

Psalm 119 - Session 1: Verses 1-16

Matt Chandler

// Community Question

Community Question: Describe your efforts to hide something extremely valuable.
Who determined its value?

// Discussion Questions:

1. How would our American culture define a “blessed life?”
2. How would you define a “blessed life”?
3. READ: Psalm 119:1-16: Have someone read 1-8 (a definition of a blessed life) and another read 9-16 (how to attain a blessed life.)
After reading David’s Psalm, how would you define it now?
4. Progress will be slow if we work on accomplishing what David sets forth in verses 1-8.
When is the “blessed life” attained, and what does that look like for us?
5. Psalm 119:11: *I have hidden your word in my heart that I might not sin against you.*
How might having God’s word in your heart help battle temptation and sin?
How did Jesus apply this concept? (Luke 4:1-13)
5. The word for “hidden” in the original Hebrew means “to treasure, to hide, to save up.”
What steps can we take to hide God’s word in our hearts?
Step 1: Have a Bible. Step 2: Read it; Step 3... (your turn...)
What step are you on, and what is needed to start on the next step?
6. In Psalm 119:16, David says he will “delight in your (God’s) decrees.”
How can decrees, rules, and commandments bring delight? Give an example.
7. How does creating and projecting a façade of having a blessed life get in the way of really having a blessed life? What motivates you to project this misleading strength and sufficiency?
What fears do you have when it comes to being honest about your struggles?

// **Challenge:** If we hope to grow in faith, we have to be honest about where we are today. As Matt shared, if blamelessness is a prerequisite for a blessed life, we have to acknowledge our guilt and surrender to the saving work of Jesus Christ.

What is holding you back from acknowledging the brokenness in your life?

What would change if you did?

Start the process by choosing someone you trust and be honest with them as you share some of your struggles.