

-A STUDY OF THE BEATITUDES-

# Blessed

*is the One*

| MATTHEW 5:1-12 |



# Overview of the Gospels

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- 4 Gospels

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- John
  - Organized his gospel around 7 signs
  - Purpose was to display Jesus' deity.

# The Synoptic Gospels

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  - Provide a reliable, orderly account of Jesus' life, so that we may have certainty
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- Matthew
  - Jewish audience
  - Purpose was to demonstrate that Jesus of Nazareth was the fulfillment of Old Testament prophecy of the promised messiah.

# Gospel of Matthew Recap

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- Chapter 1:1-17
  - “The book of the Genealogy of Jesus Christ, the Son of David, the Son of Abraham” - 1:1
    - Matthew’s point: Jesus is the promised seed – Genesis 3:15, Numbers 24:17, 2 Samuel 7:12-16

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- Chapter 1:18-2:23
  - Birth of the promised seed
    - 2:13 – the return of the enemy of the promised seed – Isaiah 7:14, Isaiah 11:1, Isaiah 53:3, Micah 5:2, Hosea 11:1, Jeremiah 31:15

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- Chapter 3
  - The forerunner of the promised seed
    - John the Baptist prepares the way – Isaiah 40:3-5, Malachi 3:1, Malachi 4:5-6

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- Chapter 4
  - Jesus goes out into the wilderness
    - His ministry – Isaiah 9:2-1, Isaiah 35:5-6, Isaiah 42:1-4, Isaiah 49:6

# Gospel of Matthew Recap

- Chapter 4
  - Jesus goes out into the wilderness
    - His ministry – Isaiah 9:2-1, Isaiah 35:5-6, Isaiah 42:1-4, Isaiah 49:6
- Chapter 5
  - The Sermon on the Mount
    - His teaching – Deuteronomy 18:15-19, Psalm 78:2, Isaiah 61:1-2, Isaiah 42:1-4, Isaiah 9:6

# Matthew Chapter 5

## *Sermon on the Mount*

- Longest discourse recorded in the Gospels
- Lesson in Christian ethics
- Matthew 5:1-12 - The Beatitudes

# Matthew 5:1-7

- 1 Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him.
- 2 And he opened his mouth and taught them, saying:
- 3 “Blessed *are* the poor in spirit, for theirs is the kingdom of heaven.”
- 4 “Blessed *are* those who mourn, for they shall be comforted.”
- 5 “Blessed *are* the gentle, for they shall inherit the earth.”
- 6 “Blessed *are* those who hunger and thirst for righteousness, for they shall be satisfied.”
- 7 “Blessed *are* the merciful, for they shall receive mercy.”

# Matthew 5:8-12

8 “Blessed *are* the pure in heart, for they shall see God.”

9 “Blessed *are* the peacemakers, for they shall be called sons of God.”

10 “Blessed *are* those who have been persecuted for the sake of righteousness, for theirs is the kingdom of heaven.”

11 “Blessed *are* you when people insult you and persecute you and falsely say all kinds of evil against you because of me.”

12 “Rejoice and be glad, for your reward in heaven is great; for in the same way they persecuted the prophets who were before you.”


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# “Blessed”

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Peggy [redacted] · 14h X  
Always love watching my grandson’s baseball games. Being a grandma is the best. #Baseball #Grandma #Blessed 🏈 🗣️ ❤️ 🙏

 peepaw [redacted] X.com  
my first period class is cancelled tomorrow #blessed

Jayden [redacted] [redacted] · 1d X  
Grateful and blessed to have made it through another school year. [redacted]  
[redacted] #Blessed #Work #grind #Senior

Jeff [redacted] · 14h X  
Just received two academic award nominations. #blessed

George [redacted] · 6/24/24 X  
Dear God,  
Thank you for today.  
Thank you for my health  
Thank you for the food & water  
Thank you for prosperity.  
Thank you for everything.  
#MondayVibes #blessedMonday

# Blessed – How it is used...

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“...Jesus gives us eight “Beatitudes” to express the quality that abides in the life of His people. Notice that in each case the word “are” is in italics, showing that it does not appear in the Greek text. So *Makarios* is an absolute; it is an unchangeable condition...an abiding and progressive condition in one person in eight different types of experiences.”

– An Exposition of the Four Gospels: Matthew by Herschel H. Hobbs

# Blessed – What does it mean biblically? **Blessed** *is the One*

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- Why?
- Because true Christians cling to and rejoice in their blessed state of being reconciled to God, now and forever.
- Blessed: a state of unshakeable, deep, divine favor.

# Matthew 5:1-4

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## Exodus 24:12

“The Lord said to Moses, “come up to me on the mountain and wait there, that I may give you the tablets of stone, with the law and the commandment, which I have written for their instruction.”

# Thomas Watson

Christ preached this sermon, which was an exposition of the law, upon a mountain, because upon a *mountain* the law was given; and this was also solemn promulgation of the Christian law. But observe the difference: when *the law was given*, the Lord *came down* upon the *mountain*; now the Lord *went up*: then, he spoke *in thunder and lightning*; now, *in a still small voice*: then the people were ordered to keep their distance; now they are invited to draw near: a blessed change!

-Watson, The Beatitudes: An Exposition Matthew 5:1-12

# Matthew 5:3

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## Billy Graham “My Answer”

Q: What does it mean to be poor in spirit, as Jesus said we ought to be? I don't understand this, because it seems to me that we ought to strive to be rich in spirit, not poor. Or am I missing the point?

# Matthew 5:3

- “Blessed are the poor (*ptóchos*) in spirit, for they shall inherit the kingdom of heaven.”
  - Shouldn't we strive for spiritual riches?
    - Matthew 6:19-21 – “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will also be”

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  - *Ptochos*: Destitute. To describe absolute, abject poverty where someone is utterly dependent on others for survival.
  - Ptochos is the same word used to describe the beggar Lazarus in Luke 16:20.

# Commentary on Matthew 5 - Matthew Henry

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It is to be humble and lowly in our own eyes. To be *poor in spirit*, is to think meanly of ourselves, of what we are, and have, and do; the poor are often taken in the Old Testament for the humble and self-denying, as opposed to those that are at ease, and the proud; it is to be as little children in our opinion of ourselves, weak, foolish, and insignificant, Laodicea was *poor in spirituals*, wretchedly and miserably poor, and yet *rich in spirit*, so well increased with goods, as to *have need of nothing*. On the other hand, Paul was rich in *spirituals*, excelling most in gifts and graces, and yet *poor in spirit, the least of the apostles*, less than the least of all saints, and *nothing* in his own account. **It is to look with a holy contempt upon ourselves, to value others and undervalue ourselves in comparison of them. It is to be willing to make ourselves cheap, and mean, and little, to do good; to become all things to all men.** It is to acknowledge that God is great, and we are mean; that he is holy and we are sinful; that he is all and we are nothing, less than nothing, worse than nothing; and to humble ourselves before him, and under his mighty hand.

# Ephesians 2:1-3

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“And you were dead in the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience – among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind.”

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# Ephesians 2:11-12

“Therefore remember that at one time you Gentiles in the flesh, called “the uncircumcision” by what is called the circumcision, which is made in the flesh by hands – remember that you were at that time separated from Christ, alienated from the commonwealth of Israel and strangers to the covenants of promise, having no hope and without God in the world.”

# To be poor in spirit is...

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- To have my eyes opened to the reality that I have sinned against a holy and just God
- To know that within myself there is nothing to justify me before God and I need someone to deliver me
- To know that I need grace, not justice

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“Poor in spirit” describes the condition known in theology as conviction of sin. Jesus says that only such a person can become a citizen of the kingdom of heaven.”

– Hobbs, An exposition of the Four Gospels: Matthew

What would be the proper response for someone who is “poor in spirit”?

What would be the proper response for someone who is “poor in spirit”?

**They would mourn**

# Matthew 5:4

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- “Blessed are those who mourn, for they shall be comforted.”

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- **“Blessed are those who mourn, for they shall be comforted.”**

## Romans 7:15-20

*“For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree with the law, that it is good. So now it is no longer I who do it, but sin that dwells within me. For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing. Now if I do what I do not want, it is not longer I who do it, but sin that dwells within me.”*

So, being poor in spirit allows us to humble ourselves before God as we mourn our fallen state...And God always responds to those who cry out

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## Psalm 34:17-18

When the righteous cry for help, the LORD hears and delivers them out of all their troubles. The LORD is near to the brokenhearted

## Psalm 116:1-2

I love the LORD, because he has heard my voice and my pleas for mercy. Because he inclined his ear to me, therefore I will call on him as long as I live.

So, being poor in spirit allows us to humble ourselves before God as we mourn our fallen state...And God always responds to those who cry out

## Ephesians 2:4-7

But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ. By grace you have been saved – and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.

# Matthew 5:3-4

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“It is not ‘blessed shall be’, but ‘blessed are’. There is not one step in the whole divine experience of the believer, not one link in the wonderful chain of grace, in which there is a withdrawal of the divine smile or an absence of real happiness. Blessed is the first moment of the Christian life on earth, and blessed is the last.” – Spurgeon, Spurgeon's Sermons on the Sermon on the Mount

# Blessed is the one who...

...has humbled themselves before God

...mourns over their spiritual poverty and cries out to God

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...has humbled themselves before God

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**You will be comforted,  
And yours is the Kingdom of Heaven**