



Preparing for the Second Advent Through Prayer and Fasting

21-Day Prayer & Fasting Devotional Guide

January 5–25, 2026

Purpose of This Fast

This 21-day season of prayer and fasting is designed to prepare the church spiritually for the Second Advent of Jesus Christ. Through Scripture, reflection, prayer, and fasting, we seek repentance, discernment, holiness, and faithful living until He comes.

“Therefore, you also must be ready, for the Son of Man is coming at an hour you do not expect.” — Matthew 24:44 (ESV)

Week 1: Natural and Moral Signs of the Last Days

Theme: Discernment and Awareness

Day 1 – Moral Decay as a Sign of the End

Scripture: 2 Timothy 3:1–5 (ESV)

Reflection:

The last days are marked by a shift in love—away from God and toward self. Paul warns that many will appear godly outwardly while denying God’s transforming power. This calls believers to honest self-examination and wholehearted devotion.

Prayer Focus: Repentance and purity of heart

Fasting Focus: Ask God to remove anything competing with your devotion to Him.

Daily Prayer:

Father God, I come before You with humility. Search my heart and reveal anything in me that does not please You. Deliver me from loving self, more than loving You. Restore true godliness in my life—not just in appearance, but in power. Create in me a clean heart and renew a right spirit within me. In Jesus’ name, Amen.

Day 2 – Scoffers and Spiritual Apathy

Scripture: 2 Peter 3:3–4 (ESV)

Reflection:

Scoffers question the promise of Christ’s return, mistaking God’s patience for absence. The danger is spiritual complacency. God’s delay is mercy, giving time for repentance.



Prayer Focus: Renewed urgency and faith

Fasting Focus: Pray against spiritual dullness in the church.

Daily Prayer:

Lord, awaken my spirit and guard my heart from complacency. Help me to live with urgency and faith, believing Your promises even when others doubt. Strengthen the church to remain hopeful and expectant of Your return. In Jesus' name, Amen.

Day 3 – The Call to Watchfulness

Scripture: Matthew 24:42–44 (ESV)

Reflection:

Jesus calls His followers to stay awake spiritually. Readiness is not about dates but daily obedience. Prayer keeps our hearts alert and our lives aligned.

Prayer Focus: Spiritual vigilance

Fasting Focus: Ask God to sharpen your spiritual sensitivity.

Daily Prayer:

Jesus, keep me spiritually alert and ready. Deliver me from distraction and dullness. Teach me to walk in obedience each day, living as one who expects Your return. Strengthen my prayer life and help me remain watchful. Amen.

Day 4 – Sound Doctrine vs. Itching Ears

Scripture: 2 Timothy 4:3–5 (ESV)

Reflection:

Truth will be resisted in the last days as people seek messages that affirm their desires. God calls His servants to endure, stay sober-minded, and faithfully fulfill their calling.

Prayer Focus: Love for truth and courage to stand

Fasting Focus: Pray for pastors, teachers, and leaders.

Daily Prayer:

Father, anchor me in Your truth. Guard my ears from deception and my heart from compromise. Give courage to leaders who proclaim Your Word faithfully. Help me to endure hardship and fulfill my calling with integrity. In Jesus' name, Amen.

Day 5 – Global and Cosmic Distress

Scripture: Luke 21:25–26 (ESV)



Reflection:

Jesus foretells fear and instability among nations. While the world trembles, believers are reminded that God remains sovereign and redemption is near.

Prayer Focus: *Peace and trust in God*

Fasting Focus: *Release fear and reaffirm faith in God's control.*

Daily Prayer:

Lord, when the world is shaken, be my peace. I choose faith over fear and trust in Your sovereignty. Lift my eyes beyond present turmoil and remind me that my redemption draws near. In Jesus' name, Amen.

Day 6 – Apostasy and Deception

Scripture: *1 Timothy 4:1 (ESV)*

Reflection:

The Spirit warns that some will abandon the faith through deception. Anchoring ourselves in Scripture and prayer protects us from drifting away.

Prayer Focus: *Discernment and spiritual grounding*

Fasting Focus: *Commit to deeper study of God's Word.*

Daily Prayer:

Holy Spirit, grant me discernment in these times. Guard me from deception and keep me rooted in truth. Strengthen my love for Your Word and help me remain faithful until the end. In Jesus' name, Amen.

Day 7 – Weekly Review and Reflection

Reflection Questions:

- *What signs of the last days do you see today?*
- *Where is God calling you to greater watchfulness?*

Prayer Focus: *Thanksgiving and reflection*

Fasting Focus: *Rest, journal, and meditate on the week's lessons.*

Weekly Prayer:

Father, thank You for what You have revealed this week. Help me to apply these truths and walk in greater readiness. Seal these lessons in my heart and continue preparing me for Your return. Amen.

Week 2: Spiritual Preparation and Personal Readiness



Theme: Inner Transformation

Day 8 – A Call to Repentance

Scripture: Acts 3:19 (ESV)

Reflection:

Repentance brings refreshing and prepares our hearts for the Lord's return.

Prayer Focus: Genuine repentance

Fasting Focus: Invite the Holy Spirit to search your heart.

Day 9 – Pursuing Holiness

Scripture: Hebrews 12:14 (ESV)

Reflection:

Holiness is essential for seeing the Lord. It is a daily pursuit empowered by grace.

Prayer Focus: Holy living

Fasting Focus: Surrender habits that hinder spiritual growth.

Day 10 – Watch and Pray

Scripture: Luke 21:36 (ESV)

Reflection:

Prayer strengthens believers to stand firm and escape spiritual collapse.

Prayer Focus: Consistent prayer life

Fasting Focus: Increase time spent in prayer.

Day 11 – God's Chosen Fast

Scripture: Isaiah 58:6 (ESV)

Reflection:

True fasting aligns us with God's heart—bringing freedom, justice, and compassion.

Prayer Focus: Alignment with God's will

Fasting Focus: Serve others during your fast.

Day 12 – Loving His Appearing



Scripture: 2 Timothy 4:8 (ESV)

Reflection:

Those who long for Christ's return live with purpose and faithfulness.

Prayer Focus: Eternal perspective

Fasting Focus: Fix your hope on eternity.

Day 13 – Oil in Your Lamp

Scripture: Matthew 25:1–13 (ESV)

Reflection:

Spiritual readiness cannot be borrowed. Each believer must cultivate their own relationship with God.

Prayer Focus: Spiritual preparedness

Fasting Focus: Seek deeper intimacy with God.

Day 14 – Weekly Review and Renewal

Prayer Focus: Worship and recommitment

Fasting Focus: Rest and reflection.

Week 3: Faithful Living Until He Comes

Theme: Endurance and Mission

Day 15 – Faithful Until His Return

Scripture: Luke 19:13 (ESV)

Reflection:

God calls us to faithful stewardship while we await Christ's return.

Day 16 – Enduring to the End

Scripture: Matthew 24:13 (ESV)

Reflection:

Endurance is the mark of true faith.

Day 17 – The Great Falling Away



Scripture: 2 Thessalonians 2:3 (ESV)

Reflection:

Believers must remain rooted in truth amid deception.

Day 18 – A Pure and Ready Bride

Scripture: Ephesians 5:25–27 (ESV)

Reflection:

Christ is sanctifying His church to present her holy and blameless.

Day 19 – The Blessed Hope

Scripture: Titus 2:11–13 (ESV)

Reflection:

Hope in Christ’s return motivates godly living.

Day 20 – Come, Lord Jesus

Scripture: Revelation 22:12, 20 (ESV)

Reflection:

The church’s cry is expectancy and readiness.

Day 21 – Commissioned Until He Comes

Scripture: Matthew 24:14 (ESV)

Reflection:

We are sent to proclaim the gospel until Christ returns.

Closing Prayer:

Lord, prepare our hearts, purify Your church, and keep us faithful until You come. Amen.