



LIVING LIKE JESUS: RHYTHMS OF LIFE



4 rhythms that shape us into a Jesus-shaped life of love.

LOVE GOD



WORSHIP

Center our lives
in God



Worshiper

Together: Weekly worship
Personal: Daily gratitude
personal prayer



GROW

Pursue growth
and transformation



Learner

Together: Grow classes/
groups
Personal: Daily Bible reading

LOVE OTHERS



SERVE

Share the love
of Christ



Servant

Together: Hands-on service
and generosity
Personal: Daily acts of
kindness



CONNECT

Build beloved
community



Friend

Together: Build relationships
in church and/or community
Personal: Reach out to
someone weekly

IDENTITY

CORE PRACTICES

CHARACTER

—— Fruits of the Spirit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control ——
Humility, Generosity, Surrender, Servant's heart, Forgiving & merciful, Strong & courageous, Listening posture, Awareness of
God's presence, Being WITH Jesus before doing FOR Jesus, Hunger for Kingdom of God & justice, Growth mindset

ADDITIONAL PRACTICES

- Gratitude journal • Worship through creative arts • Practice of prayer - find new ways to pray
- Develop Sabbath practice • Silence and solitude • Tithe/offering
- Practicing the presence of God

- Retreats/camps • Experiment w/ Spiritual disciplines • Develop rules of life • Spiritual reading/podcasts
- Spiritual direction • Counseling
- Personal discovery & development

- Learn your Spiritual Gifts
- Find a cause to be passionate about and invest deeply
- Mission trips • Connect with a local non-profit

- Congregational care team
- Serve a church ministry team
- Start a Connect group
- Build a more just community
- Build relationships outside your bubble/comfort zone