



# Tuesday Time-outs

6:15-7:30 PM | Parish Arts & Activities Center

All adults (18 years of age and older) are invited to take a "time out" on Tuesdays to build their relationship with Jesus, learn more about their faith, and meet other members seeking to grow in their discipleship.

**THERE IS NO NEED TO SIGN UP OR RSVP!**

**September 26: CATHOLICISM 101: WHAT EXACTLY DO WE BELIEVE?** *Unpack the foundational beliefs of the Catholic Church as found in the Creed and Catechism.*

**October 3: "I'LL PRAY FOR YOU" NOW WHAT?** *Learn the fundamentals of prayer and how to pray with others not just for others.*

**October 10: WHAT IS YOUR PURPOSE?** *How to determine what exactly it is that God wants from you. A crash course in charisms and how they can lead you to a more purposeful life.*

**October 17: WHAT'S OUR STORY?** *We are in the midst of the most perfect love story and didn't even know it. Come learn about it.*

**October 24: WHAT'S YOUR STORY?** *Learn how to see the ways God has worked in your life in order to tell your own love story.*

**November 7: WHO IS JESUS?** *Learn about the most dominant character in all of recorded human history.*

**November 14: YOU, TOO, CAN BECOME A SAINT: A LOOK AT THE LIVES OF THE SAINTS** *A look at those Saints who are honored by the Catholic Church despite themselves.*

**November 21: WHY A CHURCH?**

**November 27-28: ADVENT REFLECTION NIGHTS** *Take a time-out with fellow parishioners of all ages in order to journey well through Advent.*

**December 5: REJOICE!** *Spend time focusing on Advent through Meditations with Mary.*

**January 9: AM I SAVED?**

**January 16: SACRAMENTS 101** *Learn the basics of the seven sacraments: what, when, why, how.*

**January 23: SO YOU THOUGHT YOU KNEW ABOUT THE EUCHARIST....** *In honor of the Eucharistic Revival, take a deeper dive into appreciating Christ among us.*

**February 6: ANGELS AND DEMONS** *They do exist and we're going to teach you all about them.*

**February 12-13: LENT REFLECTION NIGHTS** *Take a time out with fellow parishioners of all ages in order to journey well through Lent.*

**February 20: "I'LL PRAY FOR YOU" NOW WHAT?** *Repeat of October 3*

**February 27: NO GREATER LOVE** *Spend time focusing on Jesus's journey to the cross and how you play a role in what He experienced.*

**March 5: WHAT'S YOUR STORY?** *Repeat of October 24*

**April 9: THE BIBLE 101** *Don't have time to cover it in a year? Try this!*

**April 16 CATHOLIC SOCIAL TEACHING IN A NUTSHELL** *These teachings have been around for decades and most of us never knew it.*

**May 7: WHAT DO YOU MEAN I'M HOLY?** *Learn about the universal call to holiness for all of us and how it can change your life.*