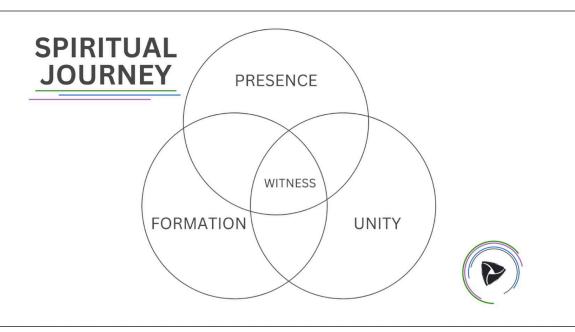


Sermon Discussion Guide 01.19.25 Message | Tyler Myers | Luke 9:23-26

Key Scripture (ESV):

And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will save it. For what does it profit a man if he gains the whole world and loses or forfeits himself? For whoever is ashamed of me and of my words, of him will the Son of Man be ashamed when he comes in his glory and the glory of the Father and of the holy angels."

- Luke 9:23-26



Message Highlights:

- 1. The axis of our spiritual formation is centered on Luke 9:23-26: denying self, taking up the cross and following Jesus daily.
- 2. Formation is a choice made through our daily practices, shaped by what or who we allow to influence us.
- 3. Identifying what forms us requires honesty, accountability and surrender to God.
- 4. Spiritual formation involves practicing the life-changing ways of Jesus, such as generosity, prayer and unity.
- 5. Waiting on God is not passive; it's an active preparation process where God shapes and refines us.

Conversation Starter:

What's one new hobby, practice, or habit you've started recently? How has it influenced your daily routine or mindset?



DISCUSS THE MESSAGE

- 1. Tyler mentioned that formation is a choice we make daily. How do your choices reflect this?
- 2. Why do you think Tyler emphasized the need for honesty in identifying what is forming us?
- 3. How do you interpret the idea that waiting on God is an active process?
- 4. What practical steps can you take to ensure that your influences align with the life-changing ways of Jesus?
- 5. How does the concept of burning the ships resonate with your journey of surrender?

THINK DEEPER (Does your group understand the passage?)

- 1. What does taking up your cross daily mean, and how does it impact your choices? (Luke 9:23)
- 2. Why is losing your life for Jesus' sake the pathway to saving it? (Luke 9:24)
- 3. Reflect on Luke 9:25. What areas in your life might you be gaining the world but losing yourself?
- 4. How do we combat being ashamed of Jesus and his words in today's culture? (Luke 9:26)
- 5. What do these verses reveal about the cost of discipleship and the reward that follows? (Luke 9:23-26)

THINK LIFE CHANGE (Does your group recognize the personal implications for them as individuals?)

- 1. What would it look like to integrate the practice of denying yourself into your daily routine?
- 2. What other influences do you prioritize over the Lord? What small steps can you take to prioritize following Jesus above other influences?
- 3. In what areas of your life is God calling you to greater honesty and surrender?

THINK ENGAGE (Does your group know how to apply the challenge?)

- 1. How can you use the practices of generosity, prayer and unity to impact your community?
- 2. What's a specific way you can help someone identify what is forming them?

THINK KINGDOM (Does your group understand the overarching Kingdom, that the work we do is bigger than ourselves?)

1. How does this sermon challenge your view of success and its eternal impact? What are some practical ways you can live this out?