



Tuesday Time-outs

6:15—7:30 PM | 1st and 3rd Tuesdays | Parish Arts & Activities Center

All adults are invited to take a “time-out” to grow in their knowledge and understanding of the Catholic faith. Time-outs provide an opportunity for prayer, formation, and community. Please consider joining us when the topic or time works for you—whether you are just beginning, need a refresher, or wish to learn more.

THERE IS NO NEED TO SIGN UP OR RSVP!

September 2: JOY OF PRAYER As we focus on the habit of praying every day, come learn how to rediscover (or discover) the joy of prayer in nine days based on the book by Fr. Jacques Philippe.

September 16: LEVEL UP YOUR PRAYER

Do you find yourself stuck in a rut? Has your prayer life run dry or feel flat? Come learn ways to refresh your prayer and take it to the next level.

October 7: HELP! HOW DO I EVEN START TO PRAY WITH SCRIPTURE? Join in this conversation about how to pray with Scripture in order to hear God better.

October 21: THE GOSPEL RUN DOWN

Come learn why it is important to learn the backgrounds of each of the Gospel writers to better appreciate who they were speaking to and what the message was all about as well as other fun nuggets to better appreciate these different books about Jesus.

November 4: WHY DO WE NEED THE SACRAMENTS?

The sacraments are so much more than a series of boxes to check. Come learn why they are more than just “one more thing to do”.

November 18: THE SEVEN SECRETS OF CONFESSION

Join in this book discussion on the book of the same name by Vinny Flynn, published by MercySong.

December 2: ADVENT REFLECTION NIGHT

This Advent, build the habit of “Worship The Lord.”

January 6: DISCIPLESHIP CHECKPOINT How are you doing in building new habits for your own discipleship? Come join in a conversation led by Andre Lesperance of Evangelical Catholic for support, accountability, and encouragement. Further details to come.

January 20: MISSION READY FRIENDSHIP Join in this book discussion on the book of the same name by Jason Simon, published by Ave Maria Press.

February 3 : KEEPING KIDS CATHOLIC

Raising children or grandchildren at a time when God is hard to find in the world is a challenge. Learn some strategies for how to provide a Christ-centered world when the world is anything but.

February 17: RETURN: THE CLIFF NOTES Is someone you love on the edge of leaving the Church, or not going to Church? Has someone you love abandoned faith all together? Come join a conversation for support and encouragement for how to accompany them back.

March 3: THE MASS EXPLAINED PT. 1

Come learn “the why to the what” of the Mass.

March 17: THE MASS EXPLAINED PT. 2

Continue to learn “the why to the what” of the Mass.

April 7: HOW A SAINT IS MADE

How does a person go from ordinary to extraordinary in the eyes of the Church? Come learn the process.

April 21: MARIAN APPARITIONS AND WHAT THEY TELL US

Mary is on the move! What has she been saying to us, her children, since the command to “Do what he tells you” at the Wedding at Cana.

May 5: VOCATION NOT VACATION

May 19: DISCIPLESHIP CHECKPOINT You are almost at the end of a beautiful year of growth as a disciple! Come join in a conversation led by Andre Lesperance of Evangelical Catholic for how to keep the habit going. Further details to come.