



LET US PRAY

LESSON 2 // LET US PRAY—WHO TO PRAY TO?

Big Idea: Prayer is a vital part of your relationship with God, and you'll never pray consistently or effectively unless you understand who you are praying to. We are to pray to God, the Heavenly Father, through a relationship with Jesus Christ, His Son, with the help and guidance of the Holy Spirit.

Matthew 6:9 (NIV) *Our Father in heaven, hallowed be your name.*

John 17:1 (NIV) *After Jesus said this, he looked toward heaven and prayed: "Father, the hour has come. Glorify your Son, that your Son may glorify you."*

Hebrews 10:19-22a (NIV) *Therefore, brothers and sisters, since we have confidence to enter the Most Holy Place by the blood of Jesus, 20 by a new and living way opened for us through the curtain, that is, his body, 21 and since we have a great priest over the house of God, 22 let us draw near to God with a sincere heart and with the full assurance that faith brings ...*

John 16:24 (NIV) *Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete.*

Philippians 2:9-11 (NIV) *Therefore God exalted him to the highest place and gave him the name that is above every name, 10 that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.*

Romans 8:26-27 (NIV) *In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.*

Galatians 4:6 (NIV) *Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father."*

Start Talking:

Talk about Galatians 4:6 and how Father, Son and Holy Spirit are all part of our relationship with God and our conversations (prayer) with Him.

Start Thinking:

Read Matthew 6:9 and John 17:1. Why is it so important to recognize and pray to God as our heavenly Father?

Read Hebrews 10:19-23. How can the "blood of Jesus" and His role as our great High Priest give us confidence and assurance in prayer?

Read John 16:24 and Philippians 2:9-11. What does it mean to pray "in Jesus' name"? What difference should this make in our approach to prayer?

Read Romans 8:26-27 and Galatians 4:6. How does the Holy Spirit help us in prayer?

Start Praying and Doing:

Pray for a stronger, deeper relationship with God as your heavenly Father. Let this draw you closer to Him in prayer in Jesus' name and by the power of the Holy Spirit (see Galatians 4:6). Look for ways to encourage others to trust God as their Father through faith in Christ.