GROUPS GUIDE



We value generations coming together to study the Word and help each other grow in their knowledge and love for Jesus. "

WELCOME

Welcome to our newly designed groups guide! My hope is that this guide will give you all the information you need to know to get plugged into a discipleship group this fall. We want everyone to be involved in a Sunday morning group as well as a midweek group or D-Group. There is a group for you! At Forest Hills, one of our core values is multigenerational worship and discipleship. We value generations coming together to study the Word and help each other grow in their knowledge and love for Jesus. We accomplish this through all of our groups at FHBC!

We have a full list of Sunday Morning Groups, Midweek Groups, and D-Groups! This guide is your go-to resource for all of our groups this fall semester! If you have any questions about any group, feel free to reach out—I'm here to help! We are excited to grow in the Lord alongside you this fall!

hongworth

MATT LONGWORTH

ASSOCIATE PASTOR OF DISCIPLESHIP



OUR MISSION

Forest Hills' mission is to glorify God by making Gospel-centered disciples who LOVE, GROW, SERVE, and GO.

SUNDAY MORNING GROUPS

Sunday Morning Groups are weekly groups that are designed to be centered on deep, thoughtful Bible teaching that encourages meaningful discussion and real-life application. They're a place where authentic relationships are built—where you'll find encouragement, connection, and care in every season of life. Whether you're new to faith or have been walking with Jesus for years, you'll find a group to belong and grow. All of our groups meet at 9:45am in various locations around the campus and are organized by age, gender, stage of life, and more.

MIDWEEK GROUPS

Midweek Groups meet seasonally and are designed to dive into specific topics and biblical truths that equip disciples to love, grow, serve, and go in their everyday lives. Each session is practical and rooted in God's Word—whether it's exploring a book of the Bible, strengthening different types of relationships, or learning how to live out your faith in today's world. These groups offer a short-term commitment and a great opportunity to grow in your understanding of Scripture while connecting with others. Our Midweek Groups offer something for every age!

D-GROUPS

D-Groups are intentional, 4-6 person gender-specific groups, dedicated to transformational growth through studying God's word, prayer, and accountability with the purpose of multiplying faithful disciples of Christ. Each group meets weekly or every other week for one year before multiplying into new groups. The format of a D-Group is not a teacher-student model, but a group discussion. Each group is encouraged to utilize the H.E.A.R. method in studying the Bible individually and use that as a guide for their discussion as they meet together.

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SCHEDULE

SUNDAY MORNINGS

8:30am Worship Services
Preschool Groups
9:45am Sunday Morning Groups
(All Ages)

11am Worship Service
Preschool Groups

WEDNESDAY MORNINGS

9:30am Women's Breakfast

10-11:30am Women's Bible Studies

WEDNESDAY EVENINGS

5-6pm Fellowship Meal
6-7:30pm Preschool Groups

Kid's Groups Student Groups

6-7:15pm Adult Groups

SUNDAY MORNING GROUPS

PRESCHOOL GROUPS	8:30AM
GROUPS	ROOM
Bears (Birth-Crawlers)	D105
Zebras (Walkers)	D102
Monkeys (2 Years)	D104
Cheetahs (3 Years-PreK)	D112
PRESCHOOL GROUPS	9:45AM
Baby Bears (Birth)	D105
Turtles (Crawlers)	D107
Zebras (Walkers)	D102
Monkeys (2 Years)	D104
Lions (3 Years)	D109
Cheetahs (4 Years-PreK)	D112
PRESCHOOL GROUPS	11AM
Bears (Birth-Crawlers)	D105
Zebras (Walkers)	D102
Monkeys (2 Years)	D104
Lions (3 Years)	D109
Cheetahs (4 Years-PreK)	D112

KID'S GROUPS 9:45AM	
GROUPS All kid's groups drop off in the Kids Rally Room.	ROOM
Kindergarten	D210
1st Grade	D209
2nd Grade	D208
3rd Grade	D205
4th/5th Grade Boys	D217
4th/5th Grade Girls	D215
STUDENT GROUPS 9:45	5AM
GROUPS All middle and high school groups are in the Student Cente	r. ROOM
6th/7th Grade Guys	SC202

GROUPS All middle and high school groups are in the Student Center.	ROOM
6th/7th Grade Guys	SC202
6th /7th Grade Girls	SC206
8th Grade Guys	SC203
8th Grade Girls	SC205
9th Grade Guys	SC225
9th/10th Grade Girls	SC224
10th/11th Grade Guys	SC223
11th Grade Girls	SC222
12th Grade Guys	SC221
12th Grade Girls	SC215

ADULT GROUPS | 9:45AM

COLLEGE & YOUNG ADULTS

GROUPS/LEADER	AGE RANGE	GROUP	ROOM
College Aged (Benny & Andi Hauk)	18 - 22	Coed	C101
Young Professionals 20s	20s	Coed	C100
Young Professionals 30s (Jake & Brittany Day)	30s	Coed	C207
Young Marrieds 1 (Gary & Brenda Hauk)	20s	Coed	C203
Young Marrieds 2 (Danny & Emily Briley)	20s - 30s	Coed	B112
Young Marrieds 3 (Emmitt & Heidi Beall)	30s	Coed	C205

Charlotte Young & Jean McCord (Ruth Class)

Nancy Turner

ADULT GROUPS | 9:45AM **MEDIAN ADULTS** GROUPS/LEADER AGE RANGE GROUP ROOM A. Cammuse, H. Elrod, M. Leslie 30s - 40s Coed A201 **Hagan Stone** 30s - 40s C204 Coed Rob Pautienus, Russell Tyree, Tommy White 30s - 40s C202 Coed **Rob Ivy (Building Faith & Family)** 40s - 50s Coed A202 **Ted Murphy, William Summey B211** 40s - 60s Coed **Bonnie Davis & Linda Hoss (Discovery)** 40s - 70s **B210** Women Larry & Pam Swift (Living Word) 40s - 70s C102 Coed Jerry Winfield (Grace Place) 40s - 70s Coed **Choir Suite B212 Jody Sadler** 50s - 60s Coed 50s - 60s **B214** Chris Brown, Ralph Hildabrand Coed A204 **Hugh & Jamie Inman** 50s - 60s Coed Nancy Dunn (Dear Daughters) 50s - 70s Women A200 **SENIOR ADULTS** Kenny Beam, Hugh Black, Jim Goodloe, Joe Hutts 60+ Coed C124 B217 Greg Gore, Mark Neal, Jim Woodbury 60+ Coed Morlee Maynard, Steve & Carol Smith (The Circle) 60+ Coed A203 **Richard Penney (Coles Memorial)** 60+ B114 Coed J. Tillman, T. Gleason, B. Sumners (Seekers) 60+ Coed B116 60+ A106 Pat Toth Women LaVerne Baugher 60+ Men A100 Larry Thrailkill 60+ Coed Chapel Paul White (Christ Alone) 60+ A103 Coed H. Clouse, B. Haynes, H. Miles, M. Sudeen (Brotherhood) 70+ Men B118

70+

70+

Women

Women

A104

B115

WEDNESDAY MORNINGS

WOMEN

9:30AM 10-11:30AM WOMEN'S BREAKFAST WOMEN'S BIBLE STUDY

Online registration is only required for childcare, but registration is preferred for everyone attending to assist in having enough resources and space. Register online at fhbc.org/women.

ROMANS/JAMES Nancy Dunn | A200

As we wrap up our study of Romans, take time to dig deeper into its powerful truths and what they mean for us today. We'll also begin our journey through the book of James, exploring its practical wisdom for daily living. (Aug. 13 – Nov. 12 | No Homework | Free)

SWEETER THAN HONEY

By Gretchen Saffles and Maggie Combs

Courtney Mize & Jenna Pautienus | C103

In Sweeter Than Honey, you'll explore three foundational principles to guide you each time you open Scripture: gather knowledge, digest the big ideas, and grow in godliness. As you embrace these principles, you'll embark on a challenging yet transformative journey, deepening your relationship with God through His Word. (Aug. 13–Sept. 24 | \$10)

INSIGHTFUL READING

Morlee Maynard | A203

Join us for caring and inspirational mornings as we dive into our Enrichment Center fictional and nonfictional books. These intergenerational discussions will be thought-provoking as we share spiritual truths found in the various books each of us selects. That's right, you select what you want to read at your own pace! (Aug. 13–Nov. 12 | Free)



GOD OF CREATION: GENESIS 1-11

By Jen Wilkin

Sheila Moss & Cornelia Leslie | B210

Dive into the first 11 chapters of Genesis with a study by Jen Wilkin following three critical stages of understanding: comprehension, interpretation, and application. Revisit familiar stories and historical figures, challenge your basic knowledge, and discover deeper meanings in the text. As God reveals Himself through Scripture, we can only begin to understand ourselves when we first glimpse at the character, attributes, and promises of our Creator. (Aug. 13–Oct. 22 | \$20)

JESUS IN ME

By Anne Graham Lotz

Bonnie Davis & Linda Hoss | C101

In the Jesus In Me Bible Study, Anne Graham Lotz provides a format for studying the Bible that will help you learn to listen for God's voice, know Him in an intimate relationship, and communicate with Him through His Word. (Aug. 13–Oct. 1 | \$13)

MIDWEEK GROUPS



THE KEY TO LIVING BY FAITH: HEBREWS **Jennifer Widmer | A105**

How do you live by faith when life is filled with so much struggle? Gain a deeper understanding of God's grace and provision through this inductive study of Hebrews. Learn to keep your focus on Jesus and rely on His faithfulness in all situations as you rest in the assurance that Jesus is our High Priest who makes intercession for all of God's children. (Aug. 13 - Nov. 12 | \$20)

FEARLESS MOMS

Elizabeth Webb & Molly Drew | C100

Do you want to be encouraged and fully equipped in your role as a mother? Are you looking for practical tools for everyday parenting? No matter where you are in your momjourney, Fearless Mom is a judgment-free zone where you can connect with other moms and become the mom God created you to be. (Sept. 3-Nov. 12 | No Homework | Free)



JONAH

Courtney Mize & Jenna Pautienus | C103

Through this study, you'll explore three foundational principles to guide you as you study the book of Jonah: gather knowledge, digest the big ideas, and grow in godliness. This message aligns beautifully with the theme of FHBC's Women's Ministry for the year—women being transformed by the entrusted Word of God. As you embrace these principles, you'll embark on a challenging yet transformative journey, deepening your relationship with God through His Word. (Oct. 1-Nov. 5 | Free)

FINDING HOPE WHEN LIFE SEEMS DARK **Bonnie Davis & Linda Hoss | C101**

This study guides you through the books of Hosea, Micah, Nahum, Habakkuk, and Zephaniah to uncover timeless truths about God's justice, mercy, and faithfulness. Through this study, you'll see how hope can rise even in the midst of judgment, fear, and uncertainty. (Oct. 15 - Nov. 12 | \$8)



Registration is not required, but it helps us to prepare materials ahead of time.

Scan the QR code to register for a group!

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WEDNESDAY EVENINGS

FELLOWSHIP MEAL

5-6pm | Fellowship Hall

\$7 Adults/Students, \$5 for Children ages 4-12, College Students and Children 3 and under are Free (Family Maximum of \$25)

View weekly menu at fhbc.org/wednesdays



PRESCHOOL

6-7:30pm | Preschool Hall

On Wednesday nights, preschoolers enjoy Wiggle Worship, fun playtime, and engaging Bible lessons that teach foundational truths and help plant seeds of the gospel in their hearts.

Learn more at fhbc.org/preschool



KIDS (K-5th Grade)

6-7:30pm | Kids Rally Room

Wednesday nights are the place to be for Kindergarten through 5th grade! Kindergarten-2nd graders will have a blast in Club K-2, where they'll enjoy an exciting classroom experience filled with Bible lessons, games, and crafts. Their night wraps up with high-energy worship and fun in Kids JAM in the Kids Rally Room!

3rd–5th graders meet in Studio 3.4.5 in the Kids Rally Room for large group fun—games, worship, and a dynamic Bible lesson—before transitioning into Track Time, where they participate in a specialized class of their choice for the entire semester! Tracks include Praise Team, Drama Team, Art & Cartooning, Percussion, and Tech.

Learn more at fhbc.org/kids



STUDENTS (6th-12th Grade)

6-7:30pm | Student Center

A gathering of middle school and high school students filled with conversations and games, high energy worship and scripture focused study—all while making friends and building lifelong relationships.

Learn more at fhbc.org/students



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MIDWEEK GROUPS



ISAIAH: FACE TO FACE WITH A HOLY GOD (PART 3)

By Kay Arthur & Pete De Lacy

Shawn Lantz | A200

Discover how you, like Isaiah, can stand strong in the face of attack, persevere in a faithful walk with God, and claim the tremendous promises He has provided. Learn to observe and interpret the prophet's message and apply it to your life from Kay Arthur Precepts.

(Aug. 13 – Nov. 12 | Homework | \$10*) *If you are joining in for part 3

REVELATION (PART 1) Andi Hauk | 6-7:15pm | C101

Perhaps no other book of the Bible feels as inaccessible and as intimidating to us as the very last one. In this study, Jen Wilkin helps you discover how the last book of the Bible—the culmination of God's great story—speaks both a steadying word of assurance and a strong call to endure to the church in every age. This study will be divided into two semesters. (Aug. 13–Oct. 1 | Homework | \$20)

REFLECTIONS FOR WOMEN

Morlee Maynard | 6-7:15pm | Room A203

Join us for inspirational evenings as we dive into our Enrichment Center fictional and nonfictional books. These intergenerational discussions will be thought-provoking and help us reflect on spiritual truths we find each week in the various books each of us selects. That's right, you select what you want to read at your own pace. Zoom Available by emailing enrichment.center@fhbc.org. (Aug. 13 – Oct. 1 | Free)



THE BEATITUDES

By Charles Spurgeon

Various Leaders | 6-7:15pm | C202

The Beatitudes by Charles Spurgeon offers a rich and devotional look at Jesus' Sermon on the Mount. With his signature clarity and passion, Spurgeon unpacks each blessing, bringing timeless truth to life. This short yet powerful book will encourage, challenge, and deepen your faith as you explore what it means to live a life shaped by the values of God's Kingdom. (Aug. 13 – Oct. 1 | Cost: \$12)

IRON SHARPENS IRON

Travis Walters | 6-7:15pm | A202

Join us Wednesday evenings this fall for intergenerational discussions among men of FHBC, conversations centered on different fictional and nonfictional books that each of us choose on our own. Whether you read through one book or several, our time together will be one of accountability, introspection, encouragement, and spiritual growth as we each share how God is speaking to us through what we're reading. (Aug. 13–Oct. 1 | Free)



Scan the QR code to register for a group!

Registration is not required, but it helps us to prepare materials ahead of time.

CO-ED

Tracks help give focus and strategy to our adult discipleship groups on Wednesday evenings. Our hope is that they provide clarity and direction when trying to choose a group!

BIBLICAL STUDIES & THEOLOGY TRACK

ECCLESIASTES

Austin Wouters | 6-7:15pm | C203

Have you ever wondered what the point of it all is? Or why being content in life can be so elusive? If life feels like a constant cycle of working and searching for meaning, you're not alone—and you're not the first. The book of Ecclesiastes is a raw exploration of life's biggest questions, written by someone who had everything, but found fulfilment when he was willing to give it all away. Join us for an 8-week Bible study where we'll walk through this surprising book together. Through honest reflection and timeless wisdom, we'll discover how God brings purpose to every aspect of life and death. (Aug. 13 – Oct. 1 | Free)

CHRISTIAN LIVING TRACK

7 REALITIES FOR EXPERIENCING GOD

By Henry & Richard Blackaby

John Fielden | 6-7:15pm | Chapel

Seven Realities For Experiencing God examines seven scriptural realities—those Moses experienced in Exodus 3—that teach believers how to develop an obedient love relationship with God. This eight-session study overviews the seven realities and then, session by session, explores truths like "God is always at work around you" to introduce a biblical pattern by which God reveals His will so that believers can join His activity in the world. (Aug. 13–Oct. 1 | \$10)

TOGETHER - ACTS 2 STUDY

By Ben Mandrell

Gary Hauk, Benny Hauk, & Jennifer Dial | 6-7:15pm | C100

The first generation of believers embraced the idea of "church" in a way that impacted every aspect of their lives and empowered the gospel to spread far and wide. This 8-week Bible study invites us to challenge our distinctions between "Sunday Church" and the rest of our lives, to go all in with our faith and commitment to church community, and to live the truly dynamic, impactful life God has always intended for Christians to live. (Aug. 13–Oct. 1 | \$10)



MARRIAGE & FAMILY TRACK

HOMEGROWN: CULTIVATING KIDS IN THE FRUIT OF THE SPIRIT

By Dr. Josh & Christi Straub

Gerry & Donna Lewis and Spencer & Lauren Dalman 6-7:15pm | C204

As parents, we want to raise children who know God, love Him, and share His love with the world. But raising kids who live out such faith is less about our own parenting skills and more about God's power. When the Holy Spirit lives through us, we model the fruit of the Spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control—for our children. In this 8-week study, discover the fruit of the Spirit in the context of your parenting, learn how to cultivate growth in your children, and explore practical ways to live out the fruit of the Spirit together. (Aug. 13–Oct. 1 | \$20/couple)

MISSIONS & EVANGELISM TRACK

SHARING JESUS WITHOUT FREAKING OUT

By D. Scott Hildreth & Steven A. McKinion

Micah Stephens & Esther Zhu | 6-7:15pm | C103

Talking about Jesus doesn't have to be awkward, intimidating, or forced. Sharing Jesus Without Freaking Out is a practical and encouraging study that helps everyday believers feel confident and equipped to have real conversations about their faith—without pressure or fear. Over the course of 8 weeks, we'll discover how evangelism isn't about having all the right answers, but about being yourself and letting God work through honest relationships. If you've ever felt nervous or unsure about sharing your faith, this study is for you. (Aug. 13–Oct. 1 | \$12)



FRIDAY MEN'S GROUP

Fridays | 6-7:30am | Fellowship Hall

Join other men every Friday morning for Bible study and breakfast around tables in the Fellowship Hall. This is a great opportunity to join an ongoing midweek group to fellowship with and meet other men at Forest Hills.

JOHN 14-17
August 15 - September 12
Led by Maurice Painter

PHILIPPIANS
September 19 - October 17
Led by Jerry Winfield

COMMANDS OF CHRIST October 24 - November 21 Led by Ronnie Smith

GRIEFSHARE

LaVerne Baugher & Barbara Gibson Sundays | August 10 - November 9 | 3-5pm | C101

You don't have to go through the grieving process alone. GriefShare is a free, 14-week support group designed to help you live life after losing a loved one. You'll find a caring group of people who will walk alongside you through life's most difficult experiences.

Learn more and register at fhbc.org/care

YOUNG ADULT COMMUNITY GROUP

Sundays | 6-8pm | Offsite

Singles and married couples are invited to join us for free, weekly dinner followed by games and Bible study.

Learn more at fhbc.org/youngadults

ADULT CHOIR REHEARSAL

Scott Shepherd

Wednesdays | 7:15pm | Choir Room

As an act of worship, the Sanctuary choir supports our church's efforts to glorify God by making Gospelcentered disciples who love, grow, serve, and go. As the choir prepares each week, participants have the opportunity to be discipled through the worship songs they learn and sing.



D-GROUPS

Are you longing to grow deeper in God's Word while building meaningful connections and accountability with others? Consider starting or joining a D-Group a small, gender-specific intentional gathering of 4-6 people who meet weekly to study Scripture, pray, and encourage one another in living out the Gospel. Using FHBC's Bible reading plan (or any other), these groups are designed to help you grow spiritually and multiply your impact by making disciples. Whether you meet at home, in a coffee shop, or at church, the goal is the same: transformational growth through God's Word, community, and intentional discipleship. These groups meet for one year and then multiply to make new groups. Ready to take a step of faith and start your journey? Register your group today and be part of what God is doing!



Scan the QR code to register for a D-Group!



Being in a D-Group has broadened my understanding of God's Word and has enriched my faith journey alongside other men at FHBC.

DENNIS KARBOWSKI DEACON





UPCOMING EVENTS

PRESCHOOL MINISTRY

PRESCHOOL PLAYDAYS

Aug. 18, Sept. 22, Oct. 20, Nov. 17, Dec. 8 Learn more at fhbc.org/preschool

KIDS MINISTRY

MOTHER/SON NERF NIGHT

September 18 | 6-8pm

MOTHER/DAUGHTER CHRISTMAS COOKIE EXTRAVAGANZA

December 13 | 10am-12pm

STUDENT MINISTRY

BACK TO SCHOOL WEEKEND

August 23-24

WINTER RETREAT

JANUARY 17-19 | Pigeon Forge

COLLEGE MINISTRY

CROSS CON. 2026

January | Louisville, KY

YOUNG ADULT MINISTRY

FALL RETREAT

October 17-19

WOMENS MINISTRY

IN THE WORD WITH JEN WILKIN

September 26-27

Brentwood Baptist Church

SENIOR ADULT MINISTRY

DINNER & BINGO NIGHT

September 4 | 5-8pm

THE BOOK OF OCTOBER 15 - NOVEMBER 12 MEN: C100 Suite | WOMEN: C200 Suite | Free Join us these five Wednesdays as men and women will gather around tables for Bible study and discipleship groups diving into the book of Malachi. We will have a large group study time led by a leader and then have deeper discussion in smaller table groups. This is a great way to meet other men and women at Forest Hills in a multigenerational environment.



IN THE WORD WITH JEN WILKIN

Worship with Sandra McCracken

September 26-27 | \$70 | Brentwood Baptist Church

Join Jen for In the Word—an event where you'll delve deeply into the timeless wisdom of Scripture to learn to live God's way in God's world. At In The Word, you'll be enriched through thought-provoking Bible teaching and worship. Learn tools to study Scripture for yourself as you discover how the pursuit of godly wisdom yields life and peace.

REGISTER AT FHBC.ORG/WOMEN



TRUNK OR TREAT

October 26

Save the date for our annual Trunk or Treat! Join us for an afternoon of free family fun for everyone! We will have games, activities, and candy for all families and kids to enjoy! Come, wear your costume, invite friends, and make lasting memories!



GO MISSIONS CELEBRATION

February 21-22, 2026

Save the date for our annual GO Missions Celebration! It's a special time when our church gathers with our partners from around the world for a powerful weekend of celebration, worship, and prayer!



