

Jesus Heals

Lesson At-A-Glance

Scripture Reference
Mark 1:29-39

Church Season
Epiphany 5

Lesson Focus
All better!



Tear here for easy use!

Gather (10 minutes)

	Spark Resources	Supplies
Center Time Kids play hospital, use craft sticks with play clay, and color Bible story pictures.	Coloring Pages 	Blank paper, crayons, nap cots, small blankets, play medical kit, medical clothing dress-ups, large craft sticks, play clay, gauze bandage roll
Circle Time Kids welcome each other in a song, hear about the church season, and wrap their owies in bandages.	Leaflet	Gauze bandage rolls, kid-friendly scissors, masking tape
Prayer Time Kids pray an owie prayer.	None	None

Open the Bible (15 minutes)

	Spark Resources	Supplies
Jesus Heals Storytelling Kids hear the story, look at the pictures, and think about healing.	Spark Story Bible	None
Wrap Up Your Owies in Jesus' Love Kids learn a healing song with hand motions.	None	None
The Missing Piece Kids provide the missing piece of the picture to complete the story.	Leaflets, Lesson Stickers, Spark Story Bible	None

Lesson At-A-Glance

Activate Faith (15 minutes)

	Spark Resources	Supplies
All Better with Bandages Kids help Jesus heal a sick person.	Leaflets, Lesson Stickers	None
Sign Time: All Better! Kids learn to say <i>all better</i> in sign language.	Leaflet	None
All Better Bagels Kids make a healthy snack.	None	Mini whole wheat bagels, cream cheese, sliced strawberries, napkins, cups, water, spreading knives, small bowls

Tear here for easy use!

Send (5 minutes)

	Spark Resources	Supplies
Good-bye Time Kids take a bandage heart home and remember Jesus is a healer.	Spark Story Bible, Leaflets	Large adhesive mailing labels
Prayer Time Kids pray an all-better prayer.	Family Pages 	None



Visit www.sparksundayschool.org for more Spark content! Watch a short Lesson Prep Video that will prepare you and give you confidence to explore this Bible story with the kids you are leading. You will also find four downloadable resources for this lesson: a Coloring Page, a Family Page, and two additional in-class activities.

Gather (10 minutes)

Center Time

You may choose to set up all or some of these learning centers for kids to play in as they arrive in your classroom. Have helpers in each center to help kids with the activities. Kids can stay in one center or travel to more than one.

When all kids have arrived and have had time to participate in at least one center, unroll a foot of gauze bandage and wave it in the air. **It's Circle Time. Let's follow the flying bandage to Circle Time today.** Use the gauze bandage like a flag or a banner. Walk and wave the bandage until you sit down at Circle Time. Then put the bandage aside for a few minutes while your kids welcome each other.

Hospital Play

Before today's session, create a pretend hospital area in your learning space. Set up cots with blankets on the floor. On a small table place doctors' and nurses' equipment and clothing. As kids explore this area, pretend to have an owie. Ask kids to help you get all better. As kids work on you and their friends, introduce today's story. **In our story today, Jesus heals a woman. The woman is all better!**

Tongue Depressor Play Clay

On a kid-sized table, place balls of play clay. Press one craft stick into the ball of play clay. Begin making indentations into your ball of play clay. As kids join you, work side by side. Initiate conversation about the craft sticks. Some kids will recognize them from the doctor's office. See if kids remember how the doctor used the craft sticks. Explain that the doctor needs to see our throats and if our throats are sick, the doctor will heal our throats and make us all better. Then tie conversation to today's story. **In our story today, Jesus makes a sick woman all better.**

Coloring Center

Have coloring supplies and copies of the Spark Coloring Page available at a table for the kids to color. Be sure to help them put their names on their papers.

Spark Resources

Coloring Pages



Supplies

Blank paper
Crayons
Nap cots
Small blankets
Play medical kit
Medical clothing dress-ups
Large craft sticks
Play clay
Gauze bandage roll

Tear here for easy use!

Circle Time

Gather at Circle Time, everyone sitting on the floor. **Welcome, friends.** Use the ASL sign for *welcome*. **Let's sing and sign our welcome song.** "Welcome Everybody" is a piggyback song sung to the tune "Are You Sleeping?"

Welcome, Everybody

Welcome, [Name]. (ASL sign for *welcome*)

Welcome, [Name]. (ASL sign for *welcome*)

Hear God's Word. (cup ears)

Hear God's Word. (cup ears)

We can follow Jesus. (ASL sign for *Jesus*)

We can follow Jesus. (ASL sign for *Jesus*)

Welcome, friends. (ASL sign for *welcome*)

Welcome, friends. (ASL sign for *welcome*)

Repeat until every kid and adult has been welcomed.

Hold up today's leaflet and point to the Epiphany green star. **Today is the fifth Sunday of Epiphany. Epiphany is a season of learning and growing. We know it is time to learn and grow because our leaflet color is green! Green is for growing!**

Point to the star. **The star is for Epiphany and green is for growing!** Put your leaflet down.

Let's all pretend we have an owie. I have an owie on my arm. I need someone to help me get better. Who can help me get all better? Pause. **I know! Jesus can help me be all better.** Ask another adult to wrap up your pretend owie and help wrap the owies of the kids. **Who else has an owie?** Wrap owies. Honor requests to wrap or not wrap owies. **Now all our owies are getting better thanks to our friends and to Jesus.**

Prayer Time

Fold your hands. **It's time to pray!**

Owie, owie, (pretend to have an "owie" on your hand)

Pat, pat, pat. (pat your hand)

Owie, owie, (pretend to have an "owie" on your hand)

Pat, pat, pat. (pat your hand)

All better, Jesus! (big smile and arms wide open)

Amen. (fold your hands)

Spark Resources

Leaflet

Supplies

Gauze bandage rolls

Kid-friendly scissors

Masking tape



Welcome



Jesus

Tear here for easy use!

Spark Resources

None

Supplies

None

Open the Bible (15 minutes)

Jesus Heals Storytelling

Take out your Spark Story Bible and open to Jesus Heals on pages 256-257. Read the story out loud and point to the corresponding pictures. Look for Squiggles the caterpillar in each picture. Ask kids what they think Squiggles is feeling or doing. Encourage them to make a face like Squiggles.

Hold up the pictures from today's story to help kids remember. Ask the following questions, allowing time for kids to answer.

Who healed the woman? (*Jesus did*)

Who heals you? (*Jesus, Mommy, the doctor, etc.*)

Tell me about being sick. What is it like to be sick?

Spark Resources

Spark Story Bible

Supplies

None

Wrap Up Your Owies in Jesus' Love

Keep kids gathered together to sing this song about Jesus' healing love. Sing it to the tune of "Rock-a-Bye Baby." Sing the song with the motions first. Some kids will join you immediately and some will wait. **It's time to sing! Listen and watch our new song.**

Wrap up your owies in Jesus' love.

(roll up arms)

Jesus heals owies inside and out.

(point to self and then touch your knee)

Wrap up your owies in Jesus' love

(roll up arms)

So they will get better, there is no doubt.

(shake your head up and down and then side to side)

Spark Resources

None

Supplies

None

The Missing Piece

Pass out today's leaflets. Allow kids a few minutes to explore their leaflets. Then hold up your leaflet and point to the first page activity. Read, **Jesus "held her hand, and healed her."** Pause. **In our story today, Jesus held the sick woman's hand and healed her. Jesus is a healer. Jesus made the woman all better!** Pause. **Look! There is something missing from our picture today.** Pause and give kids a chance to figure it out. Point to the empty rectangle. **There is a missing piece that goes right here. What do you think is on this piece?** Pause for kids' answers. Now open up the Spark Story Bible to pages 256-257. Hold up both the bible and your leaflet. See if kids notice what's missing. **Jesus is holding the sick woman's hand. In our leaflet, the hands are missing. Let's fill in the missing piece of our leaflet picture.** Hold up the rectangle sticker and place the sticker on the leaflet so that all the kids can see it. **Now the picture is all better just like the woman in our story today.** Pass out the stickers so kids may fill in the missing piece on their leaflets. When everyone is finished say, **All better. Jesus makes us all better!**

Spark Resources

Leaflets

Lesson Stickers

Spark Story Bible

Supplies

None

Activate Faith (15 Minutes)

All Better with Bandages

Turn your leaflet over to today's Star Activity. Point to today's activity. Help kids turn over their leaflets if necessary. **Tell me what you see in this picture.** Listen to kids' observations. **We see a little boy. He has an owie on his arm.** Pause. **Let's help the boy.** Hold up the bandage stickers. **Let's help Jesus help the little boy get all better.** Pause. **First let's pray.** Fold your hands.

Dear Jesus, help us help you heal the little baby girl. Amen.

Hold up the bandage stickers. **Here are some bandage stickers. Let's put some bandages on the little boy's owie.** Pass out the stickers. Place your stickers on and around the little boy. Hold up your leaflet so kids may see your work. **All better! The little boy is all better. I helped Jesus help the little boy!** Pause. **All better!**

Spark Resources

Leaflets
Lessons Stickers

Supplies

None

Tear here for easy use!

Sign Time: All Better!

Now hold up your leaflet and point to today's Squiggles activity. **It's sign time. It's time to use our hands to speak.** Put your leaflet down. **Today, let's learn to say all better with our hands.** Begin making the ASL signs for *all* and *better*. Attach the spoken word to each sign as you sign it. Repeat several times slowly. Encourage kids to join you. When everyone is comfortable, use the signs in this sentence.

Jesus makes us all better!

Repeat the sentence several times. If your group knows the ASL sign for *Jesus*, add it to the sentence.

Spark Resources

Leaflet

Supplies

None



Jesus

All Better Bagels

Before serving any food, always check with caregivers for learners who have food allergies. Provide an alternative if necessary.

Before this activity, clean and disinfect a kid-sized table. Break the bagels in two and spread with cream cheese. Place sliced strawberries in small bowls in the center of the table. Have one bowl of strawberries for every three kids. Gather kids to wash hands either with disposable wipes or with warm water and soap. Sing familiar songs to make this task fly by with fun. Gather at the table and say a quick table grace. Pass out the napkins and bagel halves. Hold up your bagel and begin to place strawberry slices on it. **Let's all put some strawberries on our bagels.** As kids decorate their bagels, pass out cups of water. While kids are eating, remember today's story and focus statement. **In our story today, Jesus makes a woman all better.** Pause for table conversation. **Eating healthy food helps all of us to stay all better.** Pause for more table conversation. **Today we are eating a healthy snack. Eating healthy is being all better!**

Spark Resources

None

Supplies

Mini whole wheat bagels
Cream cheese
Sliced strawberries
Napkins, 1 per kid
Cups, 1 per kid
Water
Spreading knives, 1 or 2
Small bowls, 1 per 3 kids

Send (5 Minutes)

Good-bye Time

Before today's session, draw or print hearts on the mailing labels.

Hold up the Spark Story Bible open to pages 256-257. **Tell me about today's story.** Listen as kids remember today's story. **Jesus is a healer. Sometimes other people help Jesus heal. Doctors help Jesus heal people. So do our families. When I have an "owie," my [mommy, daddy, auntie, grandma, etc.] kisses it and makes it all better. Here's a heart bandage to take home and remember Jesus makes our owies all better.** Name each kid as you give them their bandage. **Jesus heals [Name].**

Hold up the leaflet and point to Faith on the Go! on the back. **Be sure to take your leaflet home, because it has one more fun activity you can do with your family.**

Spark Resources

Leaflets
Spark Story Bible

Supplies

Large adhesive mailing labels,
1 per person

Prayer Time

Remain seated. Fold your hands. **It's time to pray!** Today's prayer is an action prayer. Pray today's sending prayer, showing kids the actions. Then repeat the prayer so that everyone may join in.

Jesus,

You make us all better! (raise arms up to the sky)

All better, all better! (raise arms up to the sky)

Amen. (fold hands)

Be sure to send leaflets home with the kids, and give each of them a Family Page to take home.

Spark Resources

Family Pages



Supplies

None

Tear here for easy use!