



Matthew Zamudio, Pastor, Windsor Park Baptist Church, Desoto Tx. June 28, 2026. All

Scriptures are printed from ESV verbatim with translations noted.

**Study Verse Section: Remember** [Heb. זָכוֹר *Qal Infinitive Absolute Verb denoting a continual command lit. "Keep Remembering"*] **the Sabbath day** [Heb. אֶת־יְיָם הַשַּׁבָּת *lit. to stop*] **to keep it holy.** [Heb. לְקַדְּשׁוֹ *lit. set apart*].

### 1. The Command

Exodus 20:8—Remember the Sabbath day, to keep it holy.

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### 2. The Clarification

Exodus 20:9-10— Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God.

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### 3. The Community

Exodus 20:10— On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.

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### 4. The Cause

Exodus 20:11— For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

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## Life Application

A. \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_

D. \_\_\_\_\_

**Here Is The Point:** We need rhythm for our souls...



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