

## Psalm 46:1 (KJV)

---

God *is* our refuge  
and strength, A  
very present help  
in trouble.



GOD IS...

# Today's Teaching Outline

---

- I. Introduction w/ Scripture
- II. First Point of Interest - God Is
- III. Questions
- IV. Second Point of Interest – Our
- V. Third Point of Interest – Refuge and Strength
- VI. Fourth Point of Interest – A Very Present Help
- VII. Fifth Point of Interest – In Trouble
- VIII. Conclusion



A night sky with the Milky Way galaxy and dark mountain silhouettes. The text "GOD IS..." is centered in a white box.

GOD IS...





A hand is shown in the lower-left corner, reaching out towards the center. The background is a soft, out-of-focus sky with light clouds. The text is overlaid on the upper half of the image.

Psalm 78:41 New King James Version

*Yes, again and again they tempted God,  
And limited the Holy One of Israel.*

---



I AM THAT I AM

(אֶהְיֶה אֲשֶׁר אֶהְיֶה)

*(ehye 'ăšer 'ehye)*



## ROMANS 8:16–17

ROMANS

The Spirit itself beareth witness with our spirit, that we are the children of God: And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.



# REFUGE AND STRENGTH





**Psalm 9:9**

The LORD is a refuge for the oppressed, a stronghold in times of trouble.

**Deuteronomy 4:7**

For what nation is great enough to have a god as near to them as the LORD our God is to us whenever we call on Him?

**Psalm 59:16**

But I will sing of Your strength and proclaim Your loving devotion in the morning. For You are my fortress, my refuge in times of trouble.

**Psalm 31:4**

You free me from the net laid out for me, for You are my refuge.

A photograph of a snowy landscape at sunset. The sun is low on the horizon, casting a warm glow over the scene. The sky transitions from a deep orange near the horizon to a soft purple at the top. The snow in the foreground is covered in gentle ripples and shadows, reflecting the colors of the sky. In the distance, dark silhouettes of mountains are visible against the bright horizon. The text 'A VERY PRESENT HELP' is overlaid in the center of the image. 'A VERY PRESENT' is in a smaller, white, sans-serif font, while 'HELP' is in a much larger, bold, white, sans-serif font.

A VERY PRESENT  
HELP

