


Lincoln Elementary

Lunch Menu

Fruit and Vegetable Bar Offered Daily

March
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Good Food = Good Mood!!</p>	<p>① Ham, Egg, Cheese on English Muffin Soft Beef Tacos Honey Mustard Ham Wrap</p> <p>Roasted Broccoli Salsa Pineapple Tidbits Fresh Pear</p>	<p>② Beef Chili Cornbread Bowl Crispy Chicken Sandwich Cravin Craisin Salad</p> <p>Potato Wedges Cucumber Slices Applesauce Fresh Pear</p>	<p>③ Grilled Cheese Sandwich Tomato Soup Cravin Craisin Salad</p> <p>Steamed Carrots Cucumber Slices Diced Peaches Fresh Pear</p>
<p>⑥ Shrimp Poppers Macaroni & Cheese Cheeseburger on a Bun Southwest Chicken Salad</p> <p>Coleslaw Cherry Tomato Diced Peaches Fresh Apple</p>	<p>⑦ Beef Hot Dog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Baked Beans Cherry Tomato Mixed Canned Fruit Fresh Apple M&M Cookie</p>	<p>⑧ Orange Chicken Brown Rice Choice of Nachos or Tacos Southwest Chicken Salad</p> <p>Steamed Carrots Cherry Tomato Pineapple Tidbits Fresh Apple</p>	<p>⑨ Pasta with Meat Sauce Garlic Toast Crispy Chicken Sandwich NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie</p> <p>Potato Wedges Cherry Tomato Applesauce Fresh Apple</p>	<p>⑩ Pancakes Scrambled Egg Southwest Chicken Salad</p> <p>Roasted Broccoli Cherry Tomato Diced Peaches Fresh Apple</p>
<p>⑬ Spring Break</p>	<p>⑭ Spring Break</p>	<p>⑮ Spring Break</p>	<p>⑯ Spring Break</p>	<p>⑰ Spring Break</p>
<p>⑳ BBQ Pulled Pork or Chicken in Cornbread Bowl Cheeseburger on a Bun Chicken Caesar Salad</p> <p>Black Beans Red/Orange Bell Pepper Diced Peaches Fresh Orange</p>	<p>㉑ Lasagna Rollup with Sauce Garlic Breadstick Crispy Chicken Nuggets Whole Grain Dinner Roll Buffalo Chicken Wrap</p> <p>Roasted Broccoli Red/Orange Bell Pepper Fresh Mixed Fruit Fresh Orange</p>	<p>㉒ Macaroni & Cheese Whole Grain Dinner Roll Soft Beef Tacos Chicken Caesar Salad</p> <p>Roasted Corn Red/Orange Bell Pepper Pineapple Tidbits Fresh Orange</p>	<p>㉓ Shrimp Poppers Cheesy Garlic Toast Crispy Chicken Sandwich Buffalo Chicken Wrap</p> <p>Coleslaw Red/Orange Bell Pepper Applesauce Fresh Orange</p>	<p>㉔ Cheesy Broccoli Bites Cinnamon Roll Choice of Pizza Chicken Caesar Salad</p> <p>Steamed Carrots Red/Orange Bell Pepper Diced Peaches Fresh Orange</p>
<p>㉗ Chicken Bacon Alfredo Flatbread Cheeseburger on a Bun Turkey BLT Wrap</p> <p>Green Beans Cherry Tomato Diced Peaches Fresh Grapes</p>	<p>㉘ BBQ Rib Sandwich Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Salad</p> <p>Steamed Corn Cherry Tomato Fresh Mixed Fruit Fresh Grapes</p>	<p>㉙ Beefy Nachos w/Homemade Cheese Sauce Turkey BLT Wrap</p> <p>Refried Beans Cherry Tomato Pineapple Tidbits Fresh Grapes</p>	<p>㉚ Pasta with Meatballs & Sauce Bread Stick Crispy Chicken Sandwich Crispy Chicken Salad</p> <p>Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes</p>	<p>㉛ French Toast Sticks Scrambled Egg Choice of Pizza Turkey BLT Wrap</p> <p>Steamed Carrots Cherry Tomato Diced Peaches Fresh Grapes</p>

PRICES

Regular	\$2.70
Reduced	\$0.40
Adult	\$4.20

EXTRA INFO


Milk choice of 1% or FF chocolate available.
For questions/comments, please contact your FSD at
641-257-6505 ext 2316 or email
taher@charles-city.k12.ia.us

HARVEST OF



THE MONTH

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