



Date: December 14, 2025
Title: Joy

¹Be careful to follow every command I am giving you today, so that you may live and increase and may enter and possess the land the Lord promised on oath to your ancestors.²Remember how the Lord your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands. ³He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord. Deuteronomy 8:1-3

⁸And a highway will be there; it will be called the Way of Holiness; it will be for those who walk on that Way. The unclean will not journey on it; wicked fools will not go about on it. ⁹No lion will be there, nor any ravenous beast; they will not be found there. But only the redeemed will walk there, ¹⁰and those the Lord has rescued will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away. Isaiah 35:8-10

⁵Thomas said to him, "Lord, we don't know where you are going, so how can we know the way?" ⁶Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me. ⁷If you really know me, you will know my Father as well. From now on, you do know him and have seen him." John 14:5-6

First Sunday of Advent – Hope Practices:

- Prayer
- Fasting
- Generosity

Second Sunday of Advent – Peace Practices:

- Stillness
- Sabbath
- Reflection

Third Sunday of Advent – Joy Practices:

- **Repentance**
- **Renewal**
- **Feasting**