

Packing List

What to bring:

- Sleeping bag & pillow (Please put these things in a large garbage bag. Put a piece of duct tape on it and clearly write your name on the tape.)
- Extra trash bags for wet clothes or to replace torn bags (Bagging items like sleeping bags, blankets and pillows ensures that these items stay dry and clean, and also significantly aids the packing process.)
- One suitcase or one duffle bag (Please attach a piece of duct tape with your name.)
- Pajamas
- Clothing essentials (underwear, socks, pants, shirts, etc.)
- Towel & toiletries (deodorant, soap, toothbrush, etc.)
- Warm winter clothes (boots, gloves, hat, snow pants, winter coat, etc.)
- Tennis shoes / gym shoes
- Gym clothes for activities like basketball, dodgeball, rock climbing
- Medications and instructions (If applicable. To be given to nurse. **Medications MUST be in original prescription bottle, not pill boxes or bags**)
- Ice skates (The camp does offer ice skates for you to borrow if you don't want to bring yours.)
- Bible, pen & notebook
- **Optional:** \$5-10 for coffee shop during free time

What NOT to bring:

- Airpods/headphones
- Electronic games (Switch/Etc)
- Anything that would take away from a great retreat experience for you or for others (this includes illicit drugs, alcohol, smoking/vaping paraphernalia, fireworks/explosives, weapons of any kind.)

Please note that students are allowed to bring their phones to this retreat. However, they must adhere to the Student Cell Phone Policy that is included in this packet.

STUDENT CELL PHONE POLICY

This year on the Winter Retreat students are permitted to bring their cell phones. Keep in mind, that students will not have access to any wifi networks at the camp. We encourage students to “unplug” for the weekend and spend their time engaging with their peers without the distraction of their phone.

The safest way to guarantee that you or your child is best positioned to encounter God and connect with his or her peers is to agree to leave the phone at home. However, if students do bring their phone, they must agree to the following...

- *I will not bring headphones, ear buds, wireless headphones, etc, or use the phone as a personal listening device*
- *I will not bring my phone to chapel, and if I do mistakenly, I will keep it put away and use a paper Bible.*
- *I will not use my phone to isolate myself*
- *I will not use my phone for creating, sharing, or viewing content that is unkind, inappropriate or bullying in nature*
- *If I break the above rules, a leader will confiscate my phone and return it when I get home to Valley.*

The simple and easy way to keep a phone safe is to leave it at home. As a reminder, Valley will NOT be responsible for any broken, lost, or stolen phones even if confiscated.

Leaders will have their personal cell phones if students need to call home for any reason. We have also provided emergency contacts below. If, for any reason, the return time significantly changes, we will allow students to use leader phones to call home and let parents know.