



## 35 Day Challenge – Week 1

Jesse DeYoung & Karl Romeus  
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### // Discussion Questions

1. If you were to describe your current faith walk using water levels (ankle-deep, knee-deep, waist-deep, or over your head) where would you place yourself right now? Why? What keeps you at that level? What would it take to move deeper?
2. Karl asked, “Does your walk with Jesus ever just feel dry?” Where do you feel “stuck” or “dry” in your faith right now? What do you usually turn to when you hit those seasons (comfort, distraction, or commitment)? How do you think God wants to meet you in that dry place?
3. Read Ezekiel 47:2–5. The picture shows moving from shallow to deep water with God. What holds people back from wading deeper with God (fear, comfort, or control, shame, etc.)? Based on this message and what God spoke to you, what do you sense God might be asking you to step deeper into this season?
4. What “little things” in your spiritual life are easy to neglect (prayer, Scripture, serving, etc.)? Read Matthew 25:14-28. Jesse reminded us that being faithful in little leads to being trusted with more. How might consistent small steps start to grow your faith in big ways? What excites you most about practicing one of these disciplines for 35 days straight? What scares you most?
5. The 35 Day Challenge calls us to practice sacrifice, prayer, movement, Bible, and serving daily. Which one of these comes most naturally to you and which one feels hardest? Why? How could building discipline in one area ripple into strength in the others?

**// Challenge:** This week, download the 35-Day Challenge app and commit to putting the five practices (Sacrifice, Prayer, Move, Bible, and Serve) into action. As a group, let’s commit to encouraging one another and holding each other accountable...not through shame, but through love. Throughout the week, use text, calls, or quick check-ins to share what you’re learning about yourself and about God. Finally, make space to imagine what could change in your faith or family if you stuck with this for the next 35 days...what comes to mind?

Learn more about and download the 35-day app here: <https://www.flatironschurch.com/35daychallenge/>