

Lifequakes

STAYING SANE IN STRESSFUL TIMES

LESSON 10 // RESPONDING TO CRISIS— PART 2

Big Idea: Lifequakes include times of crisis. It's important for us to have something to hold onto in these times—to remember some important truths that anchor us in the storms of life. Remember that God sees, cares, protects and provides, and He has many ways to meet your needs that will often surprise you. You can trust Him to see you through to the end of your crisis.

1 Corinthians 1:27-28 (NLT) *Instead, God chose things the world considers foolish in order to shame those who think they are wise. And he chose things that are powerless to shame those who are powerful. 28 God chose things despised by the world, things counted as nothing at all, and used them to bring to nothing what the world considers important.*

2 Corinthians 9:6-8 (NIV) *Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. 7 Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. 8 And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.*

Isaiah 43:1-2 (NIV) *But now, this is what the LORD says— he who created you, Jacob, he who formed you, Israel: “Do not fear, for I have redeemed you; I have summoned you by name; you are mine. 2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.”*

1 Kings 17:15-16 (NLT) *So she did as Elijah said, and she and Elijah and her family continued to eat for many days. 16 There was always enough flour and olive oil left in the containers, just as the LORD had promised through Elijah.*

Start Talking:

What's one surprising way that God has provided for you or met a crisis need in your life?

Start Thinking:

Read 1 Corinthians 1:27-28. What contrast do you see in these verses between God's ways and the ways of the world? How should this impact your expectations when you go through a crisis?

Read Proverbs 11:24-25 and 2 Corinthians 9:6-8. What are the benefits of faithful giving out of trust in the Lord?

Read Isaiah 43:1-2. How do these verses reassure you about God's protection and provision when you go through a crisis?

Read 1 Kings 17:15-16 and Psalm 23:4-6. Why is obedience to God's Word a key to overcoming fear and experiencing breakthroughs in the midst of crisis?

Start Praying and Doing:

Pray for God to help you grow in faithful giving—not just in your finances but in all aspects of your life. Look for opportunities to give in ways that bless others and express your trust in the Lord as He brings you through even the most difficult seasons in your life.