



Believing In the Basics - Vol. 2 (What You Believe About You)

“Whether you think you can or think you can’t, you’re right.” – Henry Ford

Date: October 5, 2025

Series Summary: Believing in The Basics – **Parts 1-4**

1. The Power of What You Believe About You (What are your basic views about you?)

2. The Power of What You Believe About the “SET” (Scripture, Eternity, and Time)
3. The Power of Who You Believe Should Be in Your Life (Who has or is influencing you?)
4. The Power of What You Believe You Should Plan (Where are you really going?)

Statement:

- Your basic beliefs about yourself have a long-lasting impact on your life. Scripture says, “Whatsoever you say about you will happen to you.” Your outcomes are directly tied to your belief. **(Mark 11:23)**

Key Questions

1. Who taught you to believe what you believe?
2. What impacts have your self-beliefs had on you?
3. What do you want to believe that you are afraid to believe?

Four Statements About What You Believe About You

1. What you believe about yourself will be obvious when you speak

- “Truly I tell you, if anyone says to this mountain, ‘Go, throw yourself into the sea, ’and does not doubt in their heart but believes that **what they say will happen**, it will be done for them.” (Mark 11:23, NIV)

2. What you believe is often shaped by others

- “**Do not conform to the pattern of this world**, but be transformed by the renewing of your mind.” (Romans 12:2, NIV)
- “Bad company corrupts good character.” (1 Corinthians 15:33, NIV)



- Much of what you believe about yourself was handed down by parents, teachers, peers, or culture. **But God calls you to renew your mind and see yourself through His lens.**

3. What you believe can trap you or free you

- “For as he thinks in his heart, so is he.” (Proverbs 23:7, KJV)
- The context of this verse is filled with a warning about being so impressed with someone that you ignore what is in their heart (Proverbs 23:1-7)

4. What you believe about yourself should be anchored in God’s word

- “I praise you because **I am fearfully and wonderfully made.**” (Psalm 139:14, NIV)
- “**But you are a chosen people, a royal priesthood, a holy nation,** God’s special possession...” (1 Peter 2:9, NIV)
- “No, in all these things **we are more than conquerors** through him who loved us.” (Romans 8:37, NIV)
- Confidence is not arrogance. It is seeing yourself as God sees you—chosen, capable, and loved.

Questions:

- Who’s been speaking into your life, and what did you accept as truth about yourself?
- Are you living under a false label someone else gave you?
- What does God actually say about who you are?

Closing Thought:

Your self-belief is a compass. If it points to fear, you will live beneath your potential. If it points to faith, you will accomplish more than you ever believed possible. Believe what God says about you—and watch your life align with His promises.