



LENT 2026

Join us in Following the Shepherd

Join us for Mass: 7:00 AM, 8:30 AM (All School Mass), 12:10 & 6:00 PM

ASH WED

Consider the 3 Pillars of Lent: Prayer. Fasting. Almsgiving. Individually, or as a family, what will you do this Lent to "Follow the Shepherd" better? How will you hold each other accountable?

- All are invited to follow the Shepherd through the Stations of the Cross. (Schedule online)

WEEK ONE

Jesus takes us to the desert. (Gospel: Matthew 4:1-11)

Jesus often took time away to sit in quiet. It is in the silence that we hear God. Spend this week in the desert by revisiting or growing your prayer - rest in the Lord in silence. Consider using the strategy shared with Habit #1 (Notice. Tell. Invite. Listen.)

- Come pray with us at our Formation Lenten Nights on February 23 at 4:45 PM or February 24 at 6:15 PM and Mary's Way of the Cross on February 26 at 7:00 PM

WEEK TWO

Jesus takes us to the mountain top. (Gospel: Matthew 17: 1-9)

Take time with the Gospel this week to imagine yourself in the scene a little at a time. Consider using the strategy shared with Habit #2 (Read. Reflect. Respond. Rest.)
Verses 1-2 | Verse 3 | Verse 4 | Verse 5 | Verse 6 | Verse 7-8

WEEK THREE

Jesus teaches us about forgiveness. (Gospel: John 4: 5-42)

Revisit Habit #3 this week in order to make a good confession.

- Extended reconciliation times are available on Saturdays, February 21 through March 28 from 2:00-4:00 PM. 12 Hours of Reconciliation will also be offered on March 25 from 8:00 AM-8:00 PM .

WEEK FOUR

Jesus shows us that loving our neighbor is to serve our neighbor. (Gospel: John 9:1-41)

Challenge yourself this week to do something kind for the person you find the most difficult to love - demonstrate that you will their good.

- Sign up for one of our Lenten Project Days at <https://tinyurl.com/2026LentenOutreach>
- Give alms in support of our Lenten Outreach at <https://stdominic.net/e-giving>

WEEK FIVE

Jesus reveals the power of the cross to come. (Gospel: John 11:1-45)

Revisit Habit #6 by considering the things that bind you from being who you were created to be. Jesus removes our bindings when we give them to Him. Make note of what binds you and bring it to the cross.

HOLY WEEK

Jesus leads us through His passion and death so that we may join Him in the glory of Easter.

Holy Thursday Mass of the Lord's Supper: April 2 | 7:00PM
Good Friday of the Lord's Passion: April 3 | 1:00 PM
Holy Saturday-Easter Vigil: 7:30 PM
Easter Sunday: 7:30 AM, 9:00 AM, 11:00 AM