Please feel free to contact us if you have any questions.

Wendy Shaw Administrative Assistant wshaw@coolspring.org 804.789.5510

Bryan Dupuis
Discipleship and Mission Minister
bdupuis@coolspring.org
804.789.5535



Scan the QR code above to register for a group!

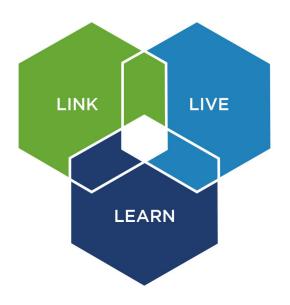
LINK as a family LEARN as a disciple LIVE on mission







Life Groups







What are Life Groups?

At Cool Spring, we see a Jesus follower as one who loves God and loves others, by abiding in relationship with Jesus and modeling his life and mission. One of the primary ways we see this taking place is through our Life Groups. Life Groups are small communities of people (10-15) who seek to grow as a family of disciples who make disciples.

They gather regularly and focus on three things:

Linking as a family

To be a part of a life group is to be a part of an extended family. This family is a place to know and be known, and to show others what the Kingdom of God looks like by the way we care for and serve one another.

Learning as followers of Jesus

Life Groups gather together to hear what God is teaching and calling us to be and to do. We are committed to not only learning the way of Jesus, but to helping each other live it out every day.

Living on mission

Through the leading of the Holy Spirit, we seek to show and tell others the good news of Jesus. We do this individually, wherever we are, and collectively, to serve others and share the love of Jesus.

Your Next Step

Your next step toward learning more about life groups, meeting people at Cool Spring, and getting connected to the right group is to register for a Life Group by scanning the QR code on the back or going to coolspring.org/lifegroups.

If you have any questions, please reach out to Wendy: wshaw@coolspring.org.

Sunday Life Groups 8:45 AM

ACTS 2 | CSBC Room 287 Coed Adults | Median Age and Up Steve Dunnavant | Steve Vehorn Don Raikes

GROW IN GRACE | CSBC Room 184 Coed Adults | Age 50-70 Bob Grimsley (Meets at 8:30)

JOURNEY | CSBC Room 170 Coed Adults | Age 30+ Justin & Amy Hatfield LIVING BEYOND | CSBC Room 180 Coed Adults | Age 45-60 Joye Bone

SISTER ACT | CSBC Room 164 Women | Age 30-60 Wendy Berenson | Kelly English (Meets at 8:30)

10:00 AM

DEPENDABLES | CSBC Room 162 Men | Age 60+ Don Booth

DISCIPLES | CSBC Room 182 Coed Adults | Age 50 and up Wes McEntire | Bobby Kent

EXPLORERS | CSBC Room 161 Coed Adults | Age 35-45 Dan Leary | Brooks Brendle

FAITHFUL FOLLOWERS

CSBC Room 285 Coed Adults | Age 50-70 Chuck Jolley

GENESIS | CSBC Room 184 Coed Adults | Age 40-60 Lyndi Wells | Bob Lehr

NEW BEGINNINGS

CSBC Room B63 Coed Adults | Age 60+ Various Leaders PAIRS & SPARES | CSBC Room 170 Coed Adults | Age 60+ Bill Anderson | Larry Andrews

PARENT LIFE GROUP

CSBC Room 180
Parents of children and students
John & Melissa Porterfield

RUTH | CSBC Room 121 Multi-Generational Women's Group Pam Gilley | Pam Grumbles

SEEKERS | CSBC Room 163-165 Married Adults | Age 65+ Woody Evans | Rick Starling Ann Burgess

WOMEN OF FAITH | CSBC Room 164 Women | All ages Vivian Avalos

COUPLES | CSBC Room 287 Coed Adults | Young to Median Age Van & Audrey Simmons

Weekday Life Groups

(Weekday Life Groups meet in homes unless otherwise noted.)

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Sundays

FAMILY LIFE GROUP

Sunday Afternoon | 4PM | Weekly

Age 25+ Couples

Bryan and Penny Dupuis bdupuis@coolspring.org

JESUS FOLLOWERS

6:00 PM | Twice a Month Age 40+ Mixed Group

Brent Helmick brent.helmick@gmail.com

Nicole Helmick bhnh@comcast.net

Mondays

REDFIELD-GOERGER

7:00 PM | Weekly | ZOOM

Mixed Group

Jack Redfield jredfield.cism@gmail.com
Mary Redfield maryredfield@gmail.com
Nick Goerger nagoerger@icloud.com
Anita Goerger agoerger@icloud.com

Tuesdays

COLLEGE AGE LIFE GROUP

6:30 PM | Weekly | CSBC Rec Center Game Room

Ages 18-25

Bart Dalton bart.dalton@mcgriff.com

STRAWHORN

7:00 PM | Twice a Month Age 40+ Mixed Group

David and Sally Craymer craymerds@comcast.net

Wednesdays

MOMS LIFE GROUP

6:15 PM | Weekly | CSBC 184

Moms of any age

Jamie Dorrough jdorrough2@gmail.com Sarah Currie tatecurrie@hotmail.com Wednesdays

PAYNE LIFE GROUP

6:15 PM | Weekly | CSBC 163

Mixed Median Age

Steve Payne stevepayne777@gmail.com Jacki Payne jackipayne777@hotmail.com

COUPLES WITH YOUNG KIDS

6:15 PM | Weekly | CSBC 164

Bryan Dupuis bdupuis@coolspring.org
Penny dupuis thedupfam5@gmail.com

Thursdays

KEESEE LIFE GROUP

6:30PM | Weekly | CSBC Room 161 Coed Adults | Multi-Generational Larry Keesee | Ikeesee@comcast.net

PATHFINDERS

7:30 PM | Twice a Month

Age 50+

Fridays

REC CENTER LIFE GROUP

7:00 AM | Weekly | In Person and ZOOM

Age 25+ Mixed Group

Tammy Billups tammybillups@comcast.net

SCOTTS ADDITION

8:00 AM | Weekly

Young Adults

Greg English genglish@coolspring.org

Please contact the leader of the life group you are interested in to verify meeting date, time and location.