

## SERMON-BASED STUDY: THOMAS

**John 20:24-31, ESV** – <sup>24</sup> Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. <sup>25</sup> So the other disciples told him, “We have seen the Lord.” But he said to them, “Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe.”

<sup>26</sup> Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, “Peace be with you.” <sup>27</sup> Then he said to Thomas, “Put your finger here, and see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe.” <sup>28</sup> Thomas answered him, “My Lord and my God!” <sup>29</sup> Jesus said to him, “Have you believed because you have seen me? Blessed are those who have not seen and yet have believed.”

<sup>30</sup> Now Jesus did many other signs in the presence of the disciples, which are not written in this book; <sup>31</sup> but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.

### Notes:

- 1.
- 2.
- 3.
- 4.
- 5.

### QUICK REVIEW

Looking back at your notes from this week’s teaching, was there anything you heard for the first time or that caught your attention, challenged, or confused you?

### ENGAGE WITH THE MESSAGE

- 1 What does Jesus’ response to Thomas show us about how He handles our doubts?

2 What does Thomas' declaration, *my Lord and my God!* reveal about his understanding of who Jesus is?

3 How does Jesus provide peace for Thomas? How does He provide peace for us?

4 What does Jesus mean when He says, *Blessed are those who have not seen and yet have believed?*

## DIGGING DEEPER

**A** **Mark 9:17-27, ESV** – <sup>17</sup> And someone from the crowd answered him, “Teacher, I brought my son to you, for he has a spirit that makes him mute. <sup>18</sup> And whenever it seizes him, it throws him down, and he foams and grinds his teeth and becomes rigid. So I asked your disciples to cast it out, and they were not able.” <sup>19</sup> And he answered them, “O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me.” <sup>20</sup> And they brought the boy to him. And when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. <sup>21</sup> And Jesus asked his father, “How long has this been happening to him?” And he said, “From childhood. <sup>22</sup> And it has often cast him into fire and into water, to destroy him. But if you can do anything, have compassion on us and help us.” <sup>23</sup> And Jesus said to him, “‘If you can!’ All things are possible for one who believes.” <sup>24</sup> Immediately the father of the child cried out and said, “I believe; help my unbelief!” <sup>25</sup> And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You mute and deaf spirit, I command you, come out of him and never enter him again.” <sup>26</sup> And after crying out and convulsing him terribly, it came out, and the boy was like a corpse, so that most of them said, “He is dead.” <sup>27</sup> But Jesus took him by the hand and lifted him up, and he arose.

5 What does the father mean when he says, *I believe; help my unbelief?*

6 How can bringing our doubts to God strengthen our faith?

**B** **Matthew 14:28-33, ESV** – <sup>28</sup> And Peter answered him, “Lord, if it is you, command me to come to you on the water.” <sup>29</sup> He said, “Come.” So Peter got out of the boat and walked on the water and came to Jesus. <sup>30</sup> But when he saw the wind, he was afraid, and beginning to sink he cried out, “Lord, save me.” <sup>31</sup> Jesus immediately reached out his hand and took hold of him, saying to him, “O you of little faith, why did you doubt?” <sup>32</sup> And when they got into the boat, the wind ceased. <sup>33</sup> And those in the boat worshiped him, saying, “Truly you are the Son of God.”

7 Why was Peter able to walk on water initially? What changed when he started to sink?

## TAKING IT HOME

Thomas has his doubts after the resurrection. But Jesus doesn't condemn him for this. Instead, He invites Thomas' doubts and addresses them with compassion and understanding. When is it challenging to trust Jesus as Lord in your own life? When have you experienced doubt in your faith journey? How did you bring that doubt to God? Spend some time in prayer, asking God to show you what next steps you need to take in bring your doubts to Him and trusting in Him more.

## PRAISES AND PRAYER REQUEST

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## FOR FURTHER STUDY

John 1:12; 3:16; 5:24; 6:35; 14:1; 16:33  
Romans 10:17  
1 Peter 1:8-9