## Come, Grow and Go

## Shopping for the Northwood Presbyterian Food Pantry



The Food Pantry is a vital mission of Northwood Presbyterian Church. We are helping to serve the community by distributing these bags of food to low income families that come to the church doors seeking help. This mission is supported by YOU, the congregation, with your weekly donations of non-perishable food and monetary gifts. With your help we can continue to support this very worth-while mission.

By filling this bag with the listed items, you will help provide a Family with meals for 3 days.

Thank you for your generous donations and support!!!

## SHOPPING LIST

- 1 Ham
- 1 Can of Chicken
- 1 Can of other meat
- 1 Spaghetti sauce
- 1 Can of ravioli
- 1 Can of pasta
- 1 Can of chili
- 2 Cans of tuna
- 1 Can of green beans

- 1 Can of corn
- 1 Can of another veggie
- 1 Can of baked beans
- 1 Can of chunky soup
- 1 Can of tomato/chicken soup
- 2 Cans of fruit
- **Peanut Butter**
- Jelly









