How can someone live a life worthy of the Gospel (Philippians 1:27) without setting up man made rules to define what a worthy life looks like?

At times it appears that people in churches spend more time criticizing one another than they do standing together with one mind. Do you think Christians are their own worse enemy? Why or why not?

Do you think that Christianity is being opposed today? Why or why not?

How do you think Paul's command in 1:27, to stand firm in one spirit with one mind, could be applied in Grace Church?