

# Trapped Financially Unnecessary Obligations

Date: March 5, 2023 (In person)

#### **Main Text:**

• Proverbs 6:1-3

#### **Series Map for March**

- 1. Trapped by Unnecessary Obligations (How necessary are your obligations?)
- **2.** Trapped by a **Naïve Assumption** (What have you been financially naive about?)
- **3.** Trapped by Uncontrolled **Debt** (How easily broken are you financially?)
- **4.** Trapped by Financial **Isolation** (Who can you call to help you?)

#### **Main Text: Proverbs 6:1-3 (NKJV)**

My son, if you become surety for your friend, If you have shaken hands in pledge for a stranger,

- 2 You are snared by the words of your mouth; You are taken by the words of your mouth.
- 3 So do this, my son, and **deliver yourself**; For you have come into the hand of your friend: Go and humble yourself;

## **Introduction: Four Ways to Avoid Unnecessary Obligations**

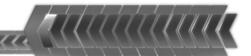
- 1. Don't Sign (surety or debt, v1)
- 2. Don't Promise (shake hands, v1)
- **3.** Don't Verbally Commit (v2)
- **4.** Don't Forget Yourself (v3)

#### I. Be Careful Who You Shake Hands With (v1)

- **A.** What have you agreed to?
- **B.** Who have you made a covenant with?
- **C.** How is that going so far?

## **Personal Note:** Covenants That Have Trapped Me in The Past

- **A.** Relationship Covenants
- **B.** Debt Covenants (Up and Downside of leveraging)
- C. Time Covenants





## II. Be Careful What You Say (v2)

- **A.** What have you said that you now regret?
- **B.** What have you verbally agreed to that was a waste of time?

Statement: Sometimes it is hard to not commit yourself to people and causes you love

## III. Be Careful Not to Forget to Save Yourself (v3)

- **A.** How much time do you invest in yourself?
- **B.** How much time do you invest in saving others?

**Statement:** One of the main reasons we forget ourselves is something called the "Human Giver Syndrome"

- "Emily and Amelia Nagoski write about the influence of the Human Giver Syndrome<sup>1</sup>. This syndrome assumes, "Human givers must, at all times, be pretty, happy, calm, generous, and attentive to the needs of others,"
- "they must never be ugly, angry, upset, ambitious, or attentive to their own needs. Givers are not supposed to need anything. If they dare to ask for or, God forbid, demand anything, that's a violation of their role as a giver and they may be punished. And if a giver doesn't obediently and sweetly hand over whatever a being wants, for that, too, the giver may be punished, shamed, or even destroyed."

**Next Time: Trapped by Religious Naivety** 

**Read Ahead:** II Kings 4:1-7

<sup>&</sup>lt;sup>1</sup> Burnout" The Secret to Unlocking the Stress Cycle, Random House, 2019, New York, p. XIII