

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- How easy is it for you to say you're sorry when you're wrong?
- Why is it important to say you're sorry when you're wrong?
- What are different ways we can pray to God?
- How does it make you feel to know that God will forgive any sin (or wrong thing) that you have done
- What is one way you want God's help to make you more like Him?





For this activity, your family will need the following supplies from around the house: a glass, water, food coloring, a plate, a candle, and a match/lighter. Only an adult should demonstrate this object lesson.

Fill a glass with water and squeeze a few drops of food coloring into the water. Then pour the water onto a plate. Place a candle in the middle of the plate and light it. Cover the candle with the empty glass. The water should move under the glass. As the water moves under the glass, the plate will be left clean.

Explain the following to your kids: When we sin or disobey God, we are like this glass of water. Our sin makes a stain just like these drops of food coloring made the water no longer clear. However, Jesus is just like this candle under the glass. Do you see how the plate is clean? When Jesus died on the cross, He took our sins on Himself so that we could be clean. Isn't it amazing that God forgives?





Paper Prayers

Sit down together with a couple scraps of paper and a writing utensil for each family member. Talk about sin and God's forgiveness: Sin is when we do something that is wrong and that is not part of God's plan. Sin separates us from God. We all have sinned. However, we don't need to hide that fact—God knows it! The amazing thing is that, even though we sin, God forgives us. When we tell God our sins, He purifies us from our sin. God helps us to change to be more like Jesus. Let's take a minute to think about the sins we need to confess to God.

After a few moments of reflection, have everyone write the sins that come to mind on the scraps of paper. When everyone is finished, pray as a family. Tell God that you're sorry that you have sinned and are so thankful for His forgiveness. After your prayer, throw out the pieces of paper. Emphasize to your kids that you don't have to feel ashamed of your sins because, once you confess them, God forgives them!

