



Coming up at MLCC:

Seniors Ministry Coffee Klatch
July 13th 10am

Interns & Seniors Ministry
BBQ & Bingo
July 15th 12-2pm

Vacation Bible School
July 20th- 23rd
Scan to register



MLCC NIGHT AT THE
WATERPARK
July 23rd 8-10pm

Women's Ministry Brunch
August 8th 10am-12pm
Signup at Connections Center

Baptism Class
August 23rd 11am

Women's Fitness
Mondays & Thursdays 10am

Youth Ministry
Junior High Youth
Wednesdays 6-8pm
(Doors open at 5:30)
High School Youth
Sundays 6-8pm
(Doors open at 5:30)

Sermon Notes - July 12th, 2026

Evening and Morning: A Rhythm of Trust and Mercy

Series: Summer in the Psalms: Praying Jesus' Prayer Book #3

Speaker: John Roberts

Text: Psalm 4 & 5

Introduction

The created rhythm of the world is evening and morning.

The Jewish day does NOT go from morning to evening, as we tend to think of the day in Western culture... it goes from evening to evening.

From the BEGINNING OF THE WORLD, we see the rhythm of evening & morning.

Genesis 1:1-5, 8, 13, 23, 31, "and there was evening and there was morning..."

We see the pattern detailed in the Mosaic Law... Leviticus 23:32,

We see the pattern in the death, burial, and resurrection of Jesus Christ. John 19:31, 38-42, 20:1

There is a rhythm and purpose to evening and morning prayer.

What is your going to be ritual? And what going to bed ritual are you weaving into the lives of your children?

Psalm 4 – The evening prayer.

In the evening we acknowledge... I cannot hold the world together while I sleep... we entrust ourselves to God who is at work even while we sleep.
Psalm 121:1-4

Evening Psalms: Psalm 17:3, 42:8, 63:5-8, 77:6, 91:1, 5, 119:62, 148, 134:1, 141:2.



Adrianna Simmons:

Adrianna continues her work in the Mekong River Region, Thailand. Her team is expanding the media presence in the region. They are training new people to share the gospel and start new churches. God is at work!

Brookdale Senior Living: May the residents and staff feel appreciated and connected to MLCC as we continue building a relationship of love and respect.

Connect with us!
www.mlcc.us



YouTube

Psalm 5 – The Morning Prayer

Morning Psalms: Psalm 3:5, 30:5, 57:8, 59:16, 88:13, 90:14, 43:8,
Morning prayers outside the Psalms – Lamentations 3:22–24 (ESV);
Jesus' prayer rhythm Mark 1:35

In the morning we confess... I cannot face today apart from your mercy...
and we entrust ourselves our sacrifice/offering to God and then watch.

The prayer rhythm of evening and morning is an act of faith.

We see Psalm 4 & 5 lived in concert with one another...

Evening: Release Your Burdens – Psalm 4

Morning: Receive God's Mercy – Psalm 5)

The morning prayer isn't merely speaking but it's expecting.

Questions for Reflection:

1. What usually occupies your mind as you go to bed—unfinished work, anxiety, entertainment, or intentional trust in God?
2. Psalm 4 teaches us to bring our burdens to God before we sleep. What burden do you need to release into God's hands tonight?
3. Psalm 5 begins with prayer before activity. What would need to change in your routine to begin each morning by seeking God's presence before the demands of the day?
4. Where are you tempted to live according to the world's rhythm of "hurry, work, collapse" instead of God's rhythm of "surrender, worship, work"?
5. This week, will you commit to reading Psalm 4 each evening and Psalm 5 each morning? What do you hope God might shape in your heart through that simple practice?