



Choose to Let Go of the Past

July 19, 2026

Matthew 5:4 Blessed are those who mourn, for they will be comforted.

We all _____.

We all _____.

Mourning Process:

James 4:8-10

1. Grieve: The _____

2. Mourn: The _____

3. Wail: The _____

James 5:16



Choose to Let Go of the Past

July 19, 2026

Matthew 5:4 Blessed are those who mourn, for they will be comforted.

We all _____.

We all _____.

Mourning Process:

James 4:8-10

1. Grieve: The _____

2. Mourn: The _____

3. Wail: The _____

James 5:16

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.





THE STEPS TO **FREEDOM** *in* **CHRIST**

A Biblical Guide to Help You Review
Personal and Spiritual Conflicts and
Become a Faithful Disciple of Jesus

Reclaiming Authority in Christ: How the Deafblind

NEIL T. ANDERSON



Seabreeze CCLI#105966
Unless otherwise stated, verses are quoted from the
New International Version of the Bible by permission of Zondervan Publishers.

[illegible]

**THE STEPS TO
FREEDOM
in CHRIST**

**A Biblical Guide to Help You Resolve
Personal and Spiritual Conflicts and
Become a Fruitful Disciple of Jesus**

NEIL T. ANDERSON



Seabreeze CCLI#105966
Unless otherwise stated, verses are quoted from the
New International Version of the Bible by permission of Zondervan Publishers.