

**Living in Life Union with Holy Spirit
Session 15: The Fruit of Holy Spirit**

❖ **The Fruit**

Galatians 5:16-25 NKJV

Verse 16: I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh

1. _____ – G4043 – *peripateó*

- I. To walk
 - a. To make one's way, _____; to make do use of opportunities
 - b. Hebrew for, to live
 - i. To _____ one's life
 - ii. To _____ oneself
 - iii. To pass one's life

Strong's Concordance: to tread all around, i.e. walk at large (especially as proof of ability); figuratively, to live, deport oneself, follow (as a companion or votary); go, be, occupied with, walk (about).

Root Word Etymology:

Peri – G4012 – about, concerning, on account of, because of, around, near

Pateo – G3961 – to trample (literally or figuratively), to tread (down, underfoot)

Christian life is not a _____, but a _____ of
_____ shaped by _____.

2. _____ – G5055 – *teleó*

- I. To bring to a _____, to _____, to _____
 - A. Passed, finished
- II. To perform, execute, _____, fulfill

Strong's Concordance: to end, i.e. complete, execute, conclude, discharge: accomplish, make an end, expire, fill up, finish, go over, pay, perform

Root Word Etymology:

Telos – G5056 – end, termination, the limit at which a thing ceases to be

The verb centers on bringing an action, purpose, or obligation to its _____
_____.

Paul tells us here that that walking by the Spirit will “not gratify the desires of the flesh.” The Christian life is a daily process of bringing holiness to completion.

3. _____ – G1939 – *epithumia*

- I. _____, craving, longing, desire for what is _____, lust

Strong's Concordance: a longing (especially for what is forbidden); concupiscence (sexual desire), desire, lust (after).

Root Word Etymology:

Epithumeo - G1937 – to _____ the _____ upon, i.e. long for

Epi - G1909 – upon, on, at, by, before,

thymos - G2372 – passion, fierceness, indignation, inflaming

It denotes a strong inclination of the _____, either toward what _____

God or toward what _____ against Him.

The flesh _____ desire or lust against the believer, but the Spirit supplies
_____ for _____.

4. _____ – G4561 – *sarx*

- I. Flesh (the soft substance of the living body, which covers the bones and is permeated with blood)
- II. The body
 - A. The body of man
 - B. Used of natural or physical origin, generation or relationship
 - i. Born of natural generation
 - C. The sensuous nature of man, “the animal nature”
 - i. Without any suggestion of depravity
 - ii. The animal nature with cravings which incite to sin
 - iii. The physical nature of man as subject to suffering
- III. A living creature whether man or beast
- IV. The flesh denotes mere human nature, the earthly nature of man apart from the _____
_____, and therefore prone to sin and opposed to God.

17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

We may have desires and longings, however, because we have Holy Spirit living within us, we can
_____ between what is holy and what is opposed to His holiness.

We are not subject to those lusts within us because we have the Spirit of the Living God within us, Who,
_____ us to _____ those longings.

22a But the fruit of the Spirit

5. _____ – G6590 – *karpos*

- I. Fruit
 - A. The fruit of trees, vines, of the fields
 - B. The fruit of one's loins, i.e. his progeny, his posterity
- II. That which originates or comes from something, an effect, result
 - A. Work, act, deed
 - B. Advantage, profit, utility
 - C. Praises, which are presented to God as a thank offering
 - D. To gather fruit (i.e. a reaped harvest) into life eternal (as into a granary), is used in fig. discourse of those who by their labors have fitted souls to obtain eternal life.

In the agrarian world of ancient Israel, "fruit" was the _____ of
a _____ tree or vine.

➡ _____ - Lack of Fruit

Matthew 21:18-19 TPT

While walking back into the city the next morning, he got hungry. 19 He noticed a lone fig tree by the side of the path and walked over to see if there was any fruit on it, but there was none—he found only leaves. So he spoke to the fig tree and said, "You will be barren and will never bear fruit again!" Instantly the fig tree shriveled up right in front of their eyes!

Believers' works _____ their regenerated _____; counterfeit disciples may profess loudly yet remain fruitless.

➡ _____ - Known by Your Fruit

Matthew 7:15-20 TPT

"Constantly be on your guard against phony prophets. They come disguised as lambs, appearing to be genuine, but on the inside they are like wild, ravenous wolves! 16 You can spot them by their actions, for the fruits of their character will be obvious. You won't find sweet grapes hanging on a thorn bush, and you'll never pick good fruit from a tumbleweed. 17–19 So if the tree is good, it will produce good fruit; but if the tree is bad, it will bear only rotten fruit and it deserves to be cut down and burned. 20 Look at the obvious fruit of their lives and ministries, and then you'll know whether they are true or false."

Jesus immediately passes judgment on this fig tree for having no fruit. This gives us a concrete lesson in
_____ our _____ to not only be hearers of the Word but be
_____ of the Word.

➡ _____ is our First Fruit

Matthew 3:8-10 TPT

You must prove your repentance by a changed life. 9 And don't presume you can get away with merely saying to yourselves, 'But we're Abraham's descendants!' For I tell you, God can awaken these stones to become sons of Abraham! 10 The axe is now ready to cut down the trees at their very roots. Every fruitless, rotten tree will be chopped down and thrown into the fire

Repentance is not sorrowful, emotional, _____; it _____ observable



- The Way to Produce Fruit

John 15:5 TPT

"I am the sprouting vine and you're my branches. As you live in union with me as your source, fruitfulness will stream from within you—but when you live separated from me you are powerless

John 15:8 TPT

When your lives bear abundant fruit, you demonstrate that you are my mature disciples who glorify my Father!

Fruitfulness is _____ apart from union with Christ; conversely,

abundant fruit glorifies the Father and proves true _____. The fruit envisioned includes character, obedience, prayer-driven results, and disciple multiplication

Application Concerning Fruitfulness:

1. _____ roots, not merely results: lasting fruit arises from genuine union with Christ.
2. _____ Spirit-filled obedience; moral effort alone cannot reproduce the fruit of the Spirit.
3. _____ every arena of fruitfulness—character, converts, generosity, praise—as integral to Christian maturity.
4. _____ accountability: the Owner seeks fruit in its season; stewardship now anticipates reckoning later.
5. _____ confidently: despite present toil, a harvest is assured, culminating in the eternal orchard of Revelation.

22 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.

6. _____ – G26 – *agape*

- I. Affection, good will, love, benevolence, brotherly love
- II. Love feasts

This word is never used of romantic passion and only rarely of natural affection. Rather, it denotes a

_____, _____ disposition that _____ in

_____, is displayed perfectly in Jesus Christ, and is implanted in believers by the Holy Spirit.

Love is God's own _____

Christ's _____

The Spirit's _____ in the believer.

Love fulfills the law, validates discipleship, empowers ministry, and endures forever.

7. _____ – G5479 – *chara*

- I. Joy, gladness
 - A. The joy received from you
 - B. The cause of occasion of joy

Strong's Concordance: cheerfulness, i.e. calm delight; exceeding joy

Root Word Etymology:

***chairo* – G5463** – to rejoice, to glad, to rejoice exceedingly, to be well, thrive, calmly happy, well off, Godspeed.

Joy in the New Testament is more than _____; it is the _____, Spirit-

given delight that arises from the redemptive acts and _____ presence of God. It is

rooted in _____ initiative, experienced in the believer, and expressed both now and in the age to come.

Practical Implications for Believers Today

- _____ joy through Scripture, prayer, and worship where the Spirit applies gospel truth to the heart.
- _____ joy in community, strengthening others just as the Macedonians did.
- _____ hardship by focusing on the future joy guaranteed in Christ.
- Let joy _____ service, reflecting the Savior who rejoices over one repentant sinner.

8. _____ – G1515 – *eiréné*

- I. A state of national tranquility
- II. Peace between individuals, i.e. harmony
- III. Security, safety, prosperity, felicity, (because peace and harmony make and keep things safe and prosperous)
- IV. Of the Messiah's peace
 - A. The way that leads to peace (salvation)
- V. Of Christianity, the tranquil state of a soul _____ of its
_____ through Christ, and so fearing nothing from God and
_____ with its earthly lot, of whatsoever sort that is
- VI. The blessed state of devout and upright men and after death

Peace describes wholeness, harmony, and well-being granted by God and experienced among His

people. In the New Testament it is never a mere absence of _____; it is the positive, covenantal state that flows from God's redemptive work in Christ and is applied by the Holy Spirit to individuals and communities.

9. _____ – G3115 – *makrothumia*

- I. Patience, endurance, constancy, steadfastness, perseverance
- II. Patience, forbearance, long suffering, slowness in avenging words

Makrothymia, rendered in English as patience, long-suffering, or forbearance, describes a God-centered

_____ that endures provocation without surrendering to

_____ or _____. Rather than mere

passivity, it is a _____ waiting that preserves righteousness and seeks the good of others.

10. _____ – G5544 – *chréstotés*

- I. Moral goodness, integrity
- II. Benignity, kindness

Strong's Concordance: usefulness, i.e. morally, excellence (in character and demeanor); gentleness, goodness, kindness

The word denotes the moral grace that expresses itself in benevolent action. While modern English often narrows “kindness” to a gentle disposition, this word combines that gentleness with moral usefulness,

generosity, and active goodness. Scripture presents it as simultaneously an _____ of _____ and a _____ in His _____.

11. _____ – G19 - *agathosune*

- I. Uprightness of heart and life, goodness, kindness

This term belongs to the New Testament family that describes moral excellence and beneficent action.

While other words in the group stress intrinsic virtue, this one highlights virtue _____ expressed in generosity and righteous initiative toward _____.

12. _____ – G4102 – *pistis*

- I. Conviction of the truth of anything, belief; in the NT of a conviction or belief respecting man's relationship to God and divine things, generally with the included idea of trust and holy fervor born of faith and joined with it.
 - a. Relating to God
 - i. The conviction that God exists and is the creator and ruler of all things, the provider and bestower of eternal salvation through Christ.
 - b. Relating to Christ
 - i. A strong and welcome conviction or belief that Jesus is the Messiah, through whom we obtain eternal salvation in the kingdom of God
 - c. The religious beliefs of Christians
 - d. Belief with the predominate idea of trust or confidence whether in God or in Christ, springing from faith in the same
- II. Fidelity, faithfulness
 - a. The character of one who can be relied on

Faith is the God-wrought conviction that rests on His self-revelation and responds with personal trust and obedience. It entails both believing that God is who He says He is and _____

oneself to Him in _____ on His promises.

Faith is the divinely enabled response that receives salvation, sustains the Christian walk, unites the church, overcomes trials, and looks to the consummation of God's promises. It centers on Jesus Christ, is nourished by Scripture, and proves itself through active obedience until it is transformed into sight at His appearing.

13. _____ – G4236 - *prautes*

- I. gentleness, mildness, meekness

Gentleness or meekness expresses interior _____ under Holy Spirit _____. Far from timidity, it is the poised disposition that gladly submits to God's will and channels power for another's good.

14. _____ – G1466 – *egkrateia*

- I. Self-control (the virtue of one who masters his desires and passions)

Self-control denotes the Spirit-enabled mastery of desires, impulses, and habits so that they

_____ rather than _____ the believer. It is not mere human self-

discipline but a _____ capacity to bring every faculty under the

_____ of Jesus Christ for holy living and effective service.

Galatians 5:23-25 TPT

22–23 But the fruit produced by the Holy Spirit within you is divine love in all its varied expressions: joy that overflows, peace that subdues, patience that endures, kindness in action, a life full of virtue, faith that prevails, gentleness of heart, and strength of spirit. Never set the law above these qualities, for they are meant to be limitless. 24 Keep in mind that we who belong to Jesus, the Anointed One, have already experienced crucifixion. For everything connected with our self-life was put to death on the cross and crucified with Messiah. 25 We must live in the Holy Spirit and follow after him.