



USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE IN YOUR PERSONAL STUDY TIME OR WITH YOUR GROUP.

**Message Recap:** Even though we might want to take a step of faith, we might not know what that looks like. Maybe it feels too abstract, or we're unsure what to do next. And so we question ourselves, become stuck where we are, or just give up. Or maybe we know what to do, but we don't want to do it because we're too proud, busy, or insecure to see it through. Naaman found himself in a similar situation and had to decide whether to choose humility or humiliation.

### » Main Points

- When we choose humility, God can begin the work of healing us.
- If we choose pride, it's a matter of time until we're humiliated.

### » Getting Started

- Describe one of your most embarrassing moments. Could it have been prevented?

### » Observation

- Read and reflect on 2 Kings 5:1-14; Matthew 16:24-25
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?



#### reachout

- What are some ways that you can meet and get to know your neighbors better this summer? Sit in your front yard or on your driveway after work. Go on walks around your neighborhood and say hello to people in your neighborhood. Take time to be friendly to your neighbors around you.



#### growdeep

- What surprises you about Naaman's story? Reflect on the different characters and their roles in 2 Kings 5:1-14.
- Why do you think Naaman was insulted by Elisha's initial response to his request? How would you have responded in a similar situation?
- Naaman eventually humbled himself enough to listen to the wisdom of others to do what Elisha had told him to do. Where do you need to humble yourself to listen to and follow the advice of someone else?
- How has God used tragedy, difficulty, or disease to bring about eventual good in your life? At what point could you finally recognize the good in your story?



#### partner with families

- This week take some time to pray for your neighbors by name. Make a list and have each person in your family take a name or two. If you know specifics about their lives, include them. If not, pray that God would allow your family to be a light in their lives!

### » Next Steps and Prayer

- In what ways might you be passing up an opportunity to be healed (physically, emotionally, relationally, spiritually), because you are too proud to humble yourself?
- Close by praying for God to help you identify the places in your life where you need to be humbled and open to what God wants to do in and through you.