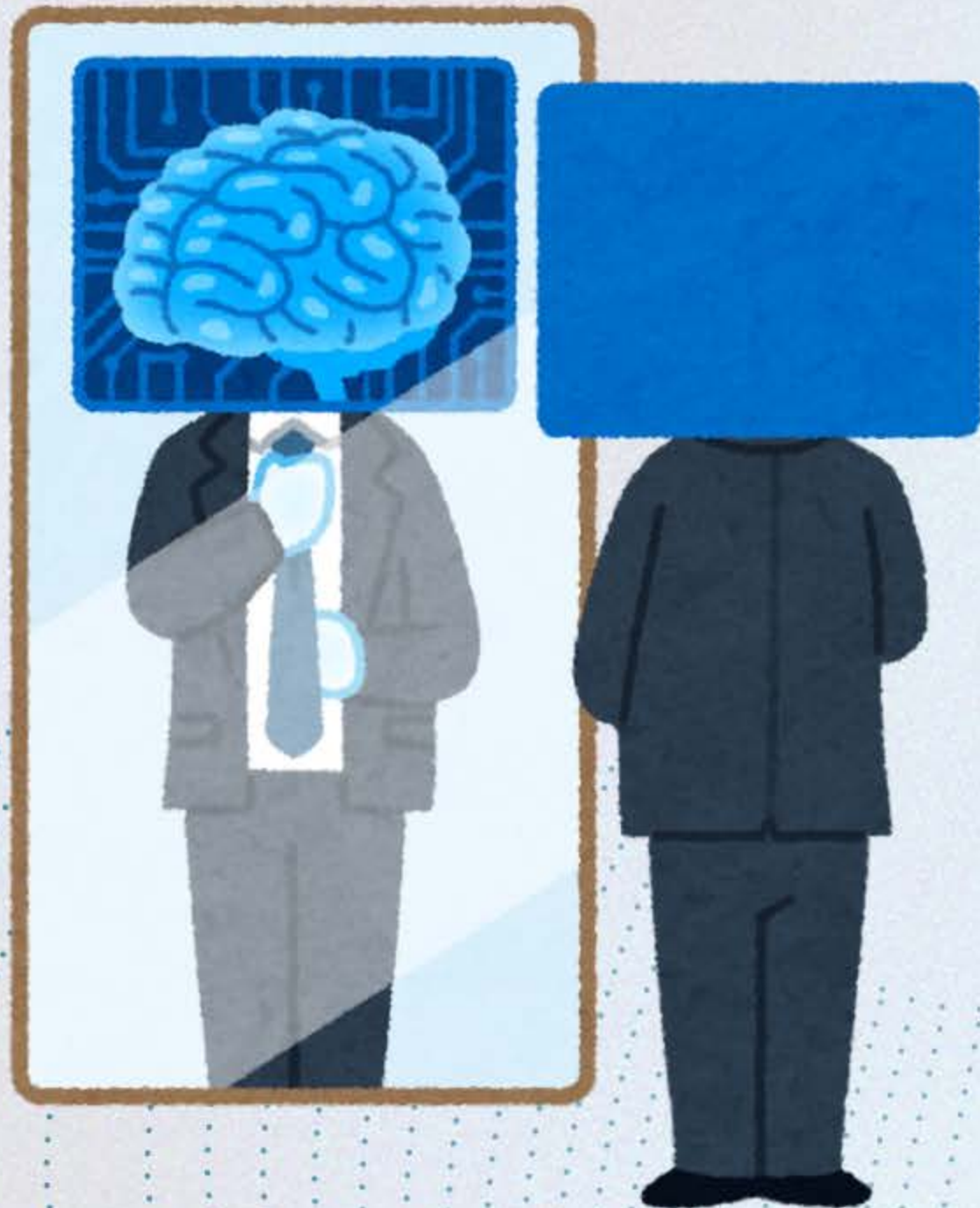
# Motivations



Shame

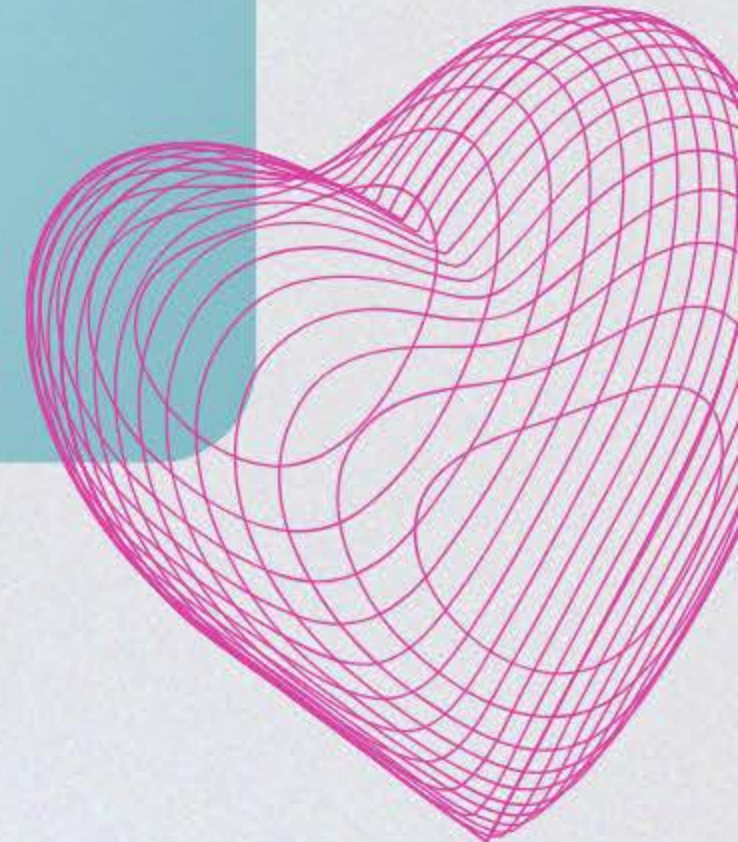


# Motivations



## Shame

*"We use it to find answers to questions teens are scared to ask their parents."*

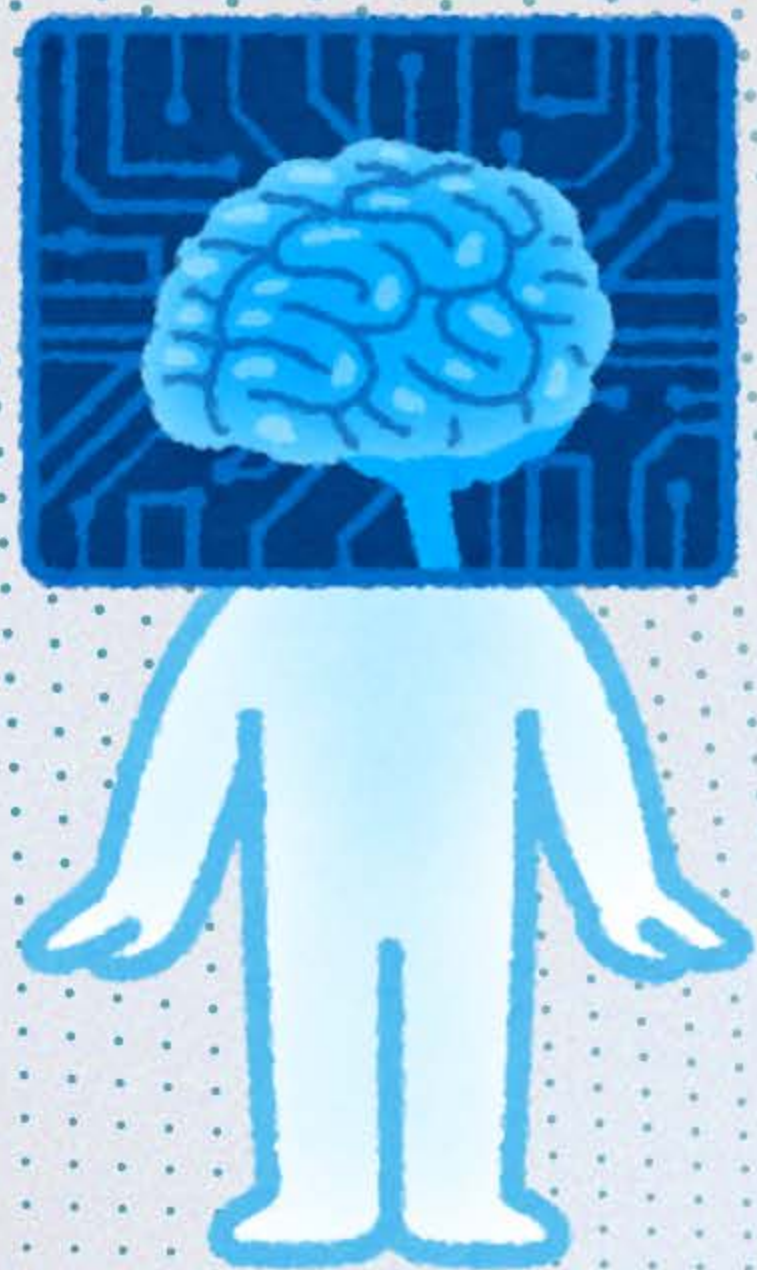


Formation

WHO AM I  
BECOMING?



# FORMATION



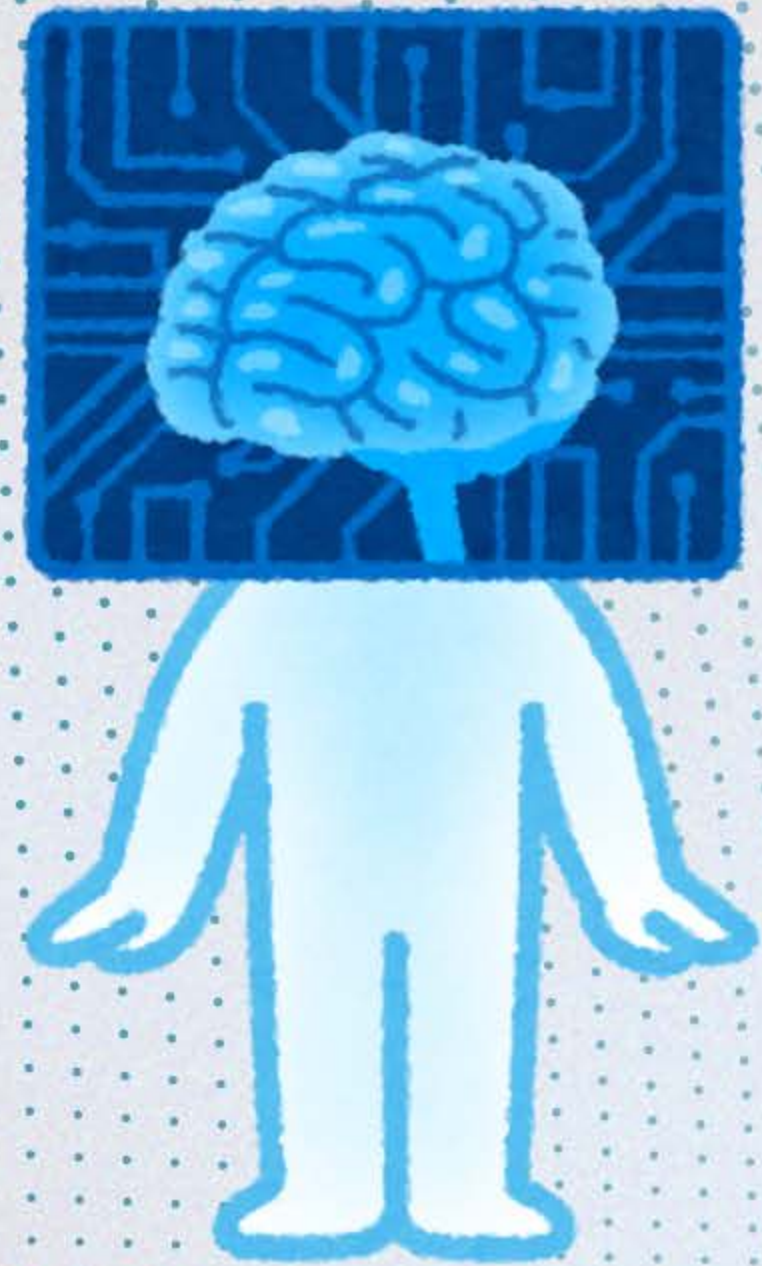
HABITS



**FORMATION**

**HABITS**

**RELATIONSHIPS**



**FORMATION**

**HABITS**

**RELATIONSHIPS**

**STORIES**

# BEST PRACTICES





# BEST PRACTICES

**EMPATHIZE**





# BEST PRACTICES

**EMPATHIZE**

**ENGAGE**





# BEST PRACTICES

**EMPATHIZE**

**ENGAGE**

**ESTABLISH**





# BEST PRACTICES

**EMPATHIZE**

**ENGAGE**

**ESTABLISH**

**EXPLORE**





# BEST PRACTICES

**EMPATHIZE**

**ENGAGE**

**ESTABLISH**

**EXPLORE**

**ENCOURAGE**





# BEST PRACTICES

**EMPATHIZE**

**ENGAGE**

**ESTABLISH**

**EXPLORE**

**ENCOURAGE**

**EXAMPLE**