

The logo features a green stylized 'd' with a white triangle inside, followed by the words 'TEAM SPORTS' in green and 'devotions' in a large, grey, lowercase font with a green cross for the 't'.

Playing With Heart

Galatians 5:22-23a, Matthew 22:37-39, Luke 10:25-37



Some coaches say, “Play with your heart.” **What do they mean?** Playing with your heart means playing your very best and not holding anything back. **Why do you care about playing your very best?** How do you play with your heart during practice? During a game?



*But the fruit of the Spirit is **love**, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.*

Galatians 5:22-23a



The fruit of the Spirit begins with love. **What do you think of when you hear the word “love”?**

What kinds of things do you love? Jesus said, “Love the Lord your God with all your heart.”

Matthew 22:37 **What does Jesus mean?** Loving God with all your heart means loving him the best you can and not holding anything back because God is more important than anything else in your life. Jesus went on to say, “Love your neighbor as you love yourself.” Matthew 22:39 **What**

does Jesus mean? Who is your neighbor? Jesus taught that your neighbor is anyone who needs your help. Luke 10:25-37 A neighbor doesn’t have to live in your neighborhood. He or she can be anyone who lives anywhere. Jesus wants us to help them in the same way we help ourselves. He wants us love them the best we can and not hold anything back because God is more important than anything else in our lives.



How can you love God with all your heart and love neighbors as you love yourself? At home?

At school? At football practice or during a game? In your community? In the world?

PRAY

Heavenly Father, thank you for loving us. Please show us how to love like Jesus. Help us want to love you with all our heart and not hold anything back. Help us want to love everyone as we love ourselves. Amen