

Reformed *Informer*

FIRST REFORMED CHURCH
FEBRUARY 2023

Welcome to February 2023! The year has blown in and flown by quickly. Although time has moved swiftly, we arrive in February with some of our church families dealing with difficult situations. We, being the community of faith for these families, will continue to be in prayer for you.

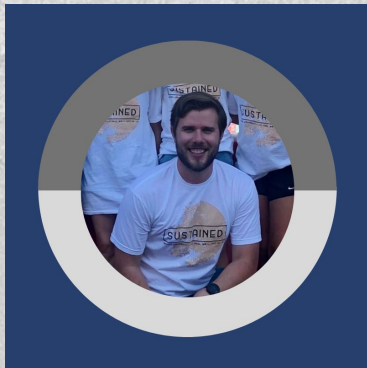
Going through tough times can bring us to our knees in prayer but, in my experience, that doesn't always mean the thoughts and words are coherent enough to even be understood. I recall times of hurt, confusion, and disappointment that I didn't know what to pray. As fellow Christians, we can intercede for those in need just as Romans 8:26 says this, "In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans." Wow, that is truly the Holy Spirit, saying I am with you, let me help you in your time of trouble.

On the flip side of this, I have also had seasons where everything in life was just pretty exciting and most things were going well. Yet, I still had difficulty praying. Sounds crazy, but I would feel like I was not praying correctly, or my prayers weren't needed because hey, most everything was fine. I could be distracted easily and constantly forgetting things I did need to pray for. My prayer life was flat! But we all know that being in constant communication with our Heavenly Father is essential. Luke 11:1 says, "Now Jesus was praying in a certain place, and when he had finished, one of his disciples said to him, 'Lord teach us to pray, as John taught his disciples.'" Even the disciples being in the presence of Jesus, wanted and desired to learn more about how to pray. We miss out of so much if we aren't practicing daily prayer. God is waiting for us to let him in on our day, every day so he can give us guidance, comfort and peace. He values our friendship and wants to be in our lives.

A concern of mine is if we are showing by example, teaching, or even bombarding the next generation enough with prayer.? It is such an intrinsic part of a Christian's walk with the Lord. Did you know that Deuteronomy means second law or repeated law.....Moses spoke these words on the last day of his life. Deut 6:2, "Fear the Lord your God, you and your children and your children's children and as long as you live." Deuteronomy 6:6-7, "And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to our children. Talk about them when you are on the road, when you are going to bed, and when you are getting up." Repeat Repeat Repeat.....

Just as we are to keep the commandments, I feel we need to continue teaching the next generation about prayer. My question for all of us to ponder this February is, How Is Your Prayer Life?

Guest writer: Sandy De Jong



Youth & Ed Director—Jeff Knouse
Office Hours: Tuesday—Friday & Sunday's
 Email: jkcrcsully@gmail.com
 phone: 641-594-2935 ext. 3
 Facebook page:
www.facebook.com/sullyfrcyouth/

Happy February, Everyone!

I don't know about you, but the shortest month of the year often feels the longest! The days are still short and definitely cold, and spring seems both so close but so far away. But we have plenty to celebrate and look forward to in the world of youth this month.

Some of our junior high friends will be attending a winter weekend retreat at Lake View Camp this month, so please be praying for them!

We also have our annual Sully Youth Group Food Drive coming up on February 15th, where the local youth groups come together to collect food to be donated to the Salvation Army in Newton. If you'd like to help us out, you can pick up a grocery bag and donation list in the Gathering Place.

February also brings with it the opening of registrations for our upcoming trips. Both Rocky Mountain High and the Middle School Retreat are open to sign-up, and consider doing so ASAP because spots fill up fast!

Brighter, warmer days are ahead, and so are the fun and exciting activities for our youth. Have a great month, everyone!



IMPACT YOUTH GROUP—6th—8th grade.
 We will meet **EVERY Sunday evening at 5:00 pm** in the Well (downstairs in the basement)

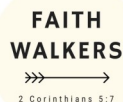
Who: ALL 6th—8th graders
Impact Youth will be meeting EVERY SUNDAY at 5 pm in the WELL throughout the year!

Upcoming events:

February 5, 19 & 26

No youth groups on February 12

Leaders: Jeff & Alison Knouse, Logan & Taylor Vos, Payton Scandridge & Megan Van Zante



FAITHWALKERS—9th-12th grade
 We will meet **EVERY Sunday evening at 6:30 pm** in the Well (downstairs in the basement)

FAITHWALKERS
All 9th - 12th Grade invited
Upcoming Events:

February 5, 19 & 26

No youth groups on February 12

Leaders: Jeff & Alison Knouse, Shawn & ChyAnne Huyser and Bob & Diana Scandridge

Prayer Breakfast

Free Jesus, and donuts.

Every Friday morning at 7:30 am all 6th—12th grade are invited to come for donuts, chocolate milk, orange juice and prayer.

Invite your friends! It's a great way to end the school week!

UPCOMING EVENTS

2023 SULLY CHURCH YOUTH GROUP FOOD

DRIVE: Every year the youth groups of the 3 churches in Sully (Community, CRC, & FRC) put on a food drive to support the work of the Salvation Army in Newton. We would love it if you would partner with us by donating some canned goods and non-perishable food items to go towards this drive! Please take a paper grocery sack & list home—located in the Gathering Place, the wing & north entry, fill it with items, and then bring it back to your church by **Wednesday February 15, 2023.**

Yes, and...

WHEN YOU EMBRACE THE MYSTERY, FAITH ISN'T SO FRAGILE.

ROCKY MOUNTAIN HIGH
ESTES PARK, COLORADO
july 22-26 2023

MIDDLE SCHOOL

WINTER RETREAT

feb 18 + 19, 2023

Hidden Acres Christian Center

April 14-16

UNVEILED

MSR 2023

STARS Afterschool Program
Eloise Vos,
STARS Coordinator
cell phone: 641-521-5861
email: mevos@netins.net

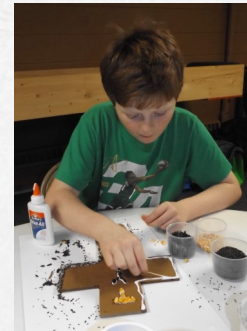
Children's CHURCH



Our Puppet Ministry
 directed by Faye Brand.
 These kids did a great
 job during Children in
 Worship! From left:
 Abigail Brand, Bristol
 Hardeman, Bryson Har-
 deman & Katelyn Nikkel



STARS Wednesday After School Program for Kinder-
 garten-5th Grade has continued our journey through
 the Bible. By Christmas, we made it through the Old
 Testament up to the time of Jesus' birth. Now we are
 learning about the incredible things Jesus taught and
 did during his ministry here on earth. We spend a
 little time singing each night, and a fun song the kids
 have been learning is "Go!", a song to help them
 memorize The Great Commission verses, Matthew
 28:19-20.



For our Learning Activities during November, we built simple robots from Mars Rover
 Robotix Kits, loaned by Iowa State University Extension; learned about Veteran's Day and what it
 meant to be drafted, and made thank you gifts for veterans; and learned about life as a mission-
 ary from Teisa Nicole, whose husband Jean was the Marketplace Chaplain at Janco Industries
 here in Sully (Their family has since returned to the mission field in the Philippines.).

For the month of January, we have made snowmen out of jelly/fruit jars and filled the
 inside with homemade cocoa mix, with the help and some of the materials donated by Eleanor
 Jansen; Ruth Renaud came for two weeks and we had the challenge of learning macramé, with
 each child making a water bottle holder; and this week we made seed
 pictures, which involved gluing corn, soybeans, sunflower seeds, etc.
 to a board cut into the shape of a cross.

Sometimes the sounds coming from the STARS rooms are
 pretty priceless, like this past week when you might have heard the
 Crew Leaders who gently said, "It looks like you have plenty of glue
 there now", the Bible Study Leader who gasped when she thought a
 Crew Leader had injuries to their hands, only to discover upon closer
 examination that it was a bunch of glue and seeds still stuck to their
 fingers, or the "zing" and "ca-ching" sounds as our Church Janitor Rod Zuidema once again good
 naturedly vacuumed up errant seeds from our latest activity. Thank you to all who help with our
 STARS Program!



Our story begins with Ken Hackert approaching
 us (Deb Van Kooten & Deb Van Wyk) to inquire if we
 would like to begin working as custodians at Sully
 FRC. To which our reply was "we don't even
 know each other, but sure we will give it a try." We re-
 member Ken telling us the job wouldn't be too tough.
 He stated we usually only have a couple weddings
 and a couple funerals a year. That was a complete
 lie...as the first 2 years of working here we had 12 weddings and
 23 funerals. We still give Ken a hard time about this!

In 2010 we transitioned in to working 1/2 days of cleaning
 and 1/2 days of working in the office with Glenda Renaud. And then
 when Glenda retired in 2013 and Rod Zuidema began working as
 the custodian in 2013 we began working as full time secretaries and
 Sharla Van Wyk began as bookkeeper in 2014. Over the years we
 have worked with many great
 people and have learned so
 much.

We are able to say
 working at FRC is a blessing
 and coming to work each day
 is still fun! No day is the

same. We attribute this to having a great consistory and pastors and
 congregation that make it easy to work here.

We are grateful for the team we have in place here at FRC
 past and present. God is good!

20
 YEARS
240
 MONTHS
1,040
 WEEKS
7,300
 DAYS
175,200
 HOURS
10,512,000
 MINUTES



mark your Calendar

LENTEN PANCAKE NIGHT

WEDNESDAY, FEBRUARY 22
5 - 7 PM IN THE GATHERING PLACE
FIRST REFORMED CHURCH, SULLY

IHOP Pancakes with all the toppings: strawberries, blueberries, maple syrup, sorghum, whipping cream

Sausage links

Milk, juice and coffee

Freewill offering



You are God's Masterpiece

A one of a kind, original work of
outstanding artistry.

Margalaine Walker

818 Forward With Faith Dessert Dash

Feb 10, 2023

Speaker: Julie Horneck

Labeled and Loved, Plano, Texas

818 Forward With Faith Annual Dessert Dash on February 10, 2023 at Pella Christian High School at 6:00 pm with punch and appetizers served. Dinner will begin at 6:30 followed by our speaker, Julie Horneck and the dessert dash. Her non-profit, Labeled and Loved, is located in Plano, Texas. Please RSVP to this event at <https://www.forwardwithfaith.org/upcoming-events> or email us at promotion@forwardwithfaith.org with names and how many will attend. We look forward to seeing you there!

HEARTLAND MUSEUM TOUR
FEBRUARY 18, 2023
7:00AM-5:30PM

YOU'RE INVITED TO JOIN US AS WE TRAVEL TO CLARION, IOWA, TO TOUR THE HEARTLAND MUSEUM AND LAWRENCE MAASDAM'S PERSONAL COLLECTION. SPONSORED BY FRC WOMEN WITH PURPOSE. INVITATION OPEN TO MEN AND WOMEN.



WE WILL MEET AT CHURCH AT 7:00AM, DRIVE TO CLARION TO VISIT THE HEARTLAND MUSEUM, LUNCH AT PIZZA RANCH, THEN VISIT LAWRENCE'S COLLECTION AT HIS HOME. WE PLAN TO BE BACK IN SULLY BY 5:30PM. COST IS \$26.00 PER PERSON WHICH INCLUDES LUNCH AND MUSEUM FEE.

SIGN-UP SHEET LOCATED AT CHURCH OFFICE OR CONTACT
CAROL VERPLOEG AT CVP_LS@YAHOO.COM
PLEASE SIGN UP BY 2-8-23.



Tim & Marsha Vanden Hoek

Birthdays: Tim – 4/19/68
Marsha – 1/8/68

Anniversary: October 24, 1987

Tim and Marsha Vanden Hoek started out their lives together by meeting while “scooping the loop” in Pella, Iowa. “Scooping the loop” meant riding around the Pella square in the early 1980’s. Some vehicles would be parked around the square while others were slowly cruising around. You met guys and gals from the Pella area as well as surrounding towns. It was a fun and exciting time!

Tim was raised north of Sully on a farm owned by his parents (the late) Vernon and Tena Vanden Hoek, graduating from Lynnville-Sully high school. Marsha grew up on an acreage southeast of Pella with her parents (the late) Henry Lee and (the late) Norma Nunnikhoven, graduating from Pella Community High School. They were married at Trinity Reformed Church in Pella in October of 1987.

Their family has grown to include two children and their spouses; Kelsi (Jake Bowman) and Brett (Sophie) Vanden Hoek. They also have two wonderful grandchildren Berkley and Braxton Bowman. Tim loves to train and ride his young horse. Marsha enjoys working in her flower beds and yard. As a couple they often go camping with their horses and mules where they can ride on trails, and time spent with their kids and grand kids is never wasted! They own and operate TM Trails which is leased to Sully Transport and have a cattle operation with Brett and Sophie. Marsha also cleans houses for other people in the area.

Seeing all of the young kids show up for the children’s message every Sunday is just amazing, Tim and Marsha say about the church service. The community impact of the STARS program is another aspect they really appreciate about First Reformed as well as the outreach of the care teams. They exclaimed “Our church family actually feels like a family to us!”

Thank you to Tim and Marsha Vanden Hoek for letting us Get to Know You Better!!



Agape Pregnancy Resource Center in Des Moines thanks First Reformed Church, Sully, IA for throwing a drive for our clients over the holiday season! We love how our Agape community has a heart of love and generosity. What a blessing!



February 1

Nicole Dunsbergen ~ Dylan Roozeboom
Pavlos Vasileiadis ~ Sophie Vanden Hoek

February 2

Donavon De Penning

February 3

Judy Zegers

February 4

Linkoln Torres

February 5

Scott Rolffs ~ Kacey Kesling
Nick Beyer ~ Brody Schnell

February 6

Jim Van Zante

February 7

Charles Brand (88)

Lorna Christensen ~ Kendra Van Wyk

February 8

Ervin Arkema
Marlis Van Zante ~ Megan Van Zante

February 9

Mary Ann Van Maaren
Gilbert Van Wyk (90)

February 10

Katelyn Beyer ~ Rowyn Vos

February 12

Kaiser Kesling ~ Reagan Roozeboom

February 14

Iva Baarda (90)

Caroline Rozendaal
Jean Van Der Kamp ~ Joel Van Wyk

February 17

Arie Scholten

February 24

Dustin Dunsbergen

February 25

Gabe Rozendaal ~ Steve Vos
Brooklyn Chapman

February 27

Jordan Vos

February 28

Patty Sneller



February 1

Darrell & Susan Maasdam—26 years

February 2

Ken & Verna Hackert—62 years

February 5

Cody & Kelly Kesling—19 years

February 10

John & Jennifer Kramer—27 years
Ervin & Carolyn Van Waardhuizen—62 years

February 13

Marvin & Iva Baarda—70 years

February 15

Gilbert & Marlene Van Wyk—66 years

February 18

Verlan & Helen Brand—57 years

February 23

Alvin & Shirley Rozendaal—61 years

February 26

Melvin & Shirley Dunsbergen—58 years

February 27

Beryl & Velda Dunsbergen—53 years



Wednesday, February 15, 6:30 pm Elders Mtg.;
7:30 pm Consistory Mtg.; **6:30 pm** Deacons Mtg.

Wednesday, February 22, 5—7 pm—Lenten Pancake Night

Tuesday, March 7 & 2, 1—4 pm —Sewing Days in the Gathering Place



In case of inclement winter weather the decision to cancel services will be made by **7:30 a.m. for the morning service and 3 p.m.** for the evening service. Church meetings will be cancelled if the Lynnville-Sully School cancels classes or is dismissed early for bad weather. Cancellations will be announced on KGRN, KCCI, WHO TV and www.sullyfrc.org, through our FRC email list and now TEXT ALERTS!



Sign up for text alerts.

SIGN UP for TEXT ALERTS on our website at sullyfrc.org on the home page under the service times (join FRC Text)! You will then be notified by a text when services are cancelled! You can also sign up for volunteer opportunities as well!



February Scripture Writing Plan

Each of the scriptures below takes ten minutes or less to copy out. Commit to spending ten minutes each day listening to God's voice as you simply copy these texts out of your Bible.

Day 1- Mark 12:28-31
Day 2- Luke 6:27-36
Day 3- Romans 12: 9-16
Day 4- Romans 13: 8-10
Day 5- 1 Corinthians 13: 1-7
Day 6- 1 Corinthians 13: 8-13
Day 7- Ephesians 4:1-6

Day 15- Deuteronomy 11: 13-15
Day 16- Deuteronomy 11: 18-23
Day 17- Matthew 22: 37-40
Day 18- Matthew 5: 43-45
Day 19- John 13: 34-35
Day 20- John 14: 15-21
Day 21- Romans 5: 1-8

Day 8- 1 Peter 4: 7-11
Day 9- 1 John 4: 7-12
Day 10- 1 John 4: 13-16
Day 11- 1 John 4: 17-21
Day 12- John 15: 9-13
Day 13- John 3: 16-21
Day 14- Deuteronomy 10: 12-19

Day 22- Romans 8: 28-30
Day 23- Micah 6: 8
Day 24- 1 John 2: 15-17
Day 25- 1 John 3: 1-3
Day 26- Hebrews 10: 24-25
Day 27- Deuteronomy 6: 4-9
Day 28- Luke 10: 25-28
Day 29- Choose your own



Open my eyes that I may see wonderful things in your law.
Psalm 119:18

©www.swtblessings.com



2023 Prayer Calendar

We encourage you to pray for the family listed on each day!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
First Reformed Church 807 3rd St. PO Box 208 Sully, Iowa 50251 641-594-2935 frcsully@netins.net www.sullyfrc.org			1 Bryce, Katelyn, Brinley & Kinsley Doane	2 Gerald & Elaine Droppert	3 Andy, Jamie, Christian, Ellington, Siara & Gloria Dunsbergen	4 Beryl & Velda Dunsbergen
5 Blake, Cathryn, Penelope & Baylor Dunsbergen	6 Brandon, Nicole & Kennadi Dunsbergen	7 Bruce, Lynn & Ellie Dunsbergen	8 Caden & Brenna Dunsbergen	9 Dennis & Lisa Dunsbergen	10 Dustin, Dana & Reese Dunsbergen	11 Kenton, Kayla, Brody & Bowen Dunsbergen
12 Mason Dunsbergen	13 Melvin & Shirley Dunsbergen	14 Ron & Julie Dunsbergen	15 Shannon, Edna, Zayleana & Langston Dunsbergen	16 Tim, Nicole & Carson Dunsbergen	17 Dan, Stephanie, Emily, Will, Zach & Jacob Dykema	18 Gelene Evans
19 Glenn & Rhonna Fiihr	20 Chad, Lynnette, Evan, Kendra & Laura Fikse	21 Cale Foster	22 Dave & Lisa Foster	23 Joan Gose	24 Eileen Gruver	25 Jamie, Robin, Acea, Callista Hackert & Max Morvant
26 Ken & Verna Hackert	27 Brevin & Makayla Hansen	28 Chris, Jodi & Brittney Hansen	March 1 Tim, Desiree, Brayden, Brooke, Bryson & Bristol Hardeman	March 2 Tyler, Kaila, Abel, Cale & Colt Harsseelaar	March 3 Carroll & Norma Harthoorn	March 4 Joel, Liz, Joah, Major, Tre, Grace, Faith & Hope Harthoorn



FEBRUARY

2023 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 3:30 pm STARS 5:30 STARS Family Night Meal 6:15 pm 6th—8th 6:45 pm 9th—12th	2	3 7:30 am Prayer Breakfast	4
5 9:30 am Pastor Tom VandeBerg 10:34 am Sunday School 12 pm Rental in the Gathering Place 12 pm Rental in Well 5 pm Impact 6:30 pm Faithwalkers	6	7 1-4 pm Sewing Days	8 3:30 pm STARS 5:30 Family Night Meal 6:15 pm 6th—8th 6:45 pm 9th—12th	9	10 NO PRAYER BREAKFAST	11
12 9:30 am Pastor Tom VandeBerg 10:45 am Sunday School for all ages 5 pm Impact 6:30 pm Faithwalkers	13 9:00 am Sisters in Christ	14	15 3:30 pm STARS 5:30 Family Night Meal 6:15 pm 6th—8th 6:45 pm Youth Food Drive 6:30 pm Elders Mtg. 6:45 pm Deacon Mtg. 7:30 pm Consistory Mtg.	16	17 7:30 am Prayer Breakfast	18 Work trip leaves Middle School Retreat at Lake View Camp Feb 18—19
19 9:30 am Pastor Tom VandeBerg 1045 am Sunday School 5 pm Impact 6:30 pm Faithwalkers	20	21 1-4 pm Sewing Days	22 3:30 pm STARS 5—7 pm Lenten Pancake Night 6:15 pm 6th—8th 6:45 pm 9th—12th	23	24 7:30 am Prayer Breakfast	25
WORK TRIP TO MADISONVILLE, KENTUCKY February 18—25						
26 9:30 am Jeff Knouse 1045 am Sunday School 5 pm Impact 6:30 pm Faithwalkers	27	28	March 1 3:30 pm STARS 5:30 Family Night Meal 6:15 pm 6th—8th 6:45 pm 9th—12th	March 2	March 3 7:30 am Prayer Breakfast	March 4