



Trapped Financially Unnecessary Obligations

Date: March 5, 2023 (In person)

Main Text:

- **Proverbs 6:1-3**

Series Map for March

- 1. Trapped by Unnecessary Obligations (How necessary are your obligations?)**
- 2. Trapped by a Naïve Assumption** (What have you been financially naive about?)
- 3. Trapped by Uncontrolled Debt** (How easily broken are you financially?)
- 4. Trapped by Financial Isolation** (Who can you call to help you?)

Main Text: Proverbs 6:1-3 (NKJV)

My son, if you become surety for your friend, **If you have shaken hands in pledge for a stranger,**

2 You are snared by the **words of your mouth**; You are taken by the words of your mouth.

3 So do this, my son, and **deliver yourself**; For you have come into the hand of your friend:

Go and humble yourself;

Introduction: Four Ways to Avoid Unnecessary Obligations

- 1. Don't Sign** (surety or debt, v1)
- 2. Don't Promise** (shake hands, v1)
- 3. Don't Verbally Commit** (v2)
- 4. Don't Forget Yourself** (v3)

I. Be Careful Who You Shake Hands With (v1)

- A.** What have you agreed to?
- B.** Who have you made a covenant with?
- C.** How is that going so far?

Personal Note: Covenants That Have Trapped Me in The Past

- A.** Relationship Covenants
- B.** Debt Covenants (Up and Downside of leveraging)
- C.** Time Covenants

II. Be Careful What You Say (v2)

- A.** What have you said that you now regret?
- B.** What have you verbally agreed to that was a waste of time?

Statement: Sometimes it is hard to not commit yourself to people and causes you love

III. Be Careful Not to Forget to Save Yourself (v3)

- A.** How much time do you invest in yourself?
- B.** How much time do you invest in saving others?

Statement: One of the main reasons we forget ourselves is something called the “Human Giver Syndrome”

- “Emily and Amelia Nagoski write about the influence of the Human Giver Syndrome¹. This syndrome assumes, “Human givers must, at all times, be pretty, happy, calm, generous, and attentive to the needs of others,”
- “they must never be ugly, angry, upset, ambitious, or attentive to their own needs. Givers are **not** supposed to need anything. If they dare to ask for or, God forbid, demand anything, that’s a violation of their role as a giver and they may be punished. And if a giver doesn’t obediently and sweetly hand over whatever a being wants, for that, too, the giver may be punished, shamed, or even destroyed.”

Next Time: Trapped by Religious Naivety

Read Ahead: II Kings 4:1-7

¹ Burnout” The Secret to Unlocking the Stress Cycle, Random House, 2019, New York, p. XIII