

March 18, 2025

Dear Overflow Moms,

Our lesson today in Exodus 32 is one of the saddest stories in this year's study, as God's people fail to wait on Him in trust and obedience and instead create and worship a golden calf. Exodus 32 is also so very hopeful in that the Lord gives these idolaters a mediator in Moses to plead with Him on their behalf. We reminded your dear children, that just like the Israelites, our hearts worship lesser things and how our Heavenly Father sent His son, the Lord Jesus to be a mediator for us so that we can have fellowship with Him. We reinforced our lesson by singing "Trust and Obey" (they love making T's and O's with their arms as they sing) and by making play dough "golden calves" which we "smashed" as these idols of our creation have no power to help us in any way.

Our lesson is a keen reminder of our need to wait on the Lord in trust and obedience and to train our children to wait on Him. Teaching preschoolers delayed gratification is a valuable way to teach them self-control and to trust and obey you and ultimately God. There are many ways to do this. You might brainstorm with the other moms in your Overflow group for specific ideas that have worked with their children. Some examples are as follows,

1. Waiting to eat a meal until everyone at the table has been served and a prayer of thanksgiving has been given.
2. When taking your preschooler shopping, such as to the grocery store, Target or Walmart, show them your shopping list before you go in and explain that you are only shopping for the items on the list. When they beg for something not on the list, which will inevitably happen, take out another piece of paper and make a "wish list" telling them that you will consider, not promise, this item the next time you come. Be sure to follow through about items on wish list before you return to the store.
3. When your preschooler begs for a snack, set a timer and tell them they can have the snack when the timer goes off. An old fashioned 3 minute sand clock is a good visual for them to use for waiting. You can use a timer for screen time, etc.

Thank you once again for the privilege of allowing us to teach your precious children. Our prayer for you and your dear ones is a prayer that we pray for ourselves, that we will learn to wait on the Lord in trust and obedience with great gratitude for all that He has given us both temporally and eternally in Jesus. "Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!" Psalm 27:14

In Christ,
Ms. Beth Fisher
Mr. Clipper Jones
Ms Becky Maddux
Ms Sarah Gaye Sneed