



// Bible References: Galatians 5:1, 16–26; 2:20; John 5:30; Luke 4:18–19; 2 Corinthians 3:17

// Community Question: What's something that helps you slow down and listen when life feels noisy or busy?

// Discussion Questions

- 1. Jim said the "flesh" is anything that resists what God wants to do in or through us. What does that tug-of-war between your flesh and the Spirit look like in your life right now?
- 2. Paul says, "Walk by the Spirit, and you will not gratify the desires of the flesh." What does being *led* by the Spirit look like in everyday life (at work, at home, or in relationships)?
- 3. Jim reminded us that when we walk with the Spirit, our lives naturally produce fruit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control). Which of these fruits do you feel God growing in you right now? Which one is being tested the most?
- 4. Jim said being "led by the Spirit" is what spiritual formation is all about, it's a journey of taking riskier steps of faith. How have you seen your faith grow when you've obeyed even when it felt risky or uncomfortable?

// Challenge: What's one area where you sense the Spirit asking you to take a step of faith this week? It might mean trusting God with your time, resources, or a relationship.

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