

USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE IN YOUR PERSONAL STUDY TIME OR WITH YOUR GROUP.

Message Recap: No matter who we are, we have all struggled with comparison at one point or another. The problem with comparison is that it ultimately kills our identity. It is critical that we not allow it to make us lose sight of God's promises, power, and provision for us and others.

» Main Points

- Comparison Kills
- Guard Against Comparison

» Getting Started

- Where are you tempted to give into the comparison trap?

» Observation

- Read and reflect on Numbers 13:17-33
- What are your initial reactions to this passage? What do you find challenging? Are you encouraged by any of these verses? Why?



- Is there someone around you, think neighbor, friend, or coworker, that could use some encouragement on Mother's Day? Maybe they lost their mom, lost a child, or aren't able to have children. What is something you could do to help them have a better experience this week?



- Comparison kills our character, confidence, contentment, clarity, and courage. Which one do you feel most when struggling with comparison?
- Looking back, when was a time when you saw God's promise in your life? How does that encourage you as you look toward the future?
- How does it feel to applaud others? What's one way you can intentionally do that this week?
- God doesn't compare us to other people. How does that change you're thinking about comparing yourself to others?



- One way to fight the urge to compare is through gratitude. Something we do in our family is called "Thankful Thursday." Each Thursday at dinner, we go around the table and have everyone share 3-4 things they are thankful for this week. Then we pray and thank God for how he's blessed us and others. Try it out with your family at dinner time this week! Then make it a routine by adding it to your shared family calendar. A notification will pop up at dinner time to remind you!

» Next Steps and Prayer

- What is one thing you can do this week to allow God's opinion of you to shape who you are and the choices you make?
- Close by reflecting on some ways you can express gratitude for the ways God has shown up in your life and the lives of others. Thank God for his faithfulness, and ask him to help you encourage those around you.