



The Third Sunday *in* Lent

March 8, 2026

We're glad you're worshipping with us. ✠

Before we begin our services, we observe a time of prayerful reflection and preparation for worship. If you're new or looking to connect, we would love to meet you outside in the foyer before or after the service—simply find a member of the clergy or Connection Minister (look for the yellow lanyards).

New to Incarnation?

We'd love to get you connected. Find out more about our church and explore membership at Incarnation 101. Our next event is 4/19. Email Ben: bhodes@incarnation.org

BAPTISM/CONFIRMATION

For adult baptism, email baptism@incarnation.org. To be confirmed in the church, email jgriesbeck@incarnation.org

CONFESSION & RECONCILIATION

Schedule with any of the priests by emailing our pastoral care team at nparkhurst@incarnation.org



YOUNG ADULTS

Join the GroupMe conversation to stay connected with the latest.

WEEKLY EMAIL

Sign up at incarnation.org/enews

In need of prayer this morning?

- You can write your prayer request on the gold-topped card in the pew rack in front of you, and our clergy team will pray over your request this week.
- Trained Prayer Ministers will be at the back of the Church during Communion ready to pray with you.
- For all seeking healing of mind, body, or spirit, a member of the clergy will be available to anoint you with oil and lay hands upon you. *Trad:* Low Altar after Communion; *Uptown:* Altar Rail after the service.

Connecting Families

NURSERY

8:45 a.m.–12:30 p.m.

Infants to Age 3

CHILDREN'S

CHAPEL

8:45 a.m. & 11:15 a.m.

Pre-K–2nd grade

SUNDAY SCHOOL: PRE-K–GRADE 5

Sundays, 10:20 a.m., *Ed. Bldg., Second Floor*

SUNDAY SCHOOL, 7th–12th GRADE

Sundays, 10:20 a.m., *Ed. Bldg., Youth Area*

SIXTH GRADE CONFIRMATION

Sundays, 10:20 a.m., *Ed. Bldg., Theater*

YOUTH GROUP (GRADES 6–12)

Sundays, 6–7:15 p.m.

THE HOLY EUCHARIST

THE WORD OF GOD

SONG

All Who Are Thirsty

THE OPENING ACCLAMATION

Celebrant ✠ Bless the Lord who forgives all our sins;

People His mercy endures for ever.

Celebrant & People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Celebrant then reads the Summary of the Law, saying

Hear what our Lord Jesus Christ says: You shall love the LORD your God with all your heart, and with all your soul, and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets.

SONG

Have Mercy

THE COLLECTS

Celebrant The Lord be with you.

People And with your spirit.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

All are seated.

THE LESSONS

THE OLD TESTAMENT

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

The Word of the Lord.

People Thanks be to God.

THE PSALM

Psalms 95 Oh That Today

Chorus

Oh, that today you would hear God's voice

Release your grasping fear

And even walking this desert waste

Find springs of water near

Come, let us sing to the LORD;

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving

and raise a loud shout to him with psalms.

For the LORD is a great God,

and a great King above all gods.

In his hand are the caverns of the earth,

and the heights of the hills are his also.

The sea is his, for he made it,

and his hands have molded the dry land.

Come, let us bow down, and bend the knee,

and kneel before the LORD our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand.

Chorus

Oh, that today you would hearken to his voice!

Harden not your hearts,

as your forebears did in the wilderness,

at Meribah, and on that day at Massah,

when they tempted me.

They put me to the test,

though they had seen my works.

Forty years long I detested that generation and said,

"This people are wayward in their hearts;

they do not know my ways."

So I swore in my wrath,

"They shall not enter into my rest."

Chorus

THE EPISTLE

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and

endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

People **Thanks be to God.**

All stand.

THE SEQUENCE

He Remembers That We Are Dust

THE GOSPEL

John 4:5-42

Deacon The ✠ Holy Gospel of our Lord Jesus Christ according to St. John.

People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that

Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The Gospel of the Lord.

People Praise to you, Lord Christ.

THE SEQUENCE

He Remembers That We Are Dust

THE SERMON

Fr Cody Turner

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, ✠ and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

An appointed Leader begins the prayers, saying

Let us pray for the Church and for the world.

Each petition concludes

Leader Lord, in your mercy

People **Hear our prayer.**

The Celebrant adds a concluding Collect.

THE CONFESSION & ABSOLUTION

The Deacon bids the Confession, after which all kneel.

Deacon & People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and gives the Absolution, after which all stand.

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And with your spirit.**

WELCOME & ANNOUNCEMENTS

Children's Blessing at 9am only

Almighty God, Heavenly Father, you have blessed our congregation with the joy and care of children: Give us courage, patience, and wisdom as we bring them up in the faith, that they might never know a day apart from you. Amen.

Birthday Blessing

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

THE HOLY COMMUNION

THE OFFERTORY

The Minister begins the Offertory with a sentence of Scripture.

SONG

Speak To Us

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

People **And with your spirit.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues with the Preface, saying

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

Celebrant & People

Holy, holy, holy Lord God of power and might

Heaven and earth are full of Your glory

Hosanna in the highest

✠ Blessed is He who comes in the name of the Lord

Hosanna in the highest

All kneel. The Celebrant continues with the Eucharistic Prayer, saying

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he

had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant & People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues with the Eucharistic Prayer, saying

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. ✠ Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

COMMUNION DEVOTIONS

Celebrant

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant & People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Celebrant breaks the consecrated bread and a period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast.**

Celebrant & People

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so

to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant The Gifts of God for the People of God.

Persons who wish to have the Holy Eucharist brought to them in their pew should notify an usher.

Instructions for Holy Communion

All Christians who have been baptized with water in the Name of the Father, the Son and the Holy Spirit, who come forward in faith and are permitted to receive Holy Communion in their own church, are warmly invited to do so on this occasion.

Communion is received in the following way: a priest places the Bread in the palm of your hand, which you then consume. To receive the Wine, hold the base of the chalice and guide it to your lips. The practice of dipping the Bread into the Wine is not permitted. If you do not wish to receive one or both Elements, simply cross your arms over your chest.

Gluten-free Bread and Wine from a dedicated gluten-free chalice are available for those with a medical need; just notify a priest when you kneel at the altar rail. If one is not able (e.g. because of a medical condition), or prefers not to receive either the Bread or the Wine, the Church has always taught that a person still receives all the benefits of Holy Communion when receiving in one kind. Please feel free to consult with a member of the clergy if you have more questions.

SONG

Abide With Me

SONG

On Christ The Solid Rock I Stand

THE POST-COMMUNION PRAYER

Celebrant & People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Celebrant gives the blessing.

SONG

On Christ The Solid Rock I Stand

THE DISMISSAL

Deacon Let us bless the Lord.

People **Thanks be to God.**

Coming Up This Week

LENTEN SUNDAY SCHOOL | Sundays at 10:20 a.m.

- *Yoked to Christ*, led by Pat Stone (Ed. Bldg, Room 115–116)
- *Read, Mark, Learn, & Inwardly Digest: Ruth*, taught by Mark Lloret (Ed. Bldg, Room 205)

CHORAL EVENSONG & RECEPTION

Sunday, 5 p.m., *Main Church*
incarnation.org/evensong

MOVEABLE FEAST

Sunday, 6–8 p.m., *offsite*
Ben Hodges | bhodges@incarnation.org

BENEDICTINE SPIRITUALITY GROUPS

Monday, 8:15 a.m. or 12 p.m., *Ed. Bldg., Room 119*
Tuesday, 6 p.m., *Ed. Bldg., Room 119*
Betsey Fredericks | befred82@gmail.com

DIVORCE CARE MEETING

Monday, 6:45–8:15 p.m., *Executive Conf. Room*
Shannon Baynham | baynhamshannon@gmail.com

MOM TO MOM

Tuesday, 9:15–11 a.m., *Ed. Bldg., Room 205*
Brandy Femat | bfemat@incarnation.org

TUESDAY NOON BIBLE STUDY

A Study on the Prophet Isaiah
Tuesday, 11–12:15 p.m., *Ed. Bldg., Room 119*
Dr. Krause | david@visionaryphilanthropy.com

BACH'S LUNCH

Organ Recital: Sarah Palmer
Tuesday, 12:15–1 p.m., *Church*
incarnation.com/concerts

LECTIONARY CLASS

Wednesday, 7:30–8:30 a.m., *Ed. Bldg., Rm 115–116*
Timothy Ralston | tralston@dts.edu

WOMEN'S WEEKDAY BIBLE STUDY

Wednesday, 9:15–11 a.m., *Ed. Bldg., Room 205*
Sherri Minter | COTIBibleStudy@gmail.com

ADULT CONFIRMATION

Wednesday, 7–8:30 p.m., *Ed. Bldg., Room 119*
Shawn Torres | storres@incarnation.org

Weekday Services

MORNING PRAYER & HOLY COMMUNION

Tuesday–Friday, 8:30 a.m., *Memorial Chapel*

HOLY EUCHARIST WITH HEALING

Wednesday, 12 p.m., *Memorial Chapel*



FEATURED SERVING OPPORTUNITY: MARCH

One Man's Treasure

One Man's Treasure collects new and gently used men's clothing for those restarting their life after serving time in prison. These items will help them in job interviews and will provide clothes to work in as well. Bring clothes by the Welcome Center any day of the week.

Featured Opportunities



HANDEL'S MESSIAH

Sunday, March 29 | 4 p.m. | Main Church

Featuring beloved choruses and arias like the “Hallelujah” Chorus, this concert by our Incarnatus Singers celebrates the life, death, and resurrection of Christ. More at incarnation.org/concerts



FELLOWS: SUMMER PROGRAM

June 1–August 9, 2026

Fellows is a ten-week leadership development program for college students and recent grads. How can you help? Find Stephen Bagby's table in the Welcome Center.



EASTER LILIES

Donations due Sunday, March 15 | Welcome Center & Online

It's that time of year again! Let's help make the church beautiful by offering donations In Memory Of and In Thanksgiving For. In person and online at incarnation.org/lilies



DAY OF SERVICE

Saturday, March 20 | 8 a.m. –1 p.m.

Serving Multiple Careers Magnet Center, this event is open to all ages and abilities. Projects include painting, organizing, landscaping, and decorating. Register by 3/20 incarnation.org/dos



HOLY WEEK SERVICES

March 29–April 5

This high and holy week is filled with ways to commemorate the work of Christ — from Palm Sunday, to the Triduum, to Easter Sunday. Details at incarnation.org/holy-week-2026

Clergy & Ministers

THE RT. REV. GREG BREWER

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Interim Rector

THE REV. DOROTHY BUDD

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A parish in the Episcopal Diocese of Dallas and a member of the world-wide Anglican Communion.

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