# Church of the Holy Apostles The First Sunday of Lent Sunday, February 26, 2023

Welcome to Holy Apostles.

This bulletin is your guide to worship and it has all that you need. Our worship is taken from the Book of Common Prayer. If you have any questions during the Liturgy, don't hesitate to ask an usher or a neighbor. If you are new or visiting, please make sure to introduce yourself to one of the priests after the service. Instructions on when to kneel, stand and sit are in italics and the prayers and songs that we all sing or say together will be in bold. We hope that you find it easy to follow along and we encourage you to sing out for our congregational hymns.

#### **Liturgical Changes in Lent**

During Lent, a penitential season where we are asked to consider our sins and turn our hearts back to God, we make changes to the liturgy and the space. The altar becomes more bare, the crosses are shrouded and the liturgical color changes from green to purple. In our liturgy, we sing a Kyrie instead of a Gloria, asking for God's mercy; Lent 1 we begin the service with the Great Litany and the Sundays after with the Penitential Order; we include the Prayer of Humble Access before receiving communion; we say, not sing the Lord's Prayer – we do not declare Alleluia. We ask you at various moments in the liturgy to kneel instead of stand. These changes help us to recognize the ways in which we need God's help in turning our hearts back to God, to make us thankful on Easter for the sacrifice of Jesus and his resurrection – his victory over death and the forgiveness of our sins.

## The Liturgy of the Word

#### **Welcome & Announcements**

Please kneel as are able, sung responses are in bold, please use the 1982 Hymnal for the notes.

The Great Litany S-67
O God the Father, Creator of heaven and earth,
Have mercy upon us.

O God the Son, Redeemer of the world, **Have mercy upon us.** 

O God the Holy Spirit, Sanctifier of the faithful, **Have mercy upon us.** 

O holy, blessed, and glorious Trinity, one God, **Have mercy upon us.** 

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers and mothers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever.

Spare us, good Lord.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation.

Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

Good Lord, deliver us.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil, **Good Lord, deliver us.** 

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine, **Good Lord, deliver us.** 

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all humankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived, We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments.

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel, We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation, **We beseech thee to hear us, good Lord.** 

That it may please thee to have mercy upon all humankind,

We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word, We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts, **We beseech thee to hear us, good Lord.** 

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace, **We beseech thee to hear us, good Lord.** 

That it may please thee to grant that, in the fellowship of all the saints, we may attain to thy heavenly kingdom,

We beseech thee to hear us, good Lord.

Son of God, we beseech thee to hear us. Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sins of the world, **Have mercy upon us.** 

O Lamb of God, that takest away the sins of the world, **Have mercy upon us.** 

O Lamb of God, that takest away the sins of the world, **Grant us thy peace.** 

O Christ, hear us.

O Christ, hear us.

Kyrie eleison Christe eleison

Kyrie eleison

#### The Collect of the Day

Presider Bless the Lord who forgives all our sins.
People God's mercy endures forever. Amen.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Please be seated for the lessons

First Lesson Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of

good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The word of the Lord.

People Thanks be to God.

Psalm 32 Read in unison

Beati quorum

Happy are they whose transgressions are forgiven, \*

and whose sin is put away!

Happy are they to whom the Lord imputes no guilt, \*

and in whose spirit there is no guile!

While I held my tongue, my bones withered away, \*

because of my groaning all day long.

For your hand was heavy upon me day and night; \*

my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, \*

and did not conceal my guilt.

I said," I will confess my transgressions to the Lord." \*

Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble; \*

when the great waters overflow, they shall not reach them.

You are my hiding-place; you preserve me from trouble; \*

you surround me with shouts of deliverance.

"I will instruct you and teach you in the way that you should go; \*

I will guide you with my eye.

Do not be like horse or mule, which have no understanding; \*

who must be fitted with bit and bridle, or else they will not stay near you."

Great are the tribulations of the wicked; \*

but mercy embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord; \*

shout for joy, all who are true of heart.

Second Lesson Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the

effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader: The word of the Lord. **People:** Thanks be to God.

All stand for the Gospel procession and reading and sing together,

Sequence Hymn: H-140 Wilt Thou Forgive That Sin

Donne

Wilt thou forgive that sin where I begun,
Which is my sin though it were done before?
Wilt thou forgive those sins through which I run,
And do run still, though still I do deplore?
When thou hast done, thou hast not done, for I have more

Wilt thou forgive that sin, by which I won
Others to sin, and made my sin their door?
Wilt thou forgive that sin which I did shun
A year or two, but wallowed in a score?
When thou hast done, thou hast done, for I have more.

I have a sin of fear that when I've spun my last thread,
I shall perish on the shore; swear by thyself,
that at my death thy Son shall shine as he shines now, and here to fore.
And having done that, thou hast done, I fear no more.

The Holy Gospel Matthew 4:1-11

Gospeller The Holy Gospel of our Lord Jesus Christ According to Matthew.

People Glory to you, Lord Christ.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God." Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone." Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test." Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him." Then the devil left him, and suddenly angels came and waited on him.

Gospeller The Gospel of the Lord.

People Praise to you, Lord Christ.

Please stand and say together

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from The Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### The Peace

Presider The Peace of the Lord be always with you.

All And also with you!

### **The Holy Communion**

This is God's Table: all are welcome

The Offertory

You can give online via our website or use the offertory plate that is passed during the offertory.

Our Lenten offering this year is PS 15. Please make your Lenten offering to our discretionary fund, or buy an item off of the PS 15 Amazon Wish List.

**Offertory Anthem** 

Please stand as are able,

**Doxology** Old Hundredth

Praise God, from whom all blessings flow; praise him, all creatures here below;

### praise him above, ye heavenly host: praise Father, Son and Holy Ghost. Amen.

#### The Great Thanksgiving, Eucharistic Prayer A

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth... Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Presider and people say together,

#### The Sanctus

Holy, holy, holy, Lord, God of power and might
Heaven and earth are filled with your glory, Hosanna in the highest.
Blessed are they who come in the name of the Lord.
Hosanna in the highest.

The Presider continues,

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People,

Christ has died.

Christ is risen.

Christ will come again.

The Presider continues,

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.** 

Remain standing as we say together

#### The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name
Thy kingdom come, thy will be done, on earth, as it is in heaven.
Give us this day, our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine, is kingdom and the power and the glory, for ever and ever. Amen.

#### The Breaking of the Bread

Remain standing as we sing together

**Fraction Anthem: S161** 

D. Hurd

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

#### The Prayer of Humble Access

We do not presume to come to this your Table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your Table. But you are the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen*.

Please remain standing

#### **Invitation to Communion**

These are the gifts for God for all of us, the people of God. Let us take them in remembrance that Christ died for us and feed on him in our hearts by faith, with thanksgiving.

Please come forward for communion following the invitation of the ushers. If you wish to receive a prayer or blessing, one of the clergy will be available by the Mary statue.

Communion Hymn Jesus Tempted in the Desert Herman G. Stuempfle, Jr Jesus, tempted in the desert, lonely, hungry, filled with dread:

'Use your power,' the tempter tells him; 'turn these barren rocks to bread!'

'Not alone by bread,' he answers, 'Can the human heart be filled.

Only by the Word that calls us is our deepest hunger stilled!'

Jesus, tempted at the temple, high above its ancient wall: 'Throw yourself from lofty turret; angels wait to break your fall!' Jesus shuns such empty marvels, feats that fickle crowds request:

'God, whose grace protects, preserves us, we must never vainly test.'

Jesus, tempted on the mountain by the lure of vast domain: 'Fall before me! Be my servant! Glory, fame, you're sure to gain!' Jesus sees the dazzling vision, turns his eyes another way: 'God alone deserves our homage! God alone will I obey.'

When we face temptation's power, lonely, struggling filled with dread, Christ, who knew the tempter's hour, come and be our loving bread. By your grace, protect, preserve us lest we fall, your trust betray. Yours, above all other voices, be the Word we hear, obey.

All kneel as are able, and say together

#### **Post Communion Prayer**

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

#### The Blessing

All stand as are able

Recessional Hymn: H-143 The Glory Of These Forty Days

Erhalt uns, Herr

The glory of these forty days we celebrate with songs of praise;

For Christ, through whom all things were made, himself has fasted and has prayed.

Along and fasting Moses saw the loving God who gave the law; And to Elijah, fasting, came the steeds and chariots of flame.

So Daniel trained his mystic sight, delivered from the lion's might; And John, the Bride-groom's friend, became the herald of Messiah's name.

#### The Dismissal

Priest Let us bless the Lord.
People Thanks be to God.

A LISTENING by Ann Weems

Going through Lent is a listening.
When we listen

to the word,
we hear
where we are so
blatantly
unliving.
If we listen to the word
and hallow it
into our lives,
we hear
how we can so
abundantly
live again.

#### Lent

Lent is a time in the church year, the 40 days, excluding Sundays, that precedes Easter. If you grew up Catholic, you probably were aware of this penitential season and most likely went to church on Ash Wednesday to mark the beginning of the 40 days journey. If you didn't grow up Catholic, Lent might feel foreign to you. That's ok. This is as good a year as any to commit to observing a holy Lent. In the last few decades, the Episcopal Church has reclaimed Lent, as we understand the importance of setting aside this time where we are called to reflect, repent (ask forgiveness for our sins) and turn our hearts back to God.

Some of us might be scared by the use of the word sin; it might bring up feelings of shame and guilt, of how we are not "good enough" in the eyes of God. We'd like you to consider the idea that sin is like the brick wall that literally prevents our hearts from being closer to and open to God's love, which is always available to us.

Lent provides us, the time and space in the church year to observe and reflect on our sins, to ask for God's help and forgiveness, to take the steps to live a fuller life by turning our hearts back to God, remembering that God's love for us is unconditional and infinite –and when we are able to receive God's love, we are transformed.

## Weekly Announcements

#### Concert Series. Sunday March 12th 4:00pm "American Icons: Brooklyn Music School"

"American Icons: Brooklyn Music School" is the second edition of an interdisciplinary series centering the communities of New Yorkers living among monuments and public art. Activist and oral historian Cynthia Tobar has collected the stories of faculty and students of Fort Greene's Brooklyn Music School in a conversation about the role of music in shaping identity on an individual, local, and national level, and the art that is handed down generationally. Excerpts from these exchanges have been set to music by composers Molly Joyce and Matthew Ricketts, and will be given their world premiere by baritone Gregory Feldmann and pianist Nathaniel LaNasa. These new songs join a growing collection of locally created "musical monuments," and will be performed alongside songs by Shawn Chang and Jorell

Williams, the composers of "American Icons" first edition in the Bronx. The event has been made possible through a 2022 Brooklyn Arts Council Grant. By donation.

Concert Series. Sunday April 23rd 4:00pm Clarinet and Piano duo concert We are excited to host the critically acclaimed clarinet and piano duo Louis Arquez and Milena Zhivotovskaya in our concert series. By donation