



## MESSAGE NOTES & SMALL GROUP DISCUSSION GUIDE WEEK 5 – PRAYER

### PRINCIPLES ABOUT PRAYER

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- We are \_\_\_\_\_ to pray

*<sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

– **Philippians 4:6-7 NIV**

- The \_\_\_\_\_ us pray

*<sup>26</sup>In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us through wordless groans. <sup>27</sup>And He who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.*

– **Romans 8:26-27 NIV**

- Praying for one another is \_\_\_\_\_ for the \_\_\_\_\_ of the \_\_\_\_\_

**Key Question:** \_\_\_\_\_ *should I pray?*

### ACTION STEPS

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1. **Acknowledge that Jesus is your** \_\_\_\_\_

*<sup>14</sup>Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. <sup>15</sup>For we do not have a high priest who is unable to empathize with our weaknesses, but we have One who has been tempted in every way, just as we are—yet He did not sin. <sup>16</sup>Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.*

– **Hebrews 4:14-16 NIV**

2. \_\_\_\_\_ pray \_\_\_\_\_

<sup>11</sup>*Give us today our daily bread.*

– Matthew 6:11 NIV

<sup>17</sup>*Pray continually.*

– 1 Thessalonians 5:17 NIV

3. \_\_\_\_\_ that God wants to \_\_\_\_\_ from you

*Cast all your anxiety on Him because He cares for you.*

– 1 Peter 5:7 NIV

4. Take time to \_\_\_\_\_ your \_\_\_\_\_

<sup>9</sup>*If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

– 1 John 1:9 NIV

<sup>12</sup>*Forgive us our debts.*

– Matthew 6:12 NIV

5. Approach prayer as a discipline that \_\_\_\_\_ your \_\_\_\_\_ with the  
\_\_\_\_\_ of \_\_\_\_\_

<sup>10</sup>*Your kingdom come, Your will be done, on earth as it is in heaven.*

– Matthew 6:10 NIV

<sup>39</sup>*Going a little farther, He fell with His face to the ground and prayed, “My Father, if it is possible, may this cup be taken from Me. Yet not as I will, but as You will.”... <sup>42</sup>He went away a second time and prayed, “My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done.”*

– Matthew 26:39, 42 NIV

## ADDITIONAL NOTES

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## **DIGGING DEEPER**

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1. Why do many Christians struggle with prayer?
2. What is the purpose of prayer? Why do we need prayer?
3. Which of the action steps have you practiced?
4. Which of the action steps do you need to practice?
5. Why is it significant that God wants to hear from you?
6. What keeps you from consistently praying?
7. What does it mean that Jesus is our Intercessor?
8. Why is this significant when we pray?
9. What does it mean that the Holy Spirit helps us pray?
10. How can this free us from the burden of praying the wrong way or for the wrong things?
11. Why is humility important when we pray?
12. What would help you be more consistent in prayer?