


Charles City Schools Breakfast

Start your day off right
with a healthy breakfast!!

March
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Eat Breakfast and feel EGG-cellent!!</p>	<p>1 Plain Long John</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>2 Breakfast Bowl</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>3 Mini Eggo Waffles</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>6 Mini Pancakes</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>7 Blueberry Loaf Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>8 Coffee Cake</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>9 Blueberry Breakfast Bark</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>10 Breakfast Burrito</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>13 Spring Break</p>	<p>14 Spring Break</p>	<p>15 Spring Break</p>	<p>16 Spring Break</p>	<p>17 Spring Break</p>
<p>20 Mini Pancakes</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>21 Breakfast Sandwich</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>22 Sausage Breakfast Pizza</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>23 Cinnamon Roll</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>24 Biscuits & Gravy</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>27 Brekke</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>28 Chocolate Chip Muffin Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>29 Plain Long John</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>30 Breakfast Bowl</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>31 Mini Eggo Waffles</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>

PRICES

Regular	\$1.50
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Reduced	\$.30
Adult	\$2.00

EXTRA INFO

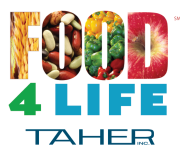
Milk choice of 1% or ff chocolate available.
For questions/comments, please contact your FSD
at 641-257-6505 ext 2316 or
email taher@charles-city.k12.ia.us

HARVEST OF



THE MONTH

Menus and nutrition
our app
Taher Food4Life®



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