

SMALL GROUP DISCUSSION GUIDE

Ready, Set, Move! Week 1



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

What makes it hard to love people sometimes?

In what ways do pain or our mess-ups from the past show up later in life? Why is it easy to give ourselves identities that are tied to our mistakes? What does an alternative look like?

Have you had experiences where certain smells transport you to another memory or experience? Share some examples.

What does it mean to you that Jesus loves us, forgives us, and reinstates new identities for us, regardless of our mess-ups?

How could you love like Jesus loves in your life this week?

BIBLE

Read Luke 22:54-62 & John 21:15-17. What do you notice?

PRAY

Good and faithful God, you invite us into your work here, there, and everywhere. Encourage us to love like you love, and share what you did. In Jesus name, Amen.

