

THAT YOU MAY KNOW

Let Not Your Heart Be Troubled
John 14:27-31
February 19, 2023

"Let not your hearts be troubled, neither let them be afraid."
- John 14:27

I. WANT JESUS' PEACE? (vs. 27)

- Peace is part of the Fruit of the Spirit (Gal. 5:22).
- God is our peace. As we trust in him, we have peace.
- The world's "peace" does not compare to Jesus' peace (vs. 27).
- Trust specific things about who God is, his promises and/or truths about the gospel that fit your circumstances (Isaiah 26:3; Romans 15:13).
- We LET our hearts be troubled. We are responsible (vs. 27).

II. REJOICE IN JESUS ALWAYS (vs. 28)

- Rejoice in trials, suffering and persecution (1 Thessalonians 5:16-18; James 1:2-3).
- Rejoice in every part of Jesus' plan of redemption (vs. 28).

III. PREVENTATIVE DISCIPLESHIP (vs. 29)

- We must train ourselves to trust specific truths about God before temptations and trials come (Psalm 119:11; John 14:29).

IV. TRUSTING GOD IS LOVING GOD AND LEADS TO OBEDIENCE (vss. 30-31)

- Jesus did not let a troubled heart keep him from his mission (vs. 31).
- Do not LET a troubled and fearful heart keep you from our mission to evangelize and disciple (Matthew 28:18-20).

KNOW: We let our hearts be troubled. When our hearts are troubled it is because we are not trusting God. We must trust specific truths about who God is, his promises and the gospel. As we do trust God in these ways, we will glorify God, have peace, and do what God has commanded us to do.

DO: Hide specific truths about who God is, his promises and the gospel in your heart. Thank God for these every day. Trust these when tempted or facing a trial. Do not chase after the so-called peace the world offers in people, places and things.

Suggested Reading:

Trusting God by Jerry Bridges
Courage by Wayne Mack

Questions/Discovery Points for Life Groups/Families

Please Read John 14:27-31

1. According to God, what is the solution for a troubled heart?
2. What specific truths about God, his promises and the gospel do you thank God for each day? What specific truths have you hidden in your heart to help you glorify God in your specific temptations and trials?
3. Give specific examples of how specific truths about God have led to not letting your heart be troubled in trials or temptations but rather led to trusting and obeying God.
4. In what specific ways have you or are you trying to find peace from the world (people, places and things) instead of trusting God and thus having his soul-satisfying peace?
5. What in your heart keeps you from obeying the mission God gave us to evangelize and disciple others?
6. What did Jesus mean and not mean when he said, "the Father is greater than I" in verse 28?