

Responding in Wisdom: The Life of Abigail

Session 1



David

1. David was treated poorly by a _____ man.
2. David responds by trying to take _____ into his hands.
3. David is prevented from _____ by Abigail's intervention.
4. David is vindicated by God's _____.

Abigail

1. Abigail has the right _____ of her problem.
2. Abigail has the right _____ of wisdom.
3. Abigail has the right _____ of faith.
4. Abigail receives the right _____ from God.



Personal Reflection Questions



Take a quiet moment to reflect on what the Holy Spirit impressed on your heart from God's Word. Respond to each question thoughtfully, and use the space provided to record your thoughts, prayers or insights.

1. What challenges are you walking through right now? Have you placed them fully in the Lord's hands through prayer?

(Write down your current struggles. Take time to pray and give them to God instead of trying to carry them on your own.)

2. How are you seeking to grow in wisdom day by day?

(List practical steps you are taking to grow spiritually. Are there habits or practices you could add or strengthen?)

3. When you feel mistreated, is your first response anger, or are you learning to respond with the Lord's grace?

(Reflect on a recent situation where you were hurt. How could responding with grace have changed the outcome?)

4. Do you seek the right timing before discussing difficult matters (with others- or with your husband if married)?

(Consider recent conversations. Did you speak too soon, too late or at the right moment? What might you do differently next time?)





5. Are you quick to pursue peace and make things right when needed?

(Are there any relationships that need reconciliation?

How can you take a first step toward peace?)

6. Do your words help others remember who they are in Christ and who God is?

(Think about your conversations this week. Did your words point others to Christ or to yourself?)

7. Are your conversations filled with encouragement and grace that build others up?

(Write one or two ways you could intentionally speak words of encouragement this week.)

8. How does receiving the reward of God's presence encourage you?

(Look up the following verses and use one or two of them in prayer to God:

1 Chronicles 16:10-11, Psalm 145:18, Hebrews 11:6, James 4:8)



Walking in Wisdom

Session 2



Ephesians 5:15-16

“Look carefully then how you walk, not as unwise but as wise, making the best use of the time because the days are evil.”

Explanation:

Applications:

1. _____ yourself in God’s Word.
2. Be _____ with the Holy Spirit.
3. Lift your heart in _____.
4. _____ gratitude
5. Live in humble _____.



Personal Reflection Questions



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Ephesians 5:15-16

"Look carefully then how you walk, not as unwise, but as wise, making the best use of the time, because the days are evil."

- In your own words, how would you describe your current season of life?
- What limits do you see in this season? (Ex: mothers—time with children before they leave home; single or older women—unique time limits you're facing.)
- What are some ways the Holy Spirit, through His Word, is pressing on you to make the best use of your time?

Ephesians 5:17

"Do not be foolish, but understand what the will of the Lord is."

- How are you grounding yourself in God's Word in this season?
- Is there a way you can be more intentional in your pursuit of time in the Word?





Ephesians 5:18

***“And do not get drunk with wine, for that is debauchery,
but be filled with the Spirit.”***

- Is there a “do not” that the Holy Spirit is impressing on your heart right now?
- How can you daily ask the Lord to fill you with His Spirit and give you the strength to walk in His ways instead of your own strength?

Ephesians 5:19

***“Addressing one another in psalms and hymns and spiritual songs,
singing and making melody to the Lord with your heart.”***

- Worship involves surrendering your will to a sovereign God. Is there an area of your life you need to surrender to Him?
- What would it look like for you to give this area fully to the Lord as an act of worship?





Ephesians 5:20

***“Giving thanks always and for everything to God the Father
in the name of our Lord Jesus Christ.”***

- Is there a situation in your life that feels impossible to give thanks for?
- How can you take a step of faith to thank God for it anyway, trusting Him to bear fruit in your life through it?

Ephesians 5:21-24

***“Submitting to one another out of reverence for Christ.
Wives, submit to your own husbands, as to the Lord...”***

- Is there an area of your life where you need to walk in humble submission to the Lord?
- If you are married, what is one practical way you can better submit to your husband as to the Lord?

