

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- What is prayer?
- What kind of things do you talk with God about?
- What does it look like to listen to God when you're praying?
- Why do you think God wants us to pray?
- How can we pray for each other today?



WALK IT ACT IT MOVE IT

Mirror Game

What do you see when you look in a mirror? Pause for responses. That's right! The mirror shows you what you are doing! Let's pretend that we are mirrors. Pair up family members. Have them face each other (or you may choose to select one pair and let everyone else watch). Tell them to face each other and designate one person to be the "mirror." Mirror, you have to do whatever the other person does—just as if they were looking in a mirror! After a few moments, invite the partners to switch roles.

When everyone is done, "reflect" on the activity. When you were the mirror, what did you have to do? Pause for responses. You had to pay close attention and follow the other person's example! Jesus gave us an example of how to pray when He taught His followers the Lord's Prayer. We can "mirror" how Jesus prayed and learn so much about talking with God.



The Lord's Prayer Poster

Take a sheet of posterboard or other large paper. Work together to write the words of the Lord's Prayer (Matthew 6:9–13) from your preferred Bible translation. But leave blank spaces where the words "heaven," "kingdom," and "bread," appear. Have kids draw a picture to represent each one of those words on an index card or other small piece of paper. (You will need two for "heaven.") Tape or glue their pictures where those words appear in the prayer. Feel free to write the accompanying word under the picture.

Hang this poster somewhere your family will see it regularly and pray through it together often. Consider challenging your kids (and yourself!) to memorize the prayer.

