

EUMC LENTEN PRAYER BREAKFAST

MARCH 14, 9:30 AM TO 12:00 PM

Organized by The Prayer Ministry

Join us for a morning of fellowship
and prayer as we reflect on

***The Garden of Gethsemane
From Agony to Victory***

(with a display of the Stations of the Cross)



Keynote Speaker:

Rev. Roberta S. White

Expressive Arts Activity:

Rev. Dr. Martina E. Efodzi

Enjoy a light breakfast while uplifting your spirit
with inspiring messages, heartfelt prayer and an
expressive art activity. All are welcome! Bring a
friend and let's grow in faith together.

For more information and to RSVP contact

judydavies@eumclaurel.org



Emmanuel United Methodist Church | 10755 Scaggsville Road, Laurel MD 20723
There is no charge for attending the breakfast, love offering accepted.

EUMC Lenten Prayer Breakfast



Rev. Roberta S. White
Keynote Speaker

Rev. Roberta Sonsaray White is a proud English Education Magna Cum Laude graduate of Claflin University (BA 1999) and an Urban Ministry graduate of Wesley Theological Seminary (M.Div. 2012). Chaplain White is an ordained Deacon in the Baltimore-Washington Conference of the United Methodist Church as of 2024. She is also a native of the Cornhusker State of Nebraska.

Her humble beginnings in the Omaha Public School system, in addition to the love and support of her father, mother, siblings, extended family, and community, inspired her to dream big. Like one of her greatest inspirers, who happens to be her sorority sister, the renowned anthropologist Zora Neale Hurston, Chaplain White learned to “Jump at the Sun!” which means to reach for that which you believe God wants you to have.

Chaplain Roberta S. White believes that from great struggle comes great progress. She is a woman unmarred by the hardships of life, which include being homeless, experiencing learning challenges early on, and growing up in a single-parent family

home due to the end of her father’s battle with cancer. Rather than growing bitter because of the hand dealt her in life, she embraces a spirit where she allows these transitions to transform her. In the words of Chaplain White, “I praise God for every struggle, every blessing, and every discriminatory act done unto me. In them, I get to know God on a more personal level. And I have grown to know that God always makes a way.”

Fearless, focused, authentic, caring, generous, joyful, humorous, wise, perceptive, creative, and organized are a few words to describe Chaplain Roberta Sonsaray White, a Poet, Author, Motivational Speaker, Grief Specialist, Life Consultant, Educator & Spinning Instructor.



Rev. Dr. Martina E. Efodzi
Expressive Arts Facilitator

Rev. Dr. Martina E. Efodzi is a Board-Certified, Registered art therapist and professional counselor, licensed in both Washington, DC, and Maryland. The two-time Howard University graduate and George Washington University alumna is an ordained Deacon in the United Methodist Church, currently serving in an appointment beyond the local church as a full-time art psychotherapist. Through her practice, *Aya Healing Arts*, she offers individual counseling and art therapy services for adults and specializes in providing culturally responsive care for marginalized communities.

In addition to her clinical work, Rev. Martina has facilitated countless expressive arts workshops for people of all ages and abilities at various schools, government agencies, community organizations, universities, and churches along the East Coast. To consolidate her prior learning, she completed a Doctor of Ministry in Soul Care from Wesley Theological Seminary in 2024. Rev. Martina currently serves on the faculty for the *Common Threads Project*, which is an International organization that uses the expressive arts to equip survivors of sexual and gender-based violence with trauma-informed tools for recovery and healing. She is also an adjunct faculty member in the Department of Art Therapy at George Washington University.