



USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE IN YOUR PERSONAL STUDY TIME OR WITH YOUR GROUP.

Message Recap: The Summit is at the top of the mountain, and when you look out, you see hundreds of mountains, each with its own Summit that still has yet to be climbed. Even though you might be tired and a little weary, there's also something energizing and exciting. The Summit is where you can look back down, and you can see all of the different people who are still on the trail, and you realize you can help by using the experiences you've had along your journey to help them get further faster in theirs - because the Summit is where you are leading faith.

» Main Points

- The Summit is never the end.
- The Summit is where you can ask someone to follow you.
- Wherever you are on the growth trek, keep taking next steps.

» Getting Started

- Have you ever climbed a mountain? What was it like when you got to the summit?
- Have you ever had a mentor or been a mentor to someone else? What was the experience like?

» Observation

- Read and reflect on [1 Corinthians 11:1, Romans 7:19, 2 Corinthians 11:21-30, 2 Corinthians 12:7-10](#)
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?



- Take some time this week to pray for your neighbor, your co-worker, a friend, family member. One of the best ways to love the people around us is by praying for them.



- What are the qualities and characteristics of a person you would be willing to follow? Would people describe you that way?
- Do you need help moving through the Growth Trek? Who is someone you could ask to be your mentor?
- If you are at the Summit, what are some places where God is challenging you or stretching you to grow right now?
- What is an area of your life you can brag about what God has done for you?



- As we've been discussing, the Growth Trek is a journey. Plan out a hike (big starting at a trailhead, or small just around your neighborhood) and point out different spots along the journey. Is there a big hill? Rocky terrain? Shade and a flat area? Talk with your kids about the importance of taking next step and continuing on in your journey together!

» Next Steps and Prayer

- Take the Growth Trek Self-Assessment this week at ehills.org/weekend.
- Where do you find yourself on the Growth Trek?
- Close by praying that God continues to lead you, continue to stretch you, and continue to show you places where you can grow to be more like Jesus.