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Sermon Notes:

THE PATH TO PEACE
Prayer: Antidote to Anxiety
Phil 4:6,7

August 3, 2025
Speaker: Pastor Kevin



1. IS GOD BIGGER THAN YOUR PROBLEM? Psalm 20: 7; Psalm 33:7

2. DO YOU BELIEVE GOD CARES ABOUT YOUR PROBLEM?
Matthew 6: 25 – 32

3. DOES YOUR PRAYER ALIGN WITH HIS WILL? Matthew 6:33

HOW CAN WE EXPERIENCE PRAYER AS AN ANTIDOTE?

1. LEARN TO BE STILL Psalm 46:10; Matthew 6:6– 8 (MSG)

2. BRING IT ALL James 5:13

3. WORSHIP

Wrap-Up

Luke 10: 38 – 42

PRACTICE:
What makes you anxious today?

Beginning Questions:

- Is God bigger than that problem?
- Do you believe God cares about your problem?
- Does your prayer align/submit with his will?

Take some time:

- Stay in the sanctuary for a bit.
- Go for a walk afternoon or evening.

Take some time to just be still. Move into conscious presence of God.

- Be still
- Unburden your heart & mind
- Worship

welcome to

EAST SIDE
CHURCH

love God, love people,
learn to be like him, live his mission

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www.eastsidechurch.ca

Announcements & Upcoming Events



MEN'S COFFEE TALK- FRIDAY'S, 10:00 - 11:00 am

An opportunity for men to talk about meaningful things in life. East Side Church Lobby, facilitator: Pastor Kevin
For more info contact the church office.



UNPLUGGED WOMEN'S WORSHIP NIGHT

Wednesday August 13th at 7:00 pm
FireSide acoustic worship and prayer time to unplug, unwind and seek Jesus
East Side Church Courtyard, enter the East Wing doors



SUNDAY WORSHIP GATHERING @ CYPRESS BIBLE CAMP CHAPEL

10:30 am August 17
Come for a pancake breakfast at 10:00 am Aug 17
If you plan to attend and would like to help, please contact Bryon at 306-741-8665. We would like 4-6 people for the Aug 17 service. There will be a team meeting on August 14, at 7:00 pm to prepare and pray.



FIT TO SYRV WORKSHOP- THURSDAY'S AUG 28, SEPT 4, 11, 18. 6:00-8:00 PM

A Discipleship and Wellness Workshop- Strengthen the Body. Renew the Mind. Anchor the Spirit.
\$15, East Side Church. For more info email office@eastsidechurch.ca or follow the QR code to sign up

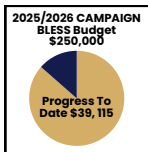


FALL KICK OFF - SEPTEMBER 27TH

Please join us for lunch and fun following both services.
There will be kids inflatables, a bbq and ice cream!!

Giving Moment:

Scan to find out ways you can give.
Thank you for your continuing support!



Ways You Can Serve:



ESL SUMMER CAFE

Wednesday's June 18- Aug 27
10:00 am - 12:00 pm
Childcare available
Follow QR code to sign up to bring snacks.



VBS VOLUNTEERS NEEDED- AUGUST 18-22

Group leader, snack, games, crafts, decorating, etc.
Volunteer for a day, a week, or whatever you can give. Sign up using the QR code.
Bibles for day camps- give every child attending VBS a Gospel of Matthew to take home- sponsor one for \$4
Shop our registry- decor and food item donations needed. Check our weekly newsletter, the bin by the office or contact Sara for all the things needed.

Weekly:

Sunday:

8:45 and 10:30 am.....Pre-service prayer in the Prayer Room
Everyone is welcome to join in.
9:15 and 11:00 am.....Worship Service - In Person and Online

Tuesday:

7:00-9:30 pm.....Young Adults Bible Study

Wednesday:

1:00-2:00 pm.....Prayer Time in the Worship Centre
Everyone is welcome to join in.

Our Staff

Lead Pastor: Kevin Snyder
Associate Pastor: Drew Weber
Pastor of Student Ministries: Parker Wall
Pastoral Apprentice: Tim Moonias
Director of Children's Ministry: Sara Wallace
Director of Soul Care: Lori Siemens
Director of Production and Technology: Marcus Braun
Satellite Campus Director: Bryon Bezanson
Frontline Ministry Director: Andrea Kerr
Children's & Office Admin Assistant: Alicia Bitsch
Youth Admin Assistant: Sorina Archer