



Your Best Life Is a Blessed Life
(Celebrate It!)
Minister Sheila Bishop

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Text(s):

Theme Verse Ladies Only Ministry: Psalms 139:14

Sermon Text: Ephesians 1:3

“Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.”

Two Big Questions:

- Are you living beneath the blessings of all that has been provided to you?
- Are you making the most of all that you have been given?

One Big Point: God has provided everything we need to live our **BEST Life!**

Definition of a Blessed Life: “*Blessed* speaks of our inner state of well-being, the prosperity of our souls in Christ. Blessedness comes from unhindered fellowship with God the Father through our Lord Jesus.”
(Got Questions.com)

Introduction

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I. Common Hindrances to Living a Blessed Life

- We are hindered by our definitions
- We are hindered by our lack of understanding
- We are hindered by our culture
- We are hindered by our choices
- We are hindered by our relationships
- We are hindered by our habits
- We are hindered by our desires
- We are hindered by our behaviors



II. A Glimpse of Eve's Blessed Life and Lessons We Can Take from Her (Genesis 2:8 -17, 3:1-16)

- We learn that we should **focus on what we have** (Gen. 2:8-17)
- We learn that we should **focus on the Word of God** (Gen. 3:1)
- We learn that we should **be honest about things that tempt us** (3:6)
- We learn that we should **manage our desire to influence** (3:6)
- We learn that **boundaries are for our benefit** (3:11)
- We learn that we should **be honest about the gift of choice** (Gen. 3:13)
- We learn that there are **consequences of our choices** (Gen. 3:16)

III. Things I Learned In Order to Enjoy My Best Life

- It's okay to be okay with me
- There is great freedom and liberation in forgiving others
- Life does not consist in the abundance of things possessed
- God will resurrect you from circumstances
- Keep God in focus and never stop believing
- Though I stumble, I will not fall
- I am who God says I am

Closing Prayer: