



Seven Letters Week 5

Jesse DeYoung

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// Bible References: Revelation 3:1-6, John 16:33, Luke 6:26, Hebrews 10:24, Galatians 5:13, Proverbs 18:24, Matthew 5:14-16, 2 Corinthians 8:2-3, John 3:16

// Community Question: What's one routine or habit in your life that you've realized you do almost completely on autopilot?

// Discussion Questions

1. Jesse used the story of Sardis being conquered twice the same way — guards fell asleep, left a blind spot unguarded — to make the point that 'the enemy doesn't need to attack you, he just needs to lull you to sleep.' Where in your life do you think you might be the most vulnerable to spiritual sleepiness right now?
2. Jesse pointed out that every other church in the seven letters had an enemy to fight — false teachers, persecution, idolatry — but Sardis had nothing pushing back against them, and Jesus saw that as a danger, not a blessing. Do you think it's possible that a comfortable, friction-free life could actually be a spiritual warning sign?
3. Jesus gave Sardis three directives in Revelation 3:3: 'Remember, then, what you received and heard. Keep it, and repent.' Pastor Jesse noted that none of this was new information — Jesus was telling them to go back to what they already had. Why do you think we tend to look for new spiritual secrets or shortcuts instead of returning to the basics we already know?
4. Jesse introduced the idea of asking two questions about each of the five areas of growth (Gather, Serve, Connect, Influence, Give): Is this a frequency problem or an intensity problem? How does that framework help you think more honestly about where you actually are spiritually?

// Challenge: Ask God one honest question: **"Where have I fallen asleep spiritually?"** Then choose one intentional step to wake up. Whether that's committing to gather consistently, joining a Connect Group, serving on a team, giving generously, or reaching out to someone who needs hope—don't settle for good intentions.